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© 2024, All rights reserved.
Good Trouble, LLLP, published by Ctrl+P Publishing Inc.
The Paper. is printed by the Santa Fe New Mexican in Santa Fe, NM
Our mailing address is:
317 Commercial St NE \#201 ABQ,
87102


#### Abstract

City This story was originally published at City Desk ABQ, a local nonprofit daily newsroom covering local government, politics and more. If you like this story, please support local, independent journalists like these by reading more and donating today at citydesk.org


## By Damon Scott, City Desk ABQ

The city unveiled plans Monday to develop a transitional recovery housing campus with 50 pallet homes, but with just a handful of specifics. Since then, we've heard from City Desk ABQ readers wanting to know more so we tracked down some answers.

The project - the first of its kind in Albuquerque - was allocated $\$ 5$ million by the Albuquerque City Council at its April 15 meeting in a close vote. The money will come out of the city's opioid settlement funds. Bernalillo County is pitching in another \$800,000.

The $\$ 5.8$ million development, to be located at a former state Motor Vehicle Division (MVD) site in Northeast Albuquerque, is in the initial stages of planning and development. The Health, Housing \& Homelessness (HHH) Department is overseeing the effort and says the need is urgent - Albuquerque and other cities across the country are grappling with ways to assist those experiencing substance abuse issues and homelessness simultaneously. Many in need of such services arrive at already strained overnight shelters that aren't equipped to offer addiction treatment and other wrap-around services.
"We know that the need for treatment and recovery programs is very high, and recovery housing is considered a best practice to help people struggling with substance use to both maintain stable housing and their sobriety," HHH spokesperson Katie Simon said.

While the city does not yet have details about how existing structures at the former

MVD site will be used, pallet home campuses often include bathrooms, laundry rooms, community rooms and offices.

City Desk ABQ asked Simon to provide more details about the project. Answers have been edited for length and clarity.

City Desk ABQ: Where will the city acquire the pallet homes?
Simon: Pallet Shelter is a company that manufactures and sells prefab shelter structures in a few configurations. We have been working with them on a concept, but do not have a purchase agreement or other commitments to them as a vendor.

How far will the $\mathbf{\$} 5.8$ million allocation go?
At a high level, we anticipate (spending) between $\$ 1.4$ to $\$ 2.15$ million in capital expenses and between $\$ 1.3$ to $\$ 1.7$ million in operations for two years.

## How will the campus be operated?

Now that the allocation has been approved, the city will move forward with developing an RFP (request for proposals) and creating a site plan. Until we have an RFP developed and a provider on board, we won't have details about the exact operations and intake criteria, though the use of opioid settlement funds does mean that this recovery housing will serve folks in recovery from opioid use.

Will you hold community meetings about the project?
We will do a community engagement process, and look forward to sharing more as we move forward.

Anything else you'd like to share?
We are also looking forward to the results of a feasibility study that will likely be published next month assessing the current landscape of recovery housing programs in Albuquerque and the level of care they deliver

## Weak in Review: April 24

## Quick hits on this week's news bits

The National Weather Service predicts New Mexico will see hotter and drier than normal conditions this summer.
Seems like a perfect time for the feds to do their fail-proof controlled burns.

Gov. Michelle Lujan Grisham says she plans to call a special legislative session in July to address public safety.
Let's hope the air conditioning is working at the Roundhouse.

Lujan Grisham also reportedly met with the U.S. Homeland Security secretary, who told the governor the feds won't stop taking legal businesses' weed at internal checkpoints.
We're just spitballing here, but what about using giant catapults to get weed out of Las Cruces?

The Albuquerque Police Department is teaming up with the city's transit department to create the Transit Safety Force.
Let's hope their uniforms aren't as goofy looking as the Space Force.

The wildly popular Savannah Bananas baseball team played two games in Albuquerque over the weekend.
It says something that an exhibition team with its own rules can fill a stadium easier than our own Isotopes.


Congress is making moves to ban TikTok.
What better way to connect with youngsters than taking away their favorite pastime?

A number of Albuquerque schools placed high in esports rankings.
This makes us want to bust out our Nintendo Dower Glove.

Dion's restaurant is trying out new sanitizing robots.
The machines may be taking over, but they probably clean better than teenagers.

Some Rio Rancho residents are concerned that a new Raising Cane's location going in next to a Chick-fil-A might create a traffic nightmare.
The real nightmare is how long people are willing to wait in line for chicken tenders.

April 24 is National New Kids on the Block Day.
Everyone celebrates differently, but we'll be hanging tough.



## Gathering of Nations Pow Wow

TThe 2024 Gathering of Nations Pow Wow happens this Thursday, April 25 through Saturday, April 27. Over 550 different tribes from the U.S. and over 200 from Canada's First Nations are represented. Festivities start on Thursday with the crowning of Miss Indian World at the Kiva Auditorium at 7pm. Dancing, concerts, traditional horse riding, a Native market and more take place at EXPO New Mexico (300 San Pedro Dr. NE) Friday and Saturday from 10am to midnight. Tickets are $\$ 25$ general admission or $\$ 45$ for a two-day pass. For advance tickets and a complete schedule of events, go to gatheringofnations.com. Keep an eye out for ancillary events like American Indian Week (Indian Pueblo Cultural Center), the Second Annual Two Worlds Native Theater Festival (National Hispanic Cultural Center), the 12th Annual Native Guitar Tour (Sawmill Market) and the Merciless Savages concert (El Rey Theater).

THURSDAY, APRIL 25

## Class / Workshop

DJ \& Sewing programs from Warehouse 505 12-3pm on Saturdays Warehouse 505202 Central Ave SE

FREE After School Art Programs with Warehouse 505 5-8pm Warehouse 505202 Central Ave SE

## Comedy

The Comedy of Ricardo Cate and His Comedy Crew 1-2 pm Indian Pueblo Cultural Center 2401 12th St NW

## Dance

Friday Night Square Dancing 7-9 PM Fridays Albuquerque Square Dance Center 4915 Hawkins St NE

## Exhibit

Pueblo Baseball: Stitching Our Community Together 9 am- 5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Reflective Presence: The Art of Jesse Littlebird \& Jonathan Loretto 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Witnessing Justice at Nuremberg: Nazi War Crimes Trials Through the Eyes of New Mexicans Dorothy Adams Greene and Lawrence Rhee 11:00 a.m. to 3 p.m. New Mexico Holocaust \& Intolerance Museum 616 Central Avenue SW

## Festival

2nd Annual Two Worlds Native Theater Festival \$0-\$18 All Day National Hispanic Cultural Center 1701 4th Street Southwest

American Indian Week 20249 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

## Film

Film: The Human Zoo (Calafate, zoologicos humanos) 5-10 pm National Hispanic Cultural Center 1701 4th Street Southwest

Experiments in Cinema v19.8 \$8\$10 12-10 pm Guild Cinema 3405 Central Ave NE

## Games

Brain Gang Trivia 6-8 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Geeks Who Drink 7-9 pm Sunday Service Motor Company 2701 4th Street NW

Geeks Who Drink 7-9 pm Outpost 1706301 Romero St NW

## Music

12th Annual Gathering of MCs \$15 8 pm-1 am Launchpad 618 Central Avenue Southwest

12th Annual Native Guitar Tour: Under the Native Stars 5-9 pm Sawmill Market 1909 Bellamah Ave NW

Afro Beats X Reggaeton \$5 9 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Bobby Shew \& Greg Ruggiero \$15-\$40 7:30-9:30 pm Outpost Performance Space 210 Yale Blvd., SE

Combichrist \$20 7:30 pm-12 am Insideout 622 Central Ave SW

DHP Presents: Karaoke at Gold Street 6-9 pm Gold Street Pizza \& Brew 3211 Coors Blvd SW Suite H1, Albquerque

DJ Soltrix $\$ 138$ pm-1 am QBar Lounge Hotel Albuquerque at Old Town 800 Rio Grande Blvd. NW

Dark Honey Karaoke 6-9 pm Gold Street Pizza \& Brew 3211 Coors Blvd SW Suite H1, Albquerque

Disney Theme Karaoke Party 8 pm-12 am Effingbar and Grill 5300 Sequoia Rd. NW

Karaoke w/ Swords Entertainment 7:30-11:30 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

One More Silver Dollar 6-9 pm Canteen Brewhouse 2381 Aztec Road Northeast

SYN on the Hill 8-10 pm Tractor Brewing Nob Hill 118 Tulane SE

Swans \$27-\$77 8-11 pm Sunshine Theater 120 Central Ave SW

## Performance

Miss Indian World 7-10 pm Kiva Auditorium 2nd St \& Marquette Northeast
the Imaginary Invalid \$10-\$15 7:30 pm Rodey Theatre 1 University of New Mexico

FRIDAY, APRIL 26

## Art Openings

NMARB Presents Youth Cuentistas in the Community $5-7 \mathrm{pm}$ FUSION | 708708 1st St NW

## Comedy

Big Fat Mess of a Lady $\$ 227-8 \mathrm{pm}$ The Box Performance Space 114 Gold Ave SW

Chris Titus \$20-\$35 7-9 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Chris Titus \$25-\$35 9:30-11:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Open Mic Night LIVE Hosted by Cam G Comedy 8 pm-12 am The Hall ABQ 107 Jefferson St. NE

The Doodles: TV Guide $\$ 12$ 7-8 pm The Box Performance Space 114 Gold Ave SW

The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

## Community

2024 UNM Anderson Hall of Fame Golf Tournament 8 am UNM South Championship Golf Course 3601 University SE

## Dance

Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd NW

Yjastros: Flamenco Fandanguero: Primos de la Raza Cosmica \$55-\$95 8-10 pm National Hispanic Cultural Center 1701 4th Street Southwest

## BERNALLLLO INDIAN ARTS FESTIVAL



FREE ADMISSION

 Acoma Pueblo Dancers Adrian Wall Battle Shield Singersr GREAT FOOD PATERO FRY BREAD PAPA CANOS PIZZA (sunday only) buSy beelce cream


## Markets

## Discussion / Lecture

Ancient Aliens Live \$36-\$75 7:30-
9:30 pm Kiva Auditorium 2nd St \& Marquette Northeast

## Exhibit

What's New In ABQ's Passion For Fashion Showcase \$25-\$100 6 pm The Historic Lobo Theater Lounge \& Event Venue 3013 Central Ave NE

Festival
2024 Gathering of Nations Pow Wow \$25-\$45 10-12 am EXPO New Mexico 300 San Pedro Dr NE

American Indian Week 20249 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Film
An Exploration of Independent Filmmaking with Julian Gowdy $\$ 20$ 6-9 pm WESST 609 Broadway Blvd NE

Experiments in Cinema v19.8 \$8\$10 12-10 pm Guild Cinema 3405 Central Ave NE

Annual Spring Plant Sale 1-6 pm Albuquerque Garden Center 10120 Lomas Blvd NE

## Music

12th Annual Gathering of MCs \$15-\$40 7 pm-1 am Launchpad 618 Central Avenue Southwest

12th Annual Native Guitar Tour: Under the Native Stars 5-9 pm Sawmill Market 1909 Bellamah Ave NW

Alexandra Kay \$25-\$75 8-11 pm Sunshine Theater 120 Central Ave SW

DJ Soltrix $\$ 138$ pm-1 am QBar Lounge Hotel Albuquerque at Old Town 800 Rio Grande Blvd. NW

Friday Night Live: Grace Young \& Jacob Chavez 6-8:30 pm El Vado 2500 Central Ave SW

Gin \& Jazz 5-10 pm Tractor Brewing Wells Park 1800 Fourth St. NW

INZO presents Visionquest \$25-\$40 9 pm-2 am Historic El Rey Theatre 622 Central Ave SW


Imminence The Black Tour: USA 2024 \$25 7-10:30 pm Sister 407 Central Ave. NW

Khruangbin: A La Sala Tour Night One \$55 8-10 pm Revel Entertainment Center 4720 Alexander Blvd NE

RnD Band 7-10 pm Thirsty Eye Brewing Company 206 Broadway Blvd SE

Soul \& Rocksteady All Vinyl Night 8-11 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Soulful Sounds \$15 7-8:30 pm UNM Conference Center Auditorium 1634 University Blvd. NE

The Stray Dawgs 4-7 pm Canteen Brewhouse 2381 Aztec Road Northeast

We House Fridays f/ Baby Weight \$10 9 pm-2 am Effex NightClub 420 Central Avenue Southwest

## Outdoors

City Nature Challenge ABQ 2024 All Day Bernalillo, Sandoval, Valencia counties

## Performance

Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114
the Imaginary Invalid \$10-\$15 7:30 pm Rodey Theatre 1 University of New Mexico

## SATURDAY, APRIL 27

## Class / Workshop

Groovy Plant Workshop \$50 2-4 pm Sunday Service Motor Company 2701 4th Street NW

Sonicality Workshop with Agnieszka Kazimierska \$48-\$58 $11 \mathrm{am}-1: 30 \mathrm{pm}$ FUSION | 708708 1st St NW

## Comedy

Big Fat Mess of a Lady $\$ 22$ 7-8 pm The Box Performance Space 114 Gold Ave SW

Left on Read \$10 7-8 pm The Box Performance Space 114 Gold Ave SW

Chris Titus \$20-\$35 7-9 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Chris Titus \$25-\$35 9:30-11:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

The Hive - Long Form Improv \$10 10-11 pm The Box Performance Space 114 Gold Ave SW

The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

## Community

Downtown Growers' Market 8 am12 pm Robinson Park 810 Copper Ave NW Albuquerque

## Dance

ABQ Dance Club 6:45-10 pm Albuquerque Square Dance Center 4915 Hawkins St NE

Beauty and The Beast: A Theatrical Belly Dance Adventure! \$15-\$25 7-8:30 pm FUSION | 708708 1st St NW

Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd NW

Yjastros: Flamenco Fandanguero: Primos de la Raza Cosmica \$55-\$95 4-6 pm National Hispanic Cultural Center 1701 4th Street Southwest

## Discussion / Lecture

Pre-Opera Seminar - Carmen: En Espanol \$10 10 am-12 pm National Hispanic Cultural Center 1701 4th Street Southwest

UFOs for Newbies 3:30-5:30 pm Juan Tabo Library 3407 Juan Tabo NE , 87111

## Family/Kids

Dia de Familia: Dia Del Nino 11 am-3 pm National Hispanic Cultural Center 1701 4th Street Southwest

IPCC's Family Story Time 1-2 pm Indian Pueblo Cultural Center 2401 12th Street NW

## Festival

2024 Gathering of Nations Pow Wow \$25-\$45 10-12 am EXPO New Mexico 300 San Pedro Dr NE

American Indian Week 20249 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Experiments in Cinema v19.8 \$8\$10 4-9 pm Guild Cinema 3405 Central Ave NE

South Valley Skate \& Food Truck Fest 11 am-3 pm US Eagle Herrera Isleta Branch 3801 Isleta Blvd. SW

## Literature/Poetry

An Evening with Jimmy Santiago Baca 6:30-8:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

## Markets

Annual Spring Plant Sale 8 am-12 pm Albuquerque Garden Center 10120 Lomas Blvd NE

## Miscellaneous

Pups \& Pints: A Dog Adoption Event 12-3 pm Canteen Brewhouse 2381 Aztec Road Northeast

## Music

Adobe Disco f/ The Muse $\$ 58$ pm-1 am Sister 407 Central Ave. NW

Alien Ant Farm $\$ 228$ pm-12 am Sunshine Theater 120 Central Ave SW

Back to Boy Bands Night w/ DJ Clout 8-11 pm Tractor Brewing Wells Park 1800 Fourth St. NW

DJ Soltrix $\$ 138$ pm-1 am QBar Lounge Hotel Albuquerque at Old Town 800 Rio Grande Blvd. NW

Gone Country Saturdays w/ DJ Pete Nic 6-9 pm Ponderosa Brewing Company 1761 Bellamah Ave NW

Jake Jacobson \$10-\$69 9 pm-2 am The Dirty Bourbon Dance Hall \& Saloon 9800 Montgomery Blvd NE

Khruangbin: A La Sala Tour Night Two \$55 8-11 pm Revel Entertainment Center 4720
Alexander Blvd NE

Merciless Savages \$40-\$60 6:30 pm-1:30 am Historic El Rey Theatre 622 Central Ave SW

Mineral Hill 7-9 pm Tractor Brewing Nob Hill 118 Tulane SE

Restorative Gong Bath $\$ 2511$ am12 pm The Remedy Day Spa \& Wellness Center 113 Vassar Dr SE

The Mango Cakes 6-9 pm Canteen Brewhouse 2381 Aztec Road Northeast

The T.I.P.I.S. Downtown Burque \$20-\$50 8 pm-2 am K9 Multimedia 106 Fourth St. NW

## Performance

Vanya and Sonia and Masha and Spike $\$ 10-\$ 24$ 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114
the Imaginary Invalid \$10-\$15 7:30 pm Rodey Theatre 1 University of New Mexico

## Sports

All Nations Skate Jam 8 am North Domingo Baca Park 7521 Carmel Ave NE

SUNDAY, APRIL 28

## Class / Workshop

Sonicality Workshop with Agnieszka Kazimierska \$48-\$58 $11 \mathrm{am}-1: 30 \mathrm{pm}$ FUSION | 708708 1st St NW

## Comedy

The Doodles: TV Guide $\$ 12$ 4-5 pm The Box Performance Space 114 Gold Ave SW

## Community

Round Dance 12-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

## Dance

Santa Fe Tango - Milonga
Canoncito \$10-\$15 5-8:30 pm
Edition One Gallery 729 Canyon
Road, Santa Fe

## Festival

American Indian Week 20249 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

South Valley Pride Day Celebration 11 am-4 pm Ponderosa Brewing Company 1761 Bellamah Ave NW

## Film

Craig Baldwin - Artist Talk, 16mm
Shorts, Book Signing \$10 8-10 pm
Guild Cinema 3405 Central Ave NE

The Historic Lobo Theater Presents: A League Of Their Own \$10-\$25 11:30 am The Historic Lobo Theater - Lounge \& Event Venue 3013 Central Ave NE

## Games

Brain Gang Trivia 2-4 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Brain Gang Trivia 5-7 pm Lizard Tail Brewing Nob Hill 3417 Central Ave. NE Suite C

## Health \& Wellness

Dia de Salud 9 am-2 pm National Hispanic Cultural Center 1701 4th Street Southwest

## Markets

Shop Small Sunday 10 am-2 pm Sunday Service Motor Company 2701 4th Street NW

## Music

Arts Academy Blues and BBQ 3-5 pm LA MESA PRESBYTERIAN CHURCH 7401 COPPER AVE NE , ALBUQUERQUE

Coro Lux Spring Chamber Chorus Concert \$10 4-5:30 pm Canteen Brewhouse 2381 Aztec Road Northeast

Coro Lux Spring Chamber Chorus Concert \$10 6-7:30 pm Canteen Brewhouse 2381 Aztec Road Northeast

Halfway to Halloween, a Spooky Rock Show \$10 7-10 pm JUNO brewery + cafe + art 1501 lst Street Northwest

Krooked Kings \$17 8-11 pm Insideout 622 Central Ave SW

Mineral Hill 3-6 pm Rio Bravo Brewing Company 1912 Second St NW

Nothing More \& Wage War \$39-\$69 6:30-10:30 pm Revel Entertainment Center 4720 Alexander Blvd NE

Orgy \$25 7:30-11 pm Launchpad 618 Central Avenue Southwest

## Music - Classical

New Mexico Performing Arts Society presents Cantata Series II \$20-\$50 5:30-7 pm St. Michael and All Angels Episcopal Church 601 Montano NW, 87107

## Performance

Carolyn Meyer's Motherhood: What a Bitch! \$20 3-4:15 pm The Cell Theater 700 First St. NW

Tablao Flamenco Albuquerque Sunday Matinee \$25-\$35 All Day Tablao Flamenco at Hotel Albuquerque 800 Rio Grande Blvd NW

Tablao Flamenco Albuquerque Sunday Matinee \$25-\$35 3-5 pm Tablao Flamenco at Hotel Albuquerque 800 Rio Grande Blvd NW

Vanya and Sonia and Masha and Spike \$10-\$24 2-4:30 pm The Adobe Theater 9813 4th Street NW, 87114
the Imaginary Invalid \$10-\$15 2 pm Rodey Theatre 1 University of New Mexico

## MONDAY, APRIL 29

## Games

Brain Gang Trivia 6-8 pm Canteen Taproom 417 Tramway Blvd NE

Geeks Who Drink 7-9 pm M'tucci's Bar Roma Restaurant 3222 Central Ave. SE



By Michael Hodock, The Paper.

Moviegoers on a recent Friday lined up at the theater box office while long-haired rockers with tattoos and horror T-shirts slowly filled the sidewalks. Costumed freaks with masks depicting disfigured faces snuck up behind unsuspecting couples for a quick scare. The haunted house atmosphere had a thrash-metal soundtrack, whether it was played through car radios pulling up to the venue or by the live band inside. The crowd looked like something straight from a metal show in the 1980 s, but the show went down in 2024 at Guild Cinema in Albuquerque's Nob Hill neighborhood. The film enthusiasts, who would have scoffed at a stuffy foreign film crowd, were gathered to see a screening of the 1982 Spanish cult slasher Pieces (Mil Gritos Tiene la Noche or "The Night Has a Thousand Screams")

The event was a product of a horror film superfan and the owner of the Guild, partially aimed at attracting energetic crowds with more diverse tastes. The recurring collaboration uses live performances to entice ravenous fans of gore and deafening music.

Aaron Barreda, the mastermind behind the themed
night, along with Kief Henley, owner of the Guild, hosts the quarterly crossover event. Barreda says one of his goals is to expand audiences.
"If I can turn literally one person on to a movie that they've never seen before that they fall in love with, and if I can make them laugh, then my job's done," he says.

Art house theaters such as the Guild might elicit images of artsy film snobs, but lately, according to Henley, there seems to be a surge of interest in the macabre.
"Horror is kind of hot right now," he says.

But Henley isn't complaining.
"It's probably the times we live in," he says. "They have that term 'elevated horror,' and to me that's just horror that has something to say. It has subtext, like Night of the Living Dead or like [David] Cronenberg films where it's not just about scaring the shit out of you or creeping you out."

But, he says, horror doesn't necessarily need to have subtext to draw crowds because "Sometimes we just like to see some good trash."

Barreda got his horror fix in the 1980s by renting movies from now-defunct brick-and-mortar video stores. He remembers watching classics like
the Friday the 13th franchise on a VCR with his sister in a room adorned with posters of bands such as Iron Maiden.
"I think that's probably a lot of '80s kids' experiences," he says.

Barreda went on to create and host the AndroidVision podcast, which screens gruesome underground horror films and adds post-film twisted humor and commentary. The events at the Guild, Barreda says, are a toned-down version of what he offers online.
"We have a good following, but we're not for kids," Barreda says about the podcast.

What truly sets these shows apart from regular movie screenings are the bands. The horror shows begin with local acts, and the performances merge music and film

Heavy metal and horror go hand-in-hand according to the two collaborators. Henley says the genres have a lot in common.
"There's that tie-in, there's that sort of aggression, that sort of fear," Henley says. "That intensity of emotion that you find in horror movies you find in a lot of metal music. So it's kind of a natural companion. It's sort of a parallel aesthetic."

January's event featured thrash-punk locals Visions of Death and the pitch-black rock
and roll rollercoaster film Trick or Treat.

Moviegoers that night wore clothing and costumes that would match the garb of metal maniacs attending a Judas Priest show. Studs, spikes and band patches quilted the punk rockers' denim vests. Fast guitar riffs and brutal vocals coming from the amplifiers were in sync with the montage of bloody violence projected on the big screen. The noise and imagery that filled the theater could have been used interchangeably at a stadium rock concert.

Barreda booked the band Suspended to front the April gig. He praises the band for being "the kindest, sweetest girls," but also because they're the hardest all-female band in New Mexico "playing heavy metal, ripping your face off, [and] not for a fucking gimmick."

The event has giveaways with prizes such as T-shirts and posters, but this time the grand prize was something that reflected the host's twisted sense of humor: An issue of Playgirl magazine featuring Christopher George, the lead actor in Pieces, lying on a bear skin rug, eating a watermelon with a buck knife.

Henley says he expects future events to bring new blood into theaters and to sharpen the palates of fans hungry for a different type of movie experience.
"You treat these things as gateway drugs, so to speak," he says. "You like this? Well guess what, man? It gets even better, or it gets even weirder, it gets even wilder."


AndroidVision presents: Re-Animator
July 13, 10:30pm
\$10

## Guild Cinema

3405 Central Ave. NE


## By Kevin Hopper, The Paper.

It's well-known that the pandemic forced millions of business people to pivot in order to professionally survive. This is certainly true for Amanda Powers, who was serving as one of just two presidents in the United Soccer League before she moved to Albuquerque from Tucson to launch Enchanted Farms.
"We could go to Europe and really do the Ted Lasso thing," Powers tells The Paper, "or we could go back to Albuquerque (and) do something totally different and be with family."

She found that "totally different" idea when a mushroom farmer showed up to one of her business development networking events. She says she had already been considering sustainable foods as a means of security and a way of localizing food.
"I could see that mushrooms
were kind of becoming popular, but I heard [there were] a lot of challenges," Powers says, pointing to the fact that it's a fresh agricultural product with a science to it. Mushrooms aren't necessarily easy to grow, and on top of that, many farmers aren't capitalized well enough, so a good number of startups "fizzle out," as Powers says.

If you are picturing a mushroom farm as you would any other farm, think again. Enchanted Farms is located in a 700-square-foot industrial bay near Broadway and Lomas, in the Women's Economic Self Sufficiency Team (WESST) incubator.

When deciding on a space to house her operation, Powers says she was introduced to somebody who suggested WESST, which houses other biotech companies and has so far proven to be the perfect launchpad for the business.

Powers showed off her current crop of shiitakes, lion's mane, king trumpet, and blue oyster mushrooms, grown on shelves inside four 10 -foot by 10 -foot soft boxes. The room was retrofitted with a high-tech exhaust system and an automated water vapor system that maintains the perfect growing conditions. It seems obvious, given Powers' projections, that Enchanted Farms will outgrow this space pretty quickly.

In New Mexico, the mushroom market is predicted to be approximately a $\$ 5$ million market, which would equate to around 550,000 pounds of mushrooms a year. Powers says that currently, the largest grower in the state is Full Circle Mushrooms, located in La Mesa, south of Las Cruces. They produce 50,000 pounds a year and Powers says they are maxed out, so the additional 450,000 pounds needs to come from somewhere.
"Best case scenario, we'd like to be in a position where we are growing fifty thousand pounds by the end of year two," Powers notes. "We would like to get up to a hundred to two hundred thousand pounds."

After chatting with Powers for more than an hour, it was clear that not only is she a savvy business person, she is earnest in her community-minded approach that ties together like-minded organizations to achieve a common goal. For instance, when she was running the Tucson FC soccer club, she initiated the USL Academy program, which provides a platform for top youth prospects to potentially reach the professional level. She also
founded coCreate, a business collaborative that aims to boost entrepreneurs, visionaries and forward-thinkers to develop new business ventures. Powers served for five years on the leadership team for TEDxABQ. Even though Enchanted Farms officially launched a week ago, Powers is already busy making community ties and providing outreach.
"The state is giving one to two million dollars to institutional buyers that feed APS, senior centers, day care centers. Anywhere that is municipality-related, that has a kitchen now, has access to those dollars that don't go to WalMart," Powers explains. "They go to people like us. That checks so many boxes."

Like any successful business venture, diversification is key to success and longevity. In the mushroom world, there is virtually unlimited potential for how this simple fungus can benefit society as a whole.
"Our focus right now is the gourmet and medicinal side, but we have some other evolutions ahead," Powers says.

Corporate grocery stores carry about three different types of mushrooms, including the rather tasteless button mushroom, yet the varieties and flavor profiles are numerous. Thankfully, there are visionaries like Powers who understand and embrace the possibilities that lie ahead for mushroom producers and consumers.
"I sold out in less than two hours at the Downtown Grower's Market," Powers says, "so there is clearly the demand that we thought there was."



Credit Stevica Mrdja / EyeEm from Getty Images

The main goal of reflexology-a unique, holistic alternative medicine therapy-is to balance the body. The underlying theory is there are "reflex" points on the feet that correspond to specific organs, glands, and other parts of the body. Applying pressure to these reflex areas can promote health in the corresponding organs through energetic

Hollistic Health Hippie


Gwynne Ann Unruh Sessions can be done in conjunction with a massage or as a standalone therapy, with the client fully clothed-except for
the feet. The therapist will often begin the session by soaking the client's feet in warm water or wrapping them in hot towels infused with essential oils.

Massage Therapist Jeanette Aguilar Harris says it's important to find a practitioner with whom one feels comfortable and trustworthy.
"A good rapport is key," she says. "It allows your body to respond more effectively."

The first time Aguilar Harris experienced reflexology, she thought her therapist was clairvoyant.
"How did she know all these things about me? She would tell me it looks like your shoulder is having problems, or whatever, and she would be completely right," Aguilar Harris says. "I was amazed by it. I asked her how she knew all these things about me and she said, 'I can just tell in your feet."'

She headed to school and added reflexology to the toolbox of body therapies she offers her clients.
"I have had a number of clients who are going through chemotherapy and reflexology is a wonderful way of helping the body. People having chemotherapy can have a lot of
reactions to it and oftentimes have neuropathy," Aguilar Harris explains. "It's really great for stimulating the nerves, the muscles and the reflexes of the feet."
"If you have a lot of tension or headaches, or even arthritis in your neck, shoulder and joints, you can work on that through the feet. It's definitely wonderful for digestive disorders and can really help if you are constipated," Aguilar Harris says. "It's also good support for women who have problems with a lot of pain with menstruation."

Reflexologist Jill Sanders says she couldn't believe how relaxed she was after her first session as a client.
"My eyes were watering. I was practically drooling," she says.
"A lot of people think it's going to be painful-it is not. Some clients are embarrassed to be falling asleep," Sanders says "Clients find they can actually be calm and relaxed, especially in our crazy Western world where people aren't given permission to sit still and do nothing."

For more information check out Sanders' website at revolutionreflexology.weebly. com and Aguilar Harris' at totalbodywellnessnm.com.


## Polling is a Sketch, Not a Painting

In the U. S. there is something called the polling industrial complex. It's a description of how polling has changed over 50 years. It has grown and become more complex and less understandable.

Researchers define polling as the ability of organizations outside of government to gather, interpret, and publish information about voter views on issues and candidates.

People often say when a poll comes out, "No one polled me!" That holds true for most Americans. It's an indication of the skepticism people have about polls with which they don't agree.

If voters want to be able to look at polls knowledgeably there are some key things to know.

First, polling has changed dramatically over time, as have many things in the political consulting industry.

Twenty-five years ago, pollsters were calling landlines and had response rates upwards of 50 percent. Today polls are conducted online, through text messaging and on cell phones. Today response rates have
dropped to the single digits in most instances.

Polls are a snapshot in time. Voters tend to believe they are predictive of what will happen in November - a theme magnified by mainstream media. Nothing could be further from the truth.

As I write, it is 198 days until Election Day on Nov. 5. Any poll you see today will be irrelevant as soon as tomorrow.

Different polling organizations conduct surveys differently. Methods of surveys include live interviews by telephone (CNN), on-line opt-in panels (CBS and Politico) and online polls of respondents recruited offline (Associated Press and Pew Research). Some other less dependable pollsters use a combination of robocalls and opt-in panels.

Different methods can often have an effect on data quality. According to Pew Research and the Roper Center for Opinion Research, opt-in online polls (such as Survey Monkey) generally have a much higher error rate than live polling

Corner to Corner


Diane Denish
methods.
This brings me to what is called "margin of error." Generally, commentators and consultants have led us to believe that a narrow 3 percent margin-of-error rate represents an accurate poll - assuming that the random samples may only slightly differ from the population. Pew Research cautions that a more accurate margin of error rate is 6 percent, when you consider the possibilities of mismeasurement skewed group of respondents, or nonresponse.
There is sometimes an assumption that exceptionally large sample sizes are better. The theory that larger sample size is a sign of quality is outdated. Nate Cohen of The New York Times pointed out recently that because of increasing costs of polling, polls with huge samples are using cheaper and problematic methods. What may be true in textbook theory is not necessarily true in reality

Polls may actually affect the outcome of elections. Sometimes
less reliable methodology, poorly weighted or designed polls, conclude a candidate is extremely likely to win ultimately suppressing the vote. Conversely, polls showing an extremely close race might push infrequent voters to vote.

What surprises Americans most in presidential elections is that polls can accurately identify the candidate most preferred nationally and not predict the winner. That happened in 2000 when Al Gore won the national popular vote but ultimately lost the electoral vote. In 2016, Hillary Clinton won the popular vote by 2.87 million votes and lost the electoral vote. In 2020 that changed, with Biden winning the popular and the electoral votes.

What can we learn from understanding polling, methodology and results? Not as much as we would like. As Simon Rosenburg of Hopium Chronicles says, "Polls are a sketch, not a painting."

My conclusion is that albeit trite, it's true: The only poll that really counts is when we all go vote early, absentee or on Election Day.

## ONE GOOD CUP OF coffee



(Senate Democrats at Wikimedia Commons)

By Josh Lee, The Paper.

Policies surrounding the failed War On Some Drugs are coming to the forefront of voter attention this campaign season and congressional leaders are catching cannabis fever. Senate Majority Leader Sen. Chuck Schumer (D-NY) is looking to fold SAFER Banking into cryptocurrency legislation, while once again calling for cannabis reform amid the fanfare of 420 . But are either of these things really going to happen, or are we just seeing more political theater?

According to a Politico report earlier this month, Schumer met with House Financial Services Chair Patrick McHenry (R-N.C.) and ranking member Rep. Maxine Waters (D-Calif.) last week to discuss legislation for cryptocurrency regulation that's being written. The legislation would help stabilize cryptocurrency by attaching it to stable assets, making it easier to trade, while allowing banks to become stablecoin issuers.

While it may seem like an unusual place for cannabis talk to come up, the lawmakers reportedly discussed folding both the cryptocurrency bill and SAFER Banking into the Federal Aviation Administration (FAA) reauthorization bill-the legislation that funds the FAA.

You didn't read that wrong.

The lawmakers reportedly plan to tie a bill for regulating cryptocurrency to one concerning cannabis banking and then slap the whole mess onto an aviation regulatory agency's funding bill.

Schumer hasn't hidden his desires to see SAFER Banking passed this year. Last month, he called for voters to sign a petition supporting the bill, which would allow banks to work with cannabis businesses without threat of prosecution from the federal government.

Banks are prohibited under current federal law from doing business with clients involved in illegal activities. Since weed is still federally illegal, a bank that works with state-licensed marijuana companies could be prosecuted for laundering illgotten gains. This leaves weed businesses in a very special lurch as they are forced to operate as cash-only businesses, making it difficult to process payroll, impossible to conduct electronic transactions and even painting them as easy targets for thieves.

The SAFER Banking bill has a checkered past. Various lawmakers have used it as a bargaining chip due to its popularity among every stakeholder sector involved in the issue. Businesses want it to pass. Banks want it to pass. Activists want it to pass. Unlike
other cannabis reform bills of the past, a previous version of the bill had support from both sides of the aisle and even passed in the House. So why is it in trouble now?

Before we answer that, we'll have to take a quick detour to talk about Schumer's marijuana legalization bill, the Cannabis Administration and Opportunity Act (CAOA).

The bill would completely remove marijuana from the federal list of controlled substances, set up a system for taxing marijuana sales, create a regulatory system, expunge low-level cannabis conviction records, create equity grant programs and legitimize statelicensed cannabis businesses.

Schumer and Sens. Ron Wyden (D-Ore.) and Cory Booker (D-N.J.) last week were reportedly trawling for Republican support of the CAOA ahead of 420 . Wyden said during a press conference that descheduling weed should be a "Republican dream," since the party makes such a stink about states' rights.

The GOP, as a monolith, is still hard-nosed against legalization or decriminalization at the federal level. Any grand, sweeping reform bill like the CAOA will undoubtedly be shot down at this stage.

But as we mentioned
earlier, plenty of Republicans supported the SAFE Banking Act. Nevertheless, its latest incarnation still hasn't been able to limp across the finish line in the Senate.

One of the biggest contributing factors as to why such a no-brainer piece of legislation would have so much trouble in the Senate over the last two years is that Schumer and his crew-the great heroes of weed in the Senate-have been holding it hostage as they float their own broader policy reforms and their significantly lower level of support.

In 2021, Booker swore he would "lay myself down" to block banking legislation from being passed if the CAOA wasn't passed first. That obviously didn't happen, so the next year Booker took to calling himself a "compromise guy" before he and Schumer began pushing to include equity provisions from the CAOA in the SAFE Banking bill. The crew last year successfully introduced "SAFER Banking," a new version of the legislation that incorporated language from the CAOA, making its reforms broader and far less popular. The bill will presumably not be reverting to its original form in the future.

If it weren't for the Schumer Gang's influence, we could have already seen the passage of SAFE Banking, which would have been a net win for cannabis businesses. Instead, we've now gained even more nebulous "conversation" around the topic of weed prohibition while making very little progress in the area of actual reform.

In other words, Schumer, Booker and Wyden have made it so that they get to appear as great heroes of legalization while failing to actually move the needle in any meaningful way. In fact, they have held back incremental reform by turning SAFE Banking into the less palatable SAFER Banking and involving it in hijinx like the proposed marriage with the cryptocurrency bill.

All of this adds up to a handful of politicians making a big show of running in place, but to what end? Is this a ploy to firmly affix the carrot of weed legalization just out of reach as a way to drum up support from Democratic voters while simultaneously propping the party up as the obstructed avenger of reform?

It's a mystery. But the pieces should fall into place by November.


Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

## Festival Hosts NM Hemp Doc

## By Josh Lee, The Paper.

TThe Santa Fe Film Festival has announced that it will hold a second showing of New Mexico hemp farmer and activist Doug Fine's documentary, American Hemp Farmer.

According to Fine, the world premiere of the film successfully sold out, prompting festival organizers to run an encore screening of it.

The documentary follows Fine as he sets out to explore food security around the world via hemp and other crops, following a devastating wildfire that threatened his New Mexico ranch. Fine follows three farming families for a year as they struggle with the effects of climate change while attempting to run their small businesses.

The film's encore presentation will be held Friday, April 26 at 12:30pm at the Jean Cocteau Cinema (418 Montezuma Ave., Santa Fe). Tickets cost $\$ 20$ and can be purchased at the Santa Fe Film Festival's website.

## NM Weed Sales Break New Record

The state's Cannabis Control Division (CCD) reports that New Mexico weed stores sold a whopping $\$ 39.4$ million in adultuse cannabis in March.

Albuquerque retailers led the way with more than $\$ 10$ million in sales. Coming in second were Sunland Park stores with $\$ 4.3$ million in sales.

According to KRQE, Chadcor Holdings NM, LLC., which operates both Dark Matter Cannabis and Top Crop, earned more than $\$ 1.4$ million in March,

making it the top earner for the month.

The state announced last month that it had surpassed $\$ 1$ billion in combined recreational and medical cannabis sales since it legalized adult-use marijuana.

## White House Dodges Comments on Rescheduling

White House Press Secretary Karine Jean-Pierre told reporters that the decision on whether to reschedule cannabis rests on the shoulders of the Department of Justice (DOJ).

During a White House press briefing last week, Jean-Pierre
was asked if the administration was doing anything to regulate the safety of cannabis products or legalizing the drug at the federal level.

The press secretary did not answer either question, opting instead to pass the buck onto the DOJ.
"[The Department of Health and Human Services (HHS)] has concluded their independent review, guided by the evidence," said Jean-Pierre. "The scheduling review is now with DOJ, and any input should be certainly directed to them at a time and in a manner they say is appropriate."


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## Public Notice

i, anna kalise rhodes, declare the following: I. I have reached eighteen years of age. II. I am of sound mind. III. I am a living breathing woman. IV. I am a United States National not a 14th amendment US citizen. V. I am White and American Indian. VI. I claim on all genetic materials, biometrics, chattels, securities, accounts and all associated rights, titles and interests derived from my estate and corpus. VII. I revoke all power-of-attorney and third-party authority to act as my attorney-in-fact granted on my behalf ab initio. VIII. I am the party named in breeder document \# xxx-xx-403578 and owner of certificates derived from it. IX. I execute my Estate and only utilize fiduciaries I have expressly appointed to execute commercial transactions for my estate. X. I am a friend to the United States and its courts. i, woman, verify under penalty of perjury under the laws of the United States of America that the foregoing is true and correct. Executed the 17th day of April 2024. /s/by:Rhodes, Anna Kalise, not in individual capacity, without the United States. Held in Trust. All rights reserved.

## LEGAL NOTICE

STATE OF NEW MEXICO
COUNTY OF BERNALILLO
SECOND JUDICIAL DISTRICT
NO. D-202-PB-2024-00135
IN THE MATTER OF THE ESTATE OF
THOMAS ROY BROWN, DECEASED

## NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative of the estate of the decedent. All persons having claims against the estate of the decedent are required to present their claims within four (4) months after the date of the first publication of any published
notice to creditors or sixty (60) days after the date of mailing or other delivery of this notice,
whichever is later, or the claims will be forever barred. Claims must be presented either to the undersigned personal representative at the address listed below, or filed with the District Court of

Bernalillo County, New Mexico, located at the following address:

Bernalillo County District Court - Downtown
400 Lomas Blvd. NW
Albuquerque, NM 87102

Dated: April 4,2024

Sornh
Joan Ellen Brown
9532 Andesite Drive
Albuquerque, NM 87114


ARIES (March 21-April 19): Have you eve gotten your mind, heart, and soul in sweet alignment with the spiritual beauty of money? An opportunity to do that is available. During the next four weeks, you can cultivate an almost mystical communion with the archetype of wellWell you could be the deneficiary Well, you could be the beneficiary of novel insights and hot tips about how best to conduct your finances. You might get intuitions about actions you could take to bring more riches into your life. Be alert for help from unexpected sources. You are, the more the world's generosity will are, the more thour way.

TAURUS (April 20-May 20): Bordering the Pacific Ocean for a thousand miles, Chile's Atacama Desert is a place of stark and startling beauty. Unfortunately, its pristine landscape is also a dumping ground for vast amounts of discarded clothes that people bought cheaply, wore out quickly and didn't want anymore. Is there any other place on earth that more poignantly symbolizes the overlap of sacred and profane? In the coming weeks, Taurus, you will possess a special aptitude for succeeding in situations with metaphorical resemblances to the Atacama. You will have an enhanced power to inject ingenious changes wherever messiness is mixed with elegance, wherever blemished beauty requires redemption, and whereve yrical truths need to be rescued from careless duplicity or pretense.

GEMINI (May 21-June 20): My Gemini friend Alicia thrives on having a quick, acute, whirling-dervish-like intelligence It's one of her strong points now, but it wasn't always. She says she used to be hyperactive. She thought of serenity as boring-"like some wan, bland floral tea." But after years of therapy, she is joyous to have discovered "a kind of serenity that's like sweet, frothy hot chocolate spiced with cinnamon and nutmes." I'm guessing that many of you Geminis have been evolving in a similar direction in recent monthsand will climax this excellent period o relaxing growth in the coming weeks.
CANCER (June 21-July 22): All Cancerians who read this oracle are automatically included on the Primal Prayer Power List. During the next 13 days, my team of 13 Prayer Warriors and I will sing incantations to nurture your vigor, sovereignty, and clarity of purpose. We will envision your dorman potentials ripening. We will call on both human and divine allies to guide you in receiving and bestowing the love that gives your life supreme meaning. How should you prepare for this flood of blessings? Start by having a long talk with yourself in which you describe exactly why you deserve these gifts.

LEO (July 23-Aug. 22): A meme on Instagram said, "The day I stopped worrying about what other people think of me was the day became free." This sentiment provokes mixed feelings in me. I agree it's liberating not to be obsessed with what people think of us. On the other hand, I believe we should indeed care about how we affect others. We are wise to learn from them "frut how we can be our best selves. Our "freedom" includes the discernment to know which ideas people have about us are worth paying attention to and which are best forgotten and ignored. In my opinion, Leo, these are important themes for you to ruminate on right now.

VIRGO (Aug. 23-Sept. 22): The city of Mecca in Saudi Arabia is a holy place for Islam. Jerusalem is the equivalent for Judaism, and the Vatican is for Catholicism. Other spiritual traditions regard natural areas as numinous and exalting. For instance, the Yoruba people of Nigeria cherish OsunOsogbo, a sacred grove of trees along the Osun River. I'd love it if there were equivalent sanctuaries for you, Virgowhere you could go to heal and recharg whenever you need to. The coming weeks will be an excellent time to identify power spots like these. If there are no such haven for you, find or create some.

LIBRA (Sept. 23-Oct. 22): In my astrological opinion, you are entering a period when you can turn any potential breakdown into a breakthrough. If a spiritual emergency arises, I predict you will use it to rouse wisdom that sparks your emergence from numbness and apathy. Darkness will be your ally because it will be the best place to access hidden strength and untapped resources. And here's the best news of all: Unripe and wounded parts of your psyche will get healing upgrades as you navigate your way through the intriguing mysteries.

SCORPIO (Oct. 23-Nov. 21): According to my astrological perspective, you are entering a phase when you could dramatically refine how relationships function in your life. To capitalize on the potential, you must figure out how to have fun while doing the hard work that such an effort will take. Here are three questions to get you started. 1 What can you do to foster a graceful balance between being too self-centered and giving too much of yourself? 2. Are there any stale patterns in your deep psyche that tend to undermine your love life? If so, how could you transform or dissolve them? 3. Given the fact that any close relationship inevitably provokes the dark sides of both allies, provokes the dark sides of both allies, deal with that?

SAGITTARIUS (Nov. 22-Dec. 21): I feel sad when I see my friends tangling with mediocre problems. The uninspiring dilemmas aren't very interesting and don't provoke much personal growth. They use up psychic energy that could be better allocated. Thankfully, I don't expect you to suffer this bland fate in the coming weeks, Sagittarius. You will entertain high-quality quandaries. They will call forth the best in you. They will stimulate your creativity and make you smarter and kinder and wilder. Congratulations on working diligently to drum up such rich challenges!

CAPRICORN (Dec. 22-Jan. 19): In 1894, a modest Agave ferox plant began its life at a botanical garden in Oxford, England. By 1994, a hundred years later, it had grown to be six feet tall but had never bloomed. Then one December day, the greenhouse temperature accidentally climbed above 68 degrees F. During the next two weeks, the plant grew twice as tall. Six months later, it bloomed bright yellow flowers for the first time. I suspect metaphorically comparable events will soon occur for you, Capricorn. They may already be underway

AQUARIUS (Jan. 20-Feb. 18): Have you felt a longing to be nurtured? Have you fantasized about asking for support and encouragement and mentoring? If so wonderful! Your intuition is working well! My astrological analysis suggest you would dramatically benefit from basking in the care and influence of people who can elevate and champion you; who can cherish and exalt you; who can feed and inspire you. My advice is to pursue the blessings of such helpers without inhibition or apology. You need and deserve to be treated like a vibrant treasure.

PISCES (Feb. 19-March 20): In his book Attention Deficit Disorder: A Different Perception, Thom Hartmann theorizes that distractibility may have been an asset for our ancestors. Having a short attention span meant they were ever aler for possible dangers and opportunities in their environment. If they were out walking at night, being lost in thought could prevent them from tuning into warning signals from the bushes. Likewise, while hunting, they would benefit from being ultra-receptive to fleeting phenomena and ready to make snap decisions. I encourage you to be like a hunter in the coming weeks, Pisces. No for wild animals, but for wild clues, wild signs, and wild help.

## The Weekly Crossword

ACROSS
1 Chimney residue
5 Charitable gift 9 Barkin or Burstyn
14 Church recess
15 Gardening moss
16 Easily duped
17 Restore to office
19 "Looney $\qquad$
20 Like Fitzgerald's Gatsby
21 Close at hand
23 Tax-return figure
26 Bow
27 Article-finding game
32 "Hey, $\qquad$ ("Hey, fella!") 35 "You got that right!"
36 Caruso, for one
37 Bring to life
40 Place to fall by
42 Think tank output
43 Swarm
45 Three-way joint
46 Beverly Hills 90210 actress
50 Part of Scand.
51 Classic Cadillac
55 "The Hustler" setting
59 Oregon's capital
60 Taxpayer's dread
61 War-ending smoke 64 British biscuit 65 "Do others..." 66 V.I.P.'s opposite
67 Rip to pieces


68 Fitbit unit 69 Little scurriers

## DOWN

1 Barracks boss
2 Phantom's haunt
3 Basketry willow
4 Lease signer
5 Well-put
6 Grassy field
7 French painter Henri
8 Plant part
9 Sum total
10 Cape Canaveral events
11 Come-on
12 Word with "get" or "break"

13 Hatchling's home 41 Surrounded by 18 Classic comedy, 44 Hydrogen or helium
47 Paid player
48 Durante's famous feature 49 Italian brandy 52 Unearthly 53 Railroad station 54 Harbingers 55 Football play 56 Toe-stubber's cry
57 Landfill emanation 58 "Soup" anagram 62 Scarfed down 63 One with a beat

р.омssodכ oł uo!̣nןos


# "ITM SO GRRIEFEL I IEVEER STOPPEE SEARCHIIIG:" 

> Bernalillo resident Maria R had been experiencing the debilitating side effects of Peripheral Neuropathy. "I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare."

Then she met Albuquerque's very own Dr. Andrea Brogdon
"I was so desperate to the point of giving up" exclaimed Maria R. from Bernalillo. "I was in so much discomfort due to the numbness, tingling, and burning on the back of both legs and in my feet."

Maria $R$ had been diagnosed with peripheral neuropathy and had seen a neurologist with no relief. To complicate things further, Maria had been diagnosed with two fractured discs in her back that were causing her severe pain. "I was no longer able to do surgery and all other treatments didn't work. I was starting to feel hopeless."

Maria is one of 3 million people in the United States suffering from peripheral neuropathy, a degenerative disease of the peripheral nervous system. "Those with peripheral neuropathy experience numbness, tingling, burning and even severe cramping due to the dying off of the peripheral nerves," explains Dr. Andrea Brogdon of Albuquerque Acupuncture \& Integrative Medicine. "These nerves continue to die off until they have completely expired leaving sufferers with numbness and debilitating balance issues. Patients come to see me after having seen many other doctors with no relief. They have been told that there is nothing they can do or that they just have to live with it."

> "I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare," says Maria.
"I learned about Dr. Andrea Brogdon from an article I read and learned that she helped others like me, experiencing the same symptoms.

I made an appointment hoping she was going to be able to help me. It was my last resort."

Dr. Andrea Brogdon has helped thousands of patients get their life back after being diagnosed with peripheral neuropathy and living with the debilitating effects of the disease. How does she get such amazing results? "Acupuncture has been used for centuries to improve circulation but the real magic happens when I integrate ATP Resonance BioTherapy"'." By using modern technological advancements alongside the time tested science of acupuncture, Dr. Brogdon is able to reverse the effects of this degenerative disease, regardless of its origin.
"Early detection is key when it comes to improving your chances of a full recovery," explains Dr. Brogdon. Which is why she starts every patient with an initial consultation during which a sensory exam is performed. "This helps to determine just how much nerve damage has occurred," tells the doctor. "This is important because if the patient has suffered more than $95 \%$ sensory loss there is very little I can do at that point."
> "After several treatments, I experienced tremendous relief. Life is good! I have seen a huge improvement in my walking, I sleep better, even my mood is better! I am so grateful I never stopped searching!" exclaims Maria.

If you or a loved one are living a life of suffering due to peripheral neuropathy and your pain has prevented you from doing the things you love with the people you love, it's time to call Dr. Brogdon and the staff at AAIM.

Call (505) 355-1984 today to schedule an initial consultation or visit AAIM-ABQ.com to read more incredible success stories.


