

# The Paper.

FREE

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ALBUQUERQUE SOUTH VALLEY COMMUNITY NEWS

## HARVESTING SUPPORT

*A South Valley organization  
uses horticultural therapy to  
cultivate a stronger community,  
enrich lives and enrich soil*

*By Michael Hodock, p.8*





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# The Paper.

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**STAFF & CONTRIBUTORS:**

**Editorial:**

**Andy Lyman**  
Editor  
[andy@abq.news](mailto:andy@abq.news)

**Devin D. O'Leary**  
Calendar Editor, Reporter  
[devin@abq.news](mailto:devin@abq.news)

**Michael Hodock**  
Reporter  
[michael@abq.news](mailto:michael@abq.news)

**Contributors:**

**Joshua Lee**  
Cannabis Reporter, Columnist

**Jonathan Sims**  
Indigeneity Columnist, Reporter

**Gwynne Ann Unruh**  
Reporter

**Roberto Rosales**  
Photographer

**Sales:**

**Advertising inquiries:**  
(505) 300-4087 or [sales@abq.news](mailto:sales@abq.news)

**Production:**

**Rachel Mills**  
Art Director

**Pat Davis**  
Owner & Publisher  
[pat@abq.news](mailto:pat@abq.news)

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## Transparency expert says ABQ City Council May Have Violated State Law

*Councilors met behind closed doors with a vague explanation*



*The Albuquerque City Council (Roberto E. Rosales / City Desk ABQ)*



This story was originally published at City Desk ABQ, a local nonprofit daily newsroom covering local government, politics and more. If you like this story, please support local, independent journalists like these by reading more and donating today at [citydesk.org](http://citydesk.org)

By Elizabeth McCall, City Desk ABQ

During the Albuquerque City Council's regular meeting this week councilors met behind closed doors with little explanation other than they were discussing potential litigation.

The executive session was noted on the agenda as "subject to attorney-client privilege pertaining to threatened or pending litigation." Executive or closed sessions are allowed by state law as long as members do not make any final decisions.

Melanie Majors, executive director of the New Mexico Foundation for Open Government, told *City Desk ABQ* she thinks the City Council may have violated the state's Open Meetings Act (OMA) — a state law that ensures public business is open to the public.

"The attorney general in the past has always been quite clear that the agenda must be specific and it must contain a list of specific items," Majors said.

According to Majors, the litigation section in OMA states that an executive session must be discussing actual litigation and the meeting agenda has to

include some specificity about what the potential litigation is related to.

"The closed discussion must involve communication between the public body and its attorney, not possible or potential litigation and the only way to assure that is what is actually happening is to actually name what they are discussing," Majors said.

It's still unclear exactly what possible litigation the council was discussing. A spokesperson for Mayor Tim Keller's office, Staci Drangmeister, said the City Attorney Lauren Keefe, could not comment about the pending litigation. However, Vince Higgins, a spokesperson for the City Council confirmed the discussion was "related to the Albuquerque-Bernalillo Air Quality Control Board litigation." Higgins did not respond to a request for comment about the allegation that the City Council violated state law.

Council President Dan Lewis recused himself from the executive session but did not specify why. Lewis is the executive director for the Asphalt Pavement Association of New Mexico and under a pre-litigation settlement agreement with the State Ethics Commission, he agreed to recuse himself from all matters relating to the Albuquerque-Bernalillo Air Quality Control Board and the association while he serves on the council and is employed by the association.

## Weak in Review | Oct. 30

Quick hits on this week's news bits

**Election Day is Tuesday.**

That means everyone can finally take a break from political ads for another few days before municipal election mailers start going out.



**Owners of O'Niell's pub, Rob and April O'Niell, cleared the air and said increased homelessness was not one of the reasons they closed their Nob Hill location.**

We're still trying to come to terms with the fact that we're just now finding out there's a real life April O'Niell.

**Donald Trump is making a stop in Albuquerque on Halloween.**

Fingers crossed he'll do his silly little dance accompanied by "The Monster Mash".



**Carhartt is opening a new retail store at ABQ Uptown, right next to Jos. A Bank.**

For those who like to pretend to be rugged and fancy.

**After a ribbon cutting two years ago, the Westside Visitor Center is slated to open next spring.**

We really like to own that Land of Mañana thing.

**A comedian who spoke at Trump's rally at Madison Square Garden is getting some backlash after making racist and disparaging remarks.**

We thought Hulk Hogan making an appearance was supposed to be the comedy portion of the night.







## Life in the International District comes with extra challenges

*Residents look to potential  
\$50M infusion from feds for help*

*Wainwright Manor is one of three properties in the International District targeted for redevelopment under an initiative in the planning stages.  
(Photos: Roberto E. Rosales / City Desk ABQ)*



This story was originally published at City Desk ABQ, a local nonprofit daily newsroom covering local government, politics and more. If you like this story, please support local, independent journalists like these by reading more and donating today at [citydesk.org](http://citydesk.org)

By Damon Scott, City Desk ABQ

Residents of Albuquerque's International District often find themselves navigating challenges that aren't always as prevalent in other areas of the city: a proliferation of people living on the streets, dilapidated properties, shuttered businesses, open drug use, vandalism and other crimes, and dwindling options to fill prescriptions and buy groceries.

For those on fixed incomes living in public housing — including seniors and those with disabilities — the option to move isn't always easy or even possible as rents remain historically high and affordable housing options historically low. Those without a vehicle or convenient access to public transit are even further constrained.

Josiah Fowler moved to the International District in November 2023 and is a tenant at Wainwright Manor, a 60-unit public housing complex at 5601 Gibson Blvd. SE. He receives a housing subsidy of about \$600 a month for his one-bedroom apartment, added to his \$260 share.

Fowler, 52, said he's grateful to be living at the complex. He said it's economical and

spacious with a big closet and a nice kitchen, living room and bathroom.

"It's very decent; I don't have any complaints, except for, you know, the bad activity that happens," Fowler said. "The area isn't as good as I want or wish it was."

Fowler said he witnesses drug-related activity most days and that tenants contend with unauthorized visitors who access the complex — issues that pose various security concerns.

Many of the unauthorized visitors are those experiencing homelessness who are looking for a place to crash for the night, he said. Others are dealing or using drugs — most often fentanyl. Noise disturbances in the form of people knocking loudly on doors and yelling take place mostly after 3 a.m. when shifts end for security personnel.

"That's the part that's sad," Fowler said. "There's people that are in even worse shape than I am, like in a wheelchair. They have to wear an oxygen mask and they don't want somebody banging on the door in the morning asking for a coat."

Fowler worked for many years as a landscaper in El Paso and Las Cruces, but health issues now limit him to the occasional side job with a buddy, he said.

### Hope on the horizon?

Fowler is one of a handful of public housing residents on a steering committee for an initiative that could bring a lot of money — and hope — to Wainwright Manor and other properties in the International District.

The city and the Albuquerque Housing Authority (AHA) were awarded a \$500,000 Choice Neighborhoods Planning Grant last year that targets not only Wainwright Manor, but the nearby Grove and Pennsylvania Street apartment complexes — all in significant need of redevelopment.

If the plans residents and officials come up with are strong enough to be chosen for an implementation award, it could result in up to \$50 million to be designated for the International District through the U.S. Department of Housing & Urban Development.

AHA officials have a little more than a year left to confer with residents and stakeholders in the area for ideas on improvements ranging from landscaping to redevelopment and new development.

Officials have carried out a series of events this year to gather feedback from community members, tally surveys, and brainstorm everything from what improved housing options would look like to needed neighborhood services and other aspects that would improve community well-being.

The planning and steering committees have also been working with consultants to assist with the process, including Borderless Studio, Collabo Planning and the University of New Mexico's School of Architecture's Design and Planning Assistance Center.

In addition to residents like Fowler, the steering committee includes members of East Central Ministries, Endorphin Power Co., the New Mexico Coalition to End Homelessness and the SW Indigenous Housing Justice Collaborative.

The most recent meeting took place Oct. 19 in Wainwright Manor's lobby with the UNM architecture students. They've been looking at ways to best improve the landscaping of the property, which falls squarely in Fowler's wheelhouse.

"We go and sit in and watch, listen, and then we have ideas," Fowler said. "It just blows my mind. These young people, they're all in their 20s, and they're doing awesome."



*Josiah Fowler holds the door for a resident at Wainwright Manor's main entrance Oct. 18.*





Muertos y Marigolds

Muertos y Marigolds, the South Valley's traditional Marigold Procession and Celebration returns this year to mark the Dia de los Muertos holiday. There will be music, dancing, food, art, costumes, shrines to the dead and more. The event happens on **Sunday, Nov. 3**, from **12 to 4 p.m.** at **Rio Bravo County Park (3912 Isleta Blvd. SW)**. The parade will end at the Westside Community Center (1250 Isleta Blvd. SW). The mission of the South Valley Muertos y Marigolds event is to strengthen community, to promote cultural exchange through intergenerational learning and expression through art, music, food, dance and political satire, and to promote pride in South Valley cultural identity through grassroots non-corporate organizing. Admission is **free**. Full calavera regalia is

THURSDAY, OCTOBER 31

Art Openings

Visiting Amsterdam Street Artists to Paint Mural at Central and Walter 2-4 pm Bhava Yoga Studio 520 A Central Ave SE

Community

Trick or Treating at Bernalillo County @ Alvarado Square 10:30 am-2:30 pm Bernalillo County Alvarado Square 415 Silver Ave SW

Dance

Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 7:30 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Exhibit

Haunted Scarecrow: American Horror Theater \$20-\$25 Wednesday and Thursday 7 PM to 11 PM || Friday and Saturday 7 PM to 12 AM Haunted Scarecrow 2122 Central Ave SE

Jennifer Nehrbass • Pioneer Project Thursday-Saturday 11am-4pm Richard Levy Gallery 514 Central Ave SW

Poeh Ah Ka Wohatsey: The Emergence Teachings of Resilience 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

[EVENTS.] The Paper.

**GUILD cinema**  
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Bruce Willis in Kurt Vonnegut adaptation  
**BREAKFAST OF CHAMPIONS (1999)**  
Fri-Tue November 1-5 3:30, 7:45

Shameik Moore, Susan Sarandon in new comedy  
**THE GUTTER** Fri-Tue Nov 1-5 5:45

The infamous **EXORCIST II: THE HERETIC**  
Friday November 1 10:30pm

Gena Rowlands tribute: John Cassavetes'  
**A WOMAN UNDER THE INFLUENCE (1974)**  
Sat-Sun Nov 2-3 12:30pm

Silent horror masterpiece **FAUST (1926)**  
scored live by metal band **SILENT NIGHT**  
Saturday November 2 10:30pm

Quirky stop motion film **MEMOIR OF A SNAIL**  
Thu-Mon Nov 7-11 3:30, 5:30

Rooney Mara in searing drama **LA COCINA**  
Thu-Mon Nov 7-11 7:30

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### Festival

Dia de los Muertos in Old Town:  
All Hallows' Eve 12-3 pm Old  
Town Albuquerque 2005 N. Plaza  
St. NW Albuquerque

### Games

Geeks Who Drink 7-9 pm Sunday  
Service Motor Company 2701 4th  
Street NW

Geeks Who Drink 7-9 pm Outpost  
1706 301 Romero St NW

### Literature/Poetry

Halloween Party with the Int'l DJs  
\$5 8-11:30 pm JUNO brewery +  
cafe + art 1501 1st Street NW

### Miscellaneous

Haunted Halloweed Smokeout \$5  
8-11 pm Stoned Desert Dispensary  
1027 San Mateo Blvd. SE

Trick or Treating/Animal Care  
Adoption Event 10:30 am-2:30 pm  
Bernalillo County Alvarado Square  
415 Silver Ave SW

### Music

3rd Annual Halloween Dance  
Party \$8-\$10 8:30 pm-2 am  
Launchpad 618 Central Ave SW

A SYN Halloween 8-10 pm Tractor  
Brewing Nob Hill 118 Tulane SE

Dark Honey Karaoke 6-9 pm Gold  
Street Pizza & Brew 3211 Coors  
Blvd. SW Suite H1

Halloween Spins Vinyl Night  
6-9 pm Flock of Moons Brewing  
Company 111 Harvard Dr. SE

Karaoke w/ Swords Entertainment  
7:30-11:30 pm Lizard Tail Brewing  
9800 Montgomery Blvd NE STE 7

Myra Medford: Fire & Water  
Quintet \$15-\$35 7:30-9:30 pm  
Outpost Performance Space 210  
Yale Blvd. SE

Neon Nightmare: Halloween  
Night 2024 \$15 9 pm-2 am Effex  
NightClub 420 Central Avenue SW

One More Silver Dollar 6-9 pm  
Canteen Brewhouse 2381 Aztec  
Road Northeast

Slander \$60-\$75 8 pm-1 am  
Revel Entertainment Center 4720  
Alexander Blvd NE

The Deal 3rd Annual Halloween  
Bash 8-11 pm The Hall ABQ 107  
Jefferson St. NE

### Music - Classical

Candlelight: A Haunted Evening of  
Classical Compositions \$31 7-8:15  
pm The Clyde Hotel 330 Tijeras  
Avenue Northwest

### Performance

Eternal Night: A Vampire Hypnosis  
Experience 6:30-8 pm q-Staff  
Theatre 400 Broadway Blvd SE

Eternal Night: A Vampire Hypnosis  
Experience 8:30-10 pm q-Staff  
Theatre 400 Broadway Blvd SE

Gonzo Opera Presents - Operas  
from the Crypt: The Other Side of  
the Veil \$10-\$20 7-8 pm The Cell  
Theater 700 First St. NW

What the Constitution Means to  
Me \$19-\$24 7:30-9:30 pm Vortex  
Theatre 2900 Carlisle Blvd. NE

## FRIDAY, NOVEMBER 1

### Art Openings

Distinct Direction 5-8 pm The  
Gallery ABQ 8210 Menaul Blvd NE

KidMart - a kid made pop up shop  
All Day Color Wheel Toys 6855 4th  
St NW Ste D

### Comedy

Dry Heat Presents \$15 9:30-11 pm  
Dry Heat Comedy Club 100 Gold  
Ave SW Suite 112

Will Burkart \$20-\$25 7-8:30pm  
& 9:30-11 pm Quezada's Comedy  
Club at Santa Ana Star 54 Jemez  
Canyon Dam Road, Santa Ana  
Pueblo

### Community

Women's Wine Down 2024: "Sip,  
Savor, and Sisterhood" \$35-\$60  
2-6 pm Sandia Resort and Casino  
30 Rainbow Road

### Dance

Friday Night Square Dancing \$8-  
\$9 7-9 pm Albuquerque Square  
Dance Center 4915 Hawkins St NE



Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 7:30 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Discussion / Lecture

Ghost Sightings, Investigations & Encounters 7-9 pm Painted Lady Bed & Brew 1100 Bellamah Ave. NW

Festival

Dia de los Muertos in Old Town: All Saints' Day 11 am-8:30 pm Old Town Albuquerque 2005 N. Plaza St. NW Albuquerque

Games

Blunts 'N Bingo \$5-\$10 7-11 pm Stoned Desert Dispensary 1027 San Mateo Blvd. SE

Music

40 Oz. to Freedom \$15 8-11 pm Launchpad 618 Central Ave SW

Boxcar Live Presents The Dream Team High City Jazz 7-10 pm Boxcar 133 W Water St., Santa Fe

Chatter Late Works: Fluid Dynamics \$15 9 pm Chatter 912 3rd St NW

First Fridays w/ DJ Flo Fader 8-11 pm Tractor Brewing Nob Hill 118 Tulane SE

Traveler in Pain 6:30-9:30 pm Skidmore's Holiday Bowl 7515 Lomas Blvd NE

We House Fridays ft. Chuwe \$10 9 pm-2 am Effex NightClub 420 Central Avenue Southwest

Performance

A More Beautiful Question 7 pm Keshet Dance and Center for the Arts 4121 Cutler Ave NE

Dr. Jekyll & Mr. Hyde \$15-\$24 7:30-9:30 pm Adobe Theater 9813 4th St NW

Divination Nation: a Tarot Card themed Burlesque Show \$15 7-10 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Gonzo Opera Presents - Operas from the Crypt: The Other Side of the Veil \$10-\$20 7-8 pm The Cell Theater 700 First St. NW

Opera Southwest: Puccini's Madama Butterfly \$29-\$109 7:30-10 pm National Hispanic Cultural Center 1701 4th Street Southwest

Twelfth Night \$10-\$15 7:30 pm Rodey Theatre 1 University of New Mexico

What the Constitution Means to Me \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd. NE

SATURDAY, NOVEMBER 2

Art

Broken Boxes Event 1-8 pm Albuquerque Museum 2000 Mountain Road NW

Art Openings

Dia de los Muertos Fine Art Show 10:00am - 6:00pm Gregory Segura Santa Fe Silverworks 328 Sandoval Street, Santa Fe

[EVENTS.] The Paper.

Class / Workshop

Taming your Mind: The Practice of Meditation 9 am-12 pm Albuquerque Shambhala Meditation Center 1102 Mountain Rd. NW

Comedy

Dry Heat Presents \$15 9:30-11 pm Dry Heat Comedy Club 100 Gold Ave SW Suite 112

Will Burkart \$20-\$25 7-8:30 pm & 9:30-11 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo

Community

Downtown Growers' Market 8 am-12 pm Robinson Park 810 Copper Ave NW Albuquerque

Wings for Life Benefit: Art Auction + Music 4-7 pm JUNO brewery + cafe + art 1501 1st Street Northwest

EVENTS CONTINUED ON PAGE 10



MARIO YBARRA JR

LA-based artist, activist & DJ



STERLIN HARJO

creator of Reservation Dogs  
2024 MacArthur Fellow



CANNUPA HANSKA LUGER

2024 Whitney Biennial artist



BROKEN BOXES

Albuquerque Museum • 2000 Mountain Rd. NW  
albuquerquemuseum.org

Free Community Event! Saturday, November 2

- 1-2:30pm: Family Art Workshop: Shoebox Parade Float
- 2-4pm: Mario Ybarra Jr: Nuevo Complexican  
Día de los Muertos Celebration & Parade
- 5-8pm: Live Broken Boxes Podcast: Harjo & Luger  
Screening: Harjo's Love and Fury

Día de los Muertos Parade • Music • Dancing • Food Trucks • Artmaking • Live Podcast • Film Screening





# Harvesting Support

*A South Valley organization uses horticultural therapy to cultivate a stronger community, enrich lives and enrich soil*

(Source: Victoria Gonzales)

By Michael Hodock, The Paper.

Michelle Bishop-Couch has fond memories of a day in 2010 she spent teaching the art of herb cultivation to an elderly woman with dementia.

“She didn’t talk much. For a couple of months she just didn’t really say anything,” she says. “We had her out in the greenhouse and we were working with oregano learning about what you can do with it — smell, taste, texture — and all of a sudden this woman’s eyes lit up. There was someone *there*, you know? And she said, ‘Oh, I know oregano! My mom used to cook with it.’”

Bishop-Couch says smelling the herb’s familiar aroma and hearing its name unlocked a memory, and it was beautiful. The woman was able to share a specific story about cooking in her kitchen with her mom and her siblings, and it was all because of her interaction with a plant.

Bishop Couch is executive director and CEO of Cornucopia Adult Day Services, a community-based day facility for adults with different abilities that specializes in horticultural therapy. Cornucopia is currently on a mission to raise money to open a plant shop where their

clients will sell plants they grew and cultivated themselves, with the proceeds directly funding their greenhouse facility.

Cornucopia’s day facility at 2002 Bridge SW provides care to people 18 years and older with different abilities and conditions that don’t allow their families to leave them alone during the day. They have been in the South Valley since 1979 and incorporated as a nonprofit in 1984, so Bishop-Couch says the community really knows and supports them. A second location right around the corner is designed exclusively for seniors.

Cornucopia has programs like their Family Living Program where caregivers receive a stipend for providing live-in care to their clients. Bishop-Couch equates Family Living to “foster care for adults with an intellectual disability.” A similar program called Supported Living provides care to clients who live in groups, kind of like roommates.

“We don’t like to call it a group home anymore,” she says. “We have three homes. One on the Westside, one in the South Valley, and then our third one Singing Arrow Community up by Tramway and Central behind Sprouts. It’s a really nice little home. And so the individuals live

there, they pay rent, and then we provide staff for them 24/7.”

Clients who participate in Cornucopia’s horticultural therapy program can volunteer to work in a 60 by 30 fully-licensed professional greenhouse built with money Bishop-Couch raised herself without taking out loans. As a nonprofit, Cornucopia relies on grants and donations to keep the greenhouse running, and currently Cornucopia is trying to raise \$10,000 by Nov. 9 to support their Plant Shop Initiative. Bishop-Couch says if the initiative is successful, they will open a shop where plants like microgreens and veggies grown and cultivated by Cornucopia will be sold to the public.

“We’re asking the community to help us create a space where every plant purchase contributes to a greater cause,” Bishop-Couch says. “This plant shop will not only be a place for plant lovers but will also fund therapeutic programs that improve lives.”

Cornucopia’s hope is that through the Plant Shop Initiative, they will be able to have a source of sustainable revenue to keep their horticultural therapy programs running while involving their clients in the South Valley’s rich gardening community. Bishop-Couch says

Cornucopia is proud of its roots in the South Valley where some of the hardest working people she knows live. Literally speaking, the seeds that Cornucopia clients have planted will grow into seedlings whose roots will eventually end up in South Valley soil. In the spring, clients working in the greenhouse put together their salsa kits.

“You’ve got your cilantro, you’ve got your habaneros, you’ve got your tomatoes, and we give you the kit,” she says. “You can go home, plant it, grow your own. We have all kinds of different tomato plants that we can sell, squash, cucumbers, we’ve got it.”

Working in the Cornucopia greenhouse helps people with different abilities develop job skills, but it also gives a break to caregivers, especially since many of the people who work in the gardens receive care at home. Bishop-Couch says that caregivers must remember to take care of themselves, too.

“It not only helps the individuals we serve but it helps their families as well because the families still have to work, they have to put food on their tables,” Bishop-Couch says. “And so for us being open and being trained and able to care for their



individual allows them to go to work. Even if they don't work, everybody needs a break."

She says clients learn how to work in a group or independently and learn skills that they can take and get a job if they choose. Bishop-Couch says that the program's benefits aren't derived simply from growing plants, but through the process of learning how to collaborate with another person.

"One will get the pot filled with soil and then another will plant the seeds, then we water it and nurture them and take care of it," she says.

Horticultural therapy, also known as garden therapy, is not a new field. The American Horticultural Therapy Association (AHTA) was established in 1973. According to the AHTA, Dr. Benjamin Rush, a signer of the Declaration of Independence, was the first to document the positive effect working in gardens had on individuals with mental health conditions and the field gained credibility in the 1940s and 1950s when the practice was used to rehabilitate war veterans.

Bishop-Couch says that Cornucopia's horticultural therapy programs benefit everyone involved in the program — clients, caregivers, their families, and the South



Cornucopia clients Rose (left) and Joe (right). (Source: Victoria Gonzales)

Valley Community as a whole — in different ways. She says that particularly salient memory, her own experience working with a client with dementia, is just one example.

"The families have lost their loved one, but their loved one's still here, they're just not

mentally capable of processing in the moment," she says. "But by unlocking that memory, it was like that was success, and that is what that program is meant to do."

Bishop-Couch says Cornucopia's big fundraising event right now is their yearly matanza. A \$20 donation gets

attendees a raffle ticket for a door prize, traditional carne adovada and chicharones slow cooked the day before, rice, beans and biscochitos. The Nov. 9 event also features a car show, silent auction, several vendors, and silk screen T-shirts made by Cornucopia clients.

Supporters of Cornucopia's Indiegogo campaign will have the chance to get exclusive perks, including plant bundles, personalized plant care consultations and invitations to in-store events. Their greenhouse is always looking for nonmonetary donations like soil, tools, gloves or seeds.

Bishop-Couch says Cornucopia's calling is to get their clients to engage as much as possible with the South Valley neighborhood where they do their gardening, because something like working as a volunteer, taking a trip to the local library, or visiting a nearby museum is what really improves people's lives.

"That's our goal," she says. "For them to be included in the community they're a part of."



Cornucopia clients Paul (left) and Lalo (right). (Source: Victoria Gonzales)

**Cornucopia Matanza**

**Nov. 9**

**Cornucopia Adult Day Services**

**2002 Bridge SW**

**\$20**



EVENTS CONTINUED FROM PAGE 7

Dance

Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 7:30 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Family/Kids

Fifth Annual Spooktacular Extravaganza 1-3 pm Sandia Sunrise Therapy 9550 San Mateo Blvd NE Suite A

Festival

Dia de los Muertos in Old Town: All Souls' Day 10 am-10 pm Old Town Albuquerque 2005 N. Plaza St. NW Albuquerque

Film

Faust (1926) w/ Touring Metal Band Silent Light Live Score \$12 10:30 pm-12 am Guild Cinema 3405 Central Ave NE

Miscellaneous

ABQ Witches' Ball \$10 6-11 pm Black Cat Cultural Center 3011 Monte Vista Blvd. NE

Discovery After Dark: Dia de los Muertos \$20-\$25 6:30-10:30 pm National Museum of Nuclear Science & History 601 Eubank Blvd SE

Music

Boss' Daughter Party 8-11:30 pm Moonlight Lounge 120 Central Ave SW

Cowboy Killer \$15 8-11 pm Launchpad 618 Central Ave SW

Dia de los Muertos Concert 4-8 pm FUSION 700-708 First St. NW

Lorenzo Antonio & SPARX \$50-\$75 7-9:30 pm Isleta Resort & Casino 11000 Broadway Blvd. SE

Noche de Cumbia con Banda505 y Geovanna Gomez \$5 8-11:30 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Radio Free ABQ Record Release Party \$10 6-9 pm The Nob Hill Stage 3619 Copper Avenue Northeast

Rahm AlHaj Trio \$15-\$35 7:30-9:30 pm Outpost Performance Space 210 Yale Blvd. SE

Sabor Latin Night \$5-\$10 9 pm-1 am Hotel Andaluz 125 Second St. NW

Performance

A More Beautiful Question 7 pm Keshet Dance and Center for the Arts 4121 Cutler Ave NE

Dr. Jekyll & Mr. Hyde \$15-\$24 7:30-9:30 pm Adobe Theater 9813 4th St NW

Twelfth Night \$10-\$15 7:30 pm Rodey Theatre 1 University of New Mexico

What the Constitution Means to Me \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd. NE

Sports

6th Annual Lager Liftoff Weightlifting Competition \$125 4-6 pm Canteen Brewhouse 2381 Aztec Road Northeast

Class / Workshop

Low Writing Community Workshop: Honor Our Ancestors, Build Our Altars 5-7 pm El Chante: Casa De Cultura 804 Park Ave SW

Comedy

Stand-up Comedy \$5 7-9 pm The Nob Hill Stage 3619 Copper Avenue Northeast

Community

Sunday Meditation sittings: Open to all 10 am-12 pm Albuquerque Shambhala Meditation Center 1102 Mountain Rd. NW

Festival

Muertos y Marigolds 12-4 pm Rio Bravo County Park 3912 Isleta Blvd. SW

View the full calendar or submit your events online at [calendar.abq.news](http://calendar.abq.news)

# Election Day is November 5

## Early Voting Locations Close November 2

## Same Day Registration Available Through Election Day



Bernalillo County Clerk  
Linda Stover



[BernCoClerk.gov](http://BernCoClerk.gov)



## Closing Time

*Speculation abounds around Nob Hill restaurant closures*

By Devin O'Leary, The Paper.

High profile business news last week caused many doomsayers in Nob Hill to pronounce the end of the neighborhood as we know it.

Venerable Irish pub O'Niell's announced it was closing its doors after more than 30 years. Within 24 hours of that shocking announcement came news that nearby pizza joint Slice Parlor and UNM-adjacent wine bar/charcuterie shop Salt and Board were following suit.

Although located outside of Nob Hill, longtime Downtown restaurant MAS Tapas y Vino inside Hotel Andaluz also declared on social media that, "The time has come for us to close our doors." Combined with lingering rumors about the sale/closure of Downtown's Marble Brewery, this caused local keyboard pundits to flood Facebook, Reddit and other chat spots saying that business around Central Avenue was dying a quick and painful death — a perennial pronouncement that has plagued the region since at least the early '80s.

This editorial was originally intended to be a sort of "obituary" for a handful of beloved Albuquerque restaurants: reminiscing about grabbing a pizza and a beer at Slice before catching a movie at The Guild, knocking back a few pints during Geeks Who Drink trivia at O'Niell's. But with the swirling speculation growing, it has evolved into something closer to an autopsy.

The loss of institutional eateries can certainly be a bellwether for a city's economic well being. What caused these businesses to fail in such rapid succession, many are wondering. A lot of Albuquerque residents were quick to assign blame: Mayor Tim Keller's "liberal" policies, the continuing bugaboo of the ART project, the lingering effects of the COVID lockdown and, most prominently, Albuquerque's rising homeless population.

It's clear to anyone who drives Central that Albuquerque's unhoused population has grown exponentially in the wake of COVID. The closure of Walmart and Walgreens on Central Avenue and San Mateo Boulevard, combined with sensational news stories about street corner panhandlers in local media have certainly played into the "homeless are destroying Albuquerque" narrative.

But is Albuquerque's ever-increasing unhoused population at the root of Nob Hill's business woes? Most Albuquerque

residents who pay attention know that the unhoused populations are more heavily concentrated further up Central Avenue and Zuni Road toward Wyoming Boulevard. While that area east of the International District has seen problems, including fires at businesses started by homeless encampments, Nob Hill remains a popular commuter neighborhood with far less homelessness in evidence.

O'Niell's, the grandfather of Albuquerque's Irish pubs, opened in 1994 in the heart of Nob Hill. In 2006, after a dispute with their landlord, O'Niell's packed it in and eventually moved east on Central. A second location opened up on Juan Tabo Boulevard in 2010. The business seemed, at least on the surface, to be thriving. But the only official word, accompanying the final closing date of Nov. 3, was a statement from the owners that, "Due to multiple determining factors, it has been impossible for us to keep the O'Niell's in Nob Hill open."

This past week, patrons crowded the Nob Hill location, singing the pub's praises and draining the only remaining tap.

Online, multiple Albuquerque residents had expressed a desire to visit the location one last time, something many confessed they hadn't done in years. Most seemed oblivious to the fact that a lack of regular patronage certainly didn't help O'Niell's bottom line. Nonetheless, they packed into the place for a bit of "too little, too late" celebrating.

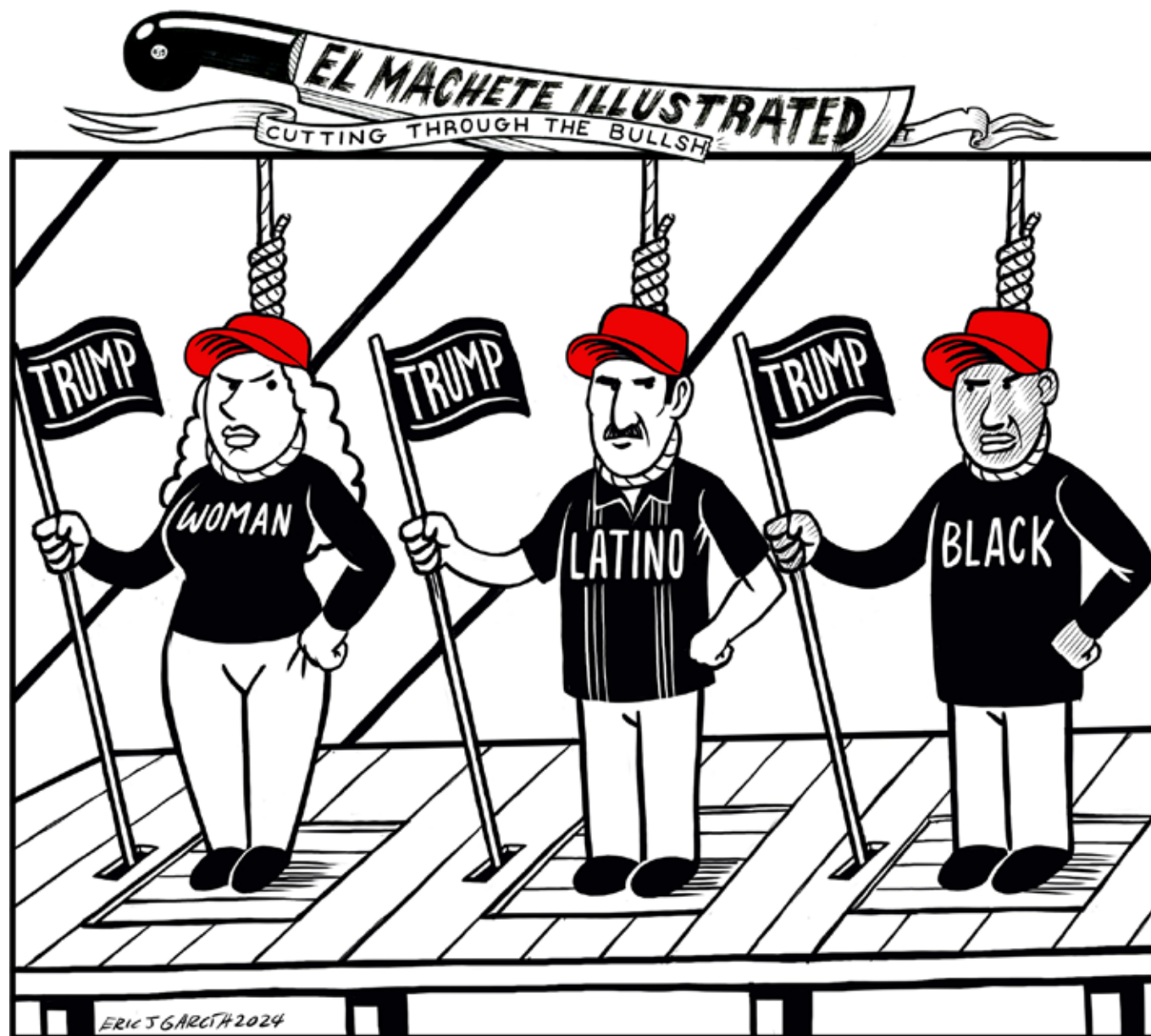
Further west down Central, the closures of Slice Parlor and Salt and Board become slightly less baffling as well when you realize both are owned by restaurateurs Adam Moffet and Doug Crowder. No doubt, the problems facing small business owners are legion. But perhaps the prevailing problem simply boils down to profit and loss. Both Slice and O'Niell's maintain locations in the Northeast Heights. At this time, neither of those locations seems in danger of closing, and the owners hope patrons will fill seats at those alternate locations.

Which brings us back to the question of Nob Hill. If the current Nob Hill environment is so seedy, rundown and hostile toward the operation of an Irish

pub (to paraphrase some of the internet chatter), why are Two Fools and Quarter Celtic flourishing mere blocks away? To be fair, owners Rob and April O'Niell's spoke to KRQE-13 news and explicitly said that homelessness was definitely not one of the reasons for the closure.

Elsewhere in Nob Hill, M'Tucci's Bar Roma and their speakeasy bar Teddy Roe's have wait lists to get in many nights of the week. Michael Thomas Coffee Roaster, nearly a year after closing its flagship location on Carlisle Avenue, is preparing to open in a new Central location. Island Vibes, a new Jamaican restaurant, just opened in a space in front of Ta Lin World Market. The Vietnamese Restaurant Coda Bakery celebrated a grand opening for its new, expanded relocation at 201 San Pedro Dr. SE. And in the same announcement concerning its closure, MAS vowed to reopen soon with a "new concept."

Old restaurants close. New restaurants open. It's the way of things. And maybe it's less of a reason to despair and more of a reason to hope.



Friend Eric J Garcia on facebook or follow at elmacheteillustrated @instagram.



## Feds, Where's My Car?

*The head of a legal weed company says Border Patrol seizures are ramping up*

By Josh Lee, The Paper.

Things have escalated between the U.S. Border Patrol and New Mexico cannabis licensees. As *The Paper* previously reported, federal authorities have seized cash, products and even vehicles from state-licensed marijuana operators. Those who have had money taken by the feds say they are being intimidated by agents and given no avenue of recourse. And now there are reports that individuals involved in previous seizures are being singled out at the border without cause.

During an August stop at the interior Border Patrol checkpoint on U.S. 70 heading toward White Sands, Border Patrol agents seized a Mesilla Valley Extracts company vehicle along with products worth more than \$20,000, according to company representatives. The company employee was arrested and held for hours before being released without prosecution. This is the second time the company has had products seized at a checkpoint.

According to Mesilla Valley Extracts' Office Manager Delia Evans, the seized vehicle was

registered to Zach Mendoza, the owner of the company.

"He went to Mexico at the end of August," Evans says, "When he came back, they started questioning him at customs about what he did for a living."

Mendoza says he's never experienced this sort of incident before.

"I've been in the cannabis industry for a few years now," he says. "That's the first time I was ever asked that."

He also says he believes that it's no coincidence.

"It was just kind of weird," he says. "I think he actually saw on there that I'd had a car confiscated — a red flag."

Evans says that after waiting for weeks with no word, Border Patrol finally gave the company a few options for getting the automobile back: They could file a lawsuit against the agency or pay an administrative fee of 10% of the vehicle's market value plus storage and transportation fees. They were also given the option of taking no action and leaving the vehicle in Border Patrol custody.

Mendoza says he was contacted by Border Patrol after the company's lawyer

submitted paperwork related to the incident. During the call, Mendoza says the agent told him that paying the administrative fee would be an easier option than taking it to court.

"Cheaper," is how he worded it," says Mendoza. "We should just pay the fines — go the administrative route, and he'd give the car back."

The company chose to pay the fines and was charged over \$2,000 to get the vehicle back.

But there doesn't seem to be any way for the company to get back the seized products and cash — around \$250, according to Evans. Even more troubling: Mendoza and Evans say that Border Patrol never sent any paperwork documenting how much product or cash was seized.

"We were never even given a seizure list of what they took," Mendoza says. He also says when he contacted Border Patrol about the incident, the agents at first refused to identify themselves. "They didn't even want to give me their names or badge numbers."

Evans says she was given conflicting reports on whether the company would receive documentation.

"I did speak to one of the agents at the El Paso sector, and he said that they're not required to give us any type of documentation." She says another agent who worked at the checkpoint said the opposite. "He said that we should have been given documentation as to what was seized and what was taken," Evans says.

It's also unclear what caused the August stop in the first place. According to Evans, the employee driving the vehicle was asked what he was transporting and gave agents a copy of the manifest. She says it was only after the agents inspected the manifest that they brought out a drug-sniffing dog.

Matt Kennicott, CEO and co-founder of cannabis industry association The Plug, says operators are working with the New Mexico congressional delegation to seek a policy change.

"Cannabis businesses provide over 5,000 jobs and contribute more than \$1 billion to New Mexico's economy," he says. "The continued bullying of the legal cannabis industry must end."



dreaming of Dash

Sunday, Nov. 3

Sid Cutter Pavilion  
at Balloon Fiesta Park

D



GGIE

DASH & DAWDLE 2024

Register Today

AnimalHumaneNM.org/Dash2024








# Blunts.

## cannabis news shorts

Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

## Florida Judge Dismisses Ad Lawsuit

By Josh Lee, The Paper.

A Florida judge has dismissed a lawsuit against Gov. Ron DeSantis that accused him of inappropriately using state taxes to fund campaign messages against legalizing marijuana in the state.

DeSantis and the Florida Department of Transportation (FDOT) have been criticized for a number of public service announcements that appear to have been created to influence residents to vote against a ballot initiative that would legalize adult-use cannabis.

The announcements have included messages that claim that legal cannabis can

lead to higher car insurance premiums and warn marijuana can damage children's brain development. There were even ads that tied marijuana use to domestic violence.

Although none of the announcements explicitly mentioned the proposal to legalize recreational weed, advocates accused the governor of using taxpayer dollars to fund political messages, which is illegal in the state. Democratic state Sen. Jason Pizzo filed a lawsuit against FDOT over the ads in early October.

But a Florida judge dismissed the suit last week, saying that Pizzo lacked standing and the ads didn't mention the initiative.

### Arkansas court throws out legalization measure

Last week, the Arkansas Supreme Court ruled that a ballot initiative that would have expanded medical marijuana did not clearly explain all of its effects. Since it's too late to remove the measure, the court has ordered election officials not to count any votes cast for it.

According to the court, the initiative wasn't clear on the fact that it would block legislators from ever altering the 2016 medical cannabis law.

But Arkansans for Patient Access, the advocacy group behind the initiative, argued past amendment measures haven't needed to fully summarize the law being changed and the amendment was clear.

The initiative would have waived the application fee for medical cannabis cards and allow health care providers to conduct patient assessments via online video conferencing. It would also have eased some restrictions on cannabis advertising.

### Texas cities vote to decriminalize

Early voting is underway in Texas and four cities will get the chance to decide on whether to decriminalize marijuana.

The biggest city to vote on the issue is Dallas, where an initiative would decriminalize misdemeanor marijuana possession within the city limits. The proposal recently garnered media attention when country music star and marijuana advocate Willie Nelson came out in support.

The proposal was backed by Austin-based nonprofit Ground Game Texas, the same group behind similar initiatives on ballots in Bastrop, McAllen and Lockhart.

Texas Attorney General Ken Paxton unsuccessfully launched lawsuits against the cities of Austin, San Marcos, Killeen, Elgin and Denton for voting to decriminalize cannabis last year, arguing at the time that the initiatives contradicted state law.



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STATE OF NEW MEXICO  
COUNTY OF BERNALILLO  
SECOND JUDICIAL DISTRICT  
COURT

No. D-202-PB-2024-00761

IN THE MATTER OF THE ESTATE  
OF  
DONNA ELDREDGE, Deceased

**NOTICE TO CREDITORS**  
NOTICE IS HEREBY GIVEN that Robert Van Stan Eldredge, II, has been appointed personal representative of this estate. All persons having claims against this estate are required to present their claims within four (4) months after the date of the first publication of this notice or within sixty (60) days after mailing or other delivery of this notice, whichever is later, or the claims will be forever barred. Claims must be presented either to: 1) the undersigned personal representative at his attorney's address as listed below; or 2) filed with the Second Judicial District Court at the following address: 400 Lomas Blvd NW, Albuquerque, New Mexico 87102.  
DATED: October 10, 2024

Respectfully submitted,

HURLEY TOEVS STYLES HAMBLIN  
& PANTER PA

By *Electronically signed /s/ Thomas H. Toevs*  
Thomas H. Toevs, Esq.  
Attorneys for Personal Representative  
PO Box 31670  
Albuquerque, NM 87109  
(505) 888-1188

STATE OF NEW MEXICO  
COUNTY OF BERNALILLO  
SECOND JUDICIAL DISTRICT

NO. D-202-DM-2024-02032

IN THE MATTER OF THE KINSHIP  
GUARDIANSHIP  
OF A.A.J.A., C.T.A., C.P.J.A.,  
J.J.M.M., minor children.

AND CONCERNING

Gabriella Romero, Petitioner, and  
Jerry Armenta and Joe Martinez,  
Respondents.

AMENDED NOTICE OF PENDENCY  
OF ACTION

STATE OF NEW MEXICO to the  
above-named Respondent Joe Marti-  
nez, GREETINGS:

You are hereby notified that the  
above-named Petitioner has filed a  
Petition for Kinship Guardianship of

Jesse Jane Monroe Martinez, born  
August 2016, in Bernalillo Coun-  
ty, New Mexico to Cheryl Martinez  
(deceased) and potential father, Joe  
Martinez.

You are further notified that unless  
you file a written response to the  
Petition by no later than thirty days  
from this publication with the Court  
Clerk, Second Judicial District Court,  
Bernalillo County, New Mexico, with  
a copy to the Petitioner's attorney, or  
appear at the hearing on December 9,  
2024, the Court may enter a default  
judgment in your absence.

Petitioner's attorney:  
/s/Verenice Peregrino Pompa  
Verenice Peregrino Pompa  
Pegasus Legal Services for Children  
505 Marquette Ave NW Suite 1350  
Albuquerque, NM 87102  
505-244-1101

STATE OF NEW MEXICO  
COUNTY OF BERNALILLO  
SECOND JUDICIAL DISTRICT  
COURT

Justin Sanchez Martinez  
Petitioner,  
VS.

Tamara Sanchez Martinez  
Respondent.

NO. D-202-DM-2024-01024  
NOTICE OF PENDENCY OF AC-  
TION

FILED IN MY OFFICE 2ND JUDI-  
CIAL DISTRICT COURT  
BERNALILLO COUNTY, NM  
KATINA WATSON CLERK OF THE  
COURT 10/10/2024 8:27 am Mark  
Macaron II

STATE OF NEW MEXICO to the  
above-named Respondent (s), Greet-  
ings:

You are hereby notified that the  
above-named Petitioner has filed a  
civil action against you in the above  
entitled Court and cause, the general  
object thereof being:

Petition for Dissolution of Marriage  
(title of petition)

Unless you enter your appearance in  
said cause on or before thirty (30)  
days after the last date of publication,  
a judgment by default will be entered  
against you.

Name and Address of Petitioner or  
Petitioner's Attorney:  
Justin Sanchez Martinez  
12050 Menaul Blvd. NE  
Apt. D  
Albuquerque, NM 87112

WITNESS the Honorable Jane C.  
Levy, District Judge of the Second  
Judicial District Court  
of the State of New Mexico, and the  
seal of the District Court of Bernalillo  
County, on this the 10th  
day of October, 2024.  
KATINA WATSON  
CLERK OF THE DISTRICT COURT  
SECOND JUDICIAL DISTRICT  
COURT CLERK OF THE COURT

Rev. 7-11-2018

4B-501. Notice to creditors by publi-  
cation and notice to creditors by writ-  
ten notice (mailing or other delivery).  
[For use with Rules 1B-304, 1B-306,  
and 1B-401 NMRA]

STATE OF NEW MEXICO  
IN THE PROBATE COURT Bernalillo  
COUNTY  
IN THE MATTER OF THE ESTATE  
OF

No. 2024 1002

Sakae Smith

DECEASED.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that  
the undersigned has been appointed  
personal representative of the estate  
of the decedent. All persons having  
claims against the estate of the dece-  
dent are required to present their  
claims within four (4) months after  
the date of the first publication of any  
published notice to creditors or sixty  
(60) days after the date of mailing or  
other delivery of this notice, whichev-  
er is later, or the claims will be forev-  
er barred. Claims must be presented  
either to the undersigned personal  
representative at the address listed  
below, or filed with the Probate Court  
of Bernalillo County, New Mexico,  
located at the following address: 415  
Silver Ave Sw, Albuquerque, NM  
87102

Dated: October 15, 2024.

epresentative

Margaret Smith

name

7319 General Kearny DR NE

Address

Albuquerque, NM 87109 City, state,

and ZIP code

Telephone number (optional)

Email address (optional)

USE NOTE

See NMSA 1978, Sections 45-3-801  
to 45-3-803 for notice to creditors  
provisions. [Approved, effective  
September 15, 2000; as amended  
by Supreme Court Order No. 07-  
8300-005, effective March 1, 2007;  
4B-301 recompiled and amended as  
4B-501 by Supreme Court Order No.  
18-8300-014, effective for all cases  
pending or filed on or after December  
31, 2018.]

Provided Courtesy of Bernalillo  
County Court of Wills, Estate and  
Probate

STATE OF NEW MEXICO COUNTY  
OF BERNALILLO  
SECOND JUDICIAL DISTRICT  
IN THE MATTER OF THE ESTATE  
OF ROBERT DEAN MCGINNIS,  
DECEASED.

NO. D-202-PB-2024-00752

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that  
Phillip Beasley, has been appointed  
Personal Representative of the Estate  
of the Decedent. All persons having  
claims against the Estate of the Dece-  
dent are required to present their  
claims within four (4) months after  
the date of the first publication of any  
published notice to creditors or sixty  
(60) days after the date of mail-  
ing or other delivery of this notice,  
whichever is later, or the claims will  
be forever barred. Claims must be  
presented by delivering or mailing a  
written statement of the claim to the  
Personal Representative, c/o Sutin,  
Thayer & Browne, P.O. Box 1945,  
Albuquerque, New Mexico 87103, or  
filed with the  
District Court.

DATED this 10th day of October,  
2024.

Respectfully submitted,  
SUTIN, THAYER & BROWNE  
A Professional Corporation  
By /s/ Lisa Y.W. Cosper  
Lisa Y.W. Cosper  
Attorney for Personal Representative  
P. O. Box 1945  
Albuquerque, New Mexico 87103  
(505) 883-2500  
7256661

Scan to place your legal



ad or public notice

The Paper.



FREE WILL ASTROLOGY

Week of October 30

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**ARIES (March 21-April 19):** Many people believe in the existence of ghosts. If you’re not yet one of them, you may be soon. The spirit world is more open than usual to your curiosity and explorations. Keep in mind, though, that the contacts you make might not be with ghosts in the usual sense of that term. They might be deceased ancestors coming to deliver clues and blessings. They could be angels, guardian spirits, or shapeshifting messengers. Don’t be afraid. Some may be weird, but they’re not dangerous. Learn what you can from them, but don’t assume they’re omniscient and infallible. Halloween costume suggestion: one of your ancestors.

**TAURUS (April 20-May 20):** When you attended kindergarten, did you ever share your delicious peanut butter and jelly sandwich with friends who didn’t like the broccoli and carrots in their lunch boxes? If so, you may be well-primed to capitalize on the opportunities now in your vicinity. Your generous actions will be potent catalysts for good luck. Your eagerness to bestow blessings and share your resources will bring you rewards. Your skill at enhancing other people’s fortunes may attract unexpected favors. Halloween costume suggestion: philanthropist, charity worker, or an angel who gives away peanut butter and jelly sandwiches.

**GEMINI (May 21-June 20):** For you, dear Gemini, the coming weeks could be the least superstitious time ever. There will be no such thing as bad luck, good luck, or weird luck. Fears rooted in old misunderstandings will be irrelevant. Irrational worries about unlikely outcomes will be disproven. You will discover reasons to shed paranoid thoughts and nervous fantasies. Speaking on behalf of your higher self, I authorize you to put your supple trust in logical thinking, objective research, and rational analysis. Halloween costume suggestion: a famous scientist you respect.

**CANCER (June 21-July 22):** Which sign of the zodiac is sexiest? Smoldering Scorpions, who are so inherently seductive they don’t even have to try to be? Radiant Leos, whose charisma and commanding presence may feel irresistible? Electrifying Aries, who grab our attention with their power to excite and inspire us? In accordance with current astrological omens, I name you Cancerians as the sexiest sign for the next three weeks. Your emotional potency and nurturing intelligence will tempt us to dive into the depths with you and explore the lyrical mysteries of intimate linkage. Halloween costume suggestion: sex god, sex goddess, or the nonbinary Hindu deity Ardhanarishvara.

**LEO (July 23-Aug. 22):** In ancient Egypt, onions were precious because they symbolized the many-layered nature of life. Just as some modern people swear oaths while placing a hand on a Bible, an Egyptian might have pledged a crucial vow while holding an onion. Would you consider adopting your own personal version of their practice in the coming weeks, Leo? It is the oath-taking season for you—a time when you will be wise to consider deep commitments and sacred resolutions. Halloween costume suggestion: a spiritual initiate or devotee.

**VIRGO (Aug. 23-Sept. 22):** Two of the world’s most famous paintings are the *Mona Lisa* and *The Last Supper*. Both were made by Leonardo da Vinci (1452–1519), one of the world’s most famous painters. Yet the brilliant artist left us with only 24 paintings in total, many of which were unfinished. Why? Here are two of several reasons: He worked slowly and procrastinated constantly. In the coming months, Virgo, I feel you will have resemblances to the version of da Vinci who created *The Last Supper* and the *Mona Lisa*. Some of your best, most enduring work will bloom. You will be at the peak of your unique powers. Halloween costume suggestion: Leonardo da Vinci or some great maestro.

**LIBRA (Sept. 23-Oct. 22):** “When you are faced with a choice between two paths, it’s always better to take the most difficult one.” What!? No! That’s not true! A shamanic psychotherapist gave me that bad advice when I was young, and I am glad I did not heed it. My life has been so much better because I learn from joy and pleasure as much as from hardship. Yes, sometimes it’s right to choose the most challenging option, but on many occasions, we are wise to opt for what brings fun adventures and free-flowing opportunities for creative expression. That’s what I wish for you right now. Halloween costume suggestion: a hedonist, a liberator, a bliss specialist.

**SCORPIO (Oct. 23-Nov. 21):** Scorpio painter Pablo Picasso has been described as a “masterfully erratic pioneer.” He influenced every art movement of the 20th century. His painting *Guernica* is a renowned anti-war statement. Though he was a Communist, he amassed great wealth and owned five homes. Today, his collected work is valued at over \$800 million. By the way, he was the most prolific artist who ever lived, producing almost 150,000 pieces. I nominate him to be your role model in the coming weeks. You are due for a Season of Successful Excess. Halloween costume suggestion: an eccentric, charismatic genius.

**SAGITTARIUS (Nov. 22-Dec. 21):** Sagittarian Keith Richards, guitar player for the Rolling Stones since 1962, is a gritty, rugged man notorious for his rowdy carousing. Lots of observers predicted he would die at a young age because of his boisterous lifestyle, yet today he is 81 years old and still partying. But here’s his confession: “I never sleep alone. If there is no one to sleep next to, I’ll sleep next to a stuffed animal. It makes me feel secure and safe. It’s a little embarrassing to admit it. It’s important to me, though.” I bring this up, Sagittarius, because I feel that no matter how wild and free you are, you will be wise to ensure that you feel extra secure and supported for a while. Halloween costume suggestion: a stuffed animal or a lover of stuffed animals.

**CAPRICORN (Dec. 22-Jan. 19):** Halloween offers us a valuable psychological opportunity. We can pretend to perform our shadowy, wounded, and unripe qualities without suffering the consequences of literally acting them out. We can acknowledge them as part of our make-up, helping to ensure they won’t develop the explosive, unpredictable power that repressed qualities can acquire. We may even gently mock our immature qualities with sly humor, diminishing the possibility they will sabotage us. All that’s a preamble for my Halloween costume suggestion for you: a dictator or tyrant. If you have fun playing with your control-freak fantasies, you will be less likely to over-express them in real life.

**AQUARIUS (Jan. 20-Feb. 18):** Paganism and astrology have key affinities. For instance, they both understand that our personal rhythms are connected with the Earth’s cycles. I bring this to your attention because we are in the season that pagans call Samhain, halfway between the equinox and solstice. For Aquarians, this festival marks a time when you are wise to honor and nurture your highest ambitions. You can generate fun and good fortune by focusing on lofty goals that express your finest talents and offer your most unique gifts. How might you boost your passion and capacity to make your mark on the world? Halloween costume suggestion: your dream career.

**PISCES (Feb. 19-March 20):** I like how you are opening, widening, and heightening! Keep up the good work, Pisces! I am cheering you on as you amplify, stretch, augment, and burgeon. Here’s a small alert, though: You may be expanding so fast and so far that it’s a challenge for less expansive people to keep up—even your allies. To allay their worries, be generous in sharing the fruits of your thriving spaciousness. Let them know you don’t require them to match your rate of growth. You could also show them this horoscope. Halloween costume suggestion: a broader, brighter, bolder version of yourself.

“That’s Unreal” --I still made this, so not to worry.

by Matt Jones

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© 2024 Matt Jones

Across

1. “Ivanhoe” author Sir Walter —
6. Scary Spice’s other nickname
10. Mar.-to-Nov. period
13. Prefix with pod
15. “Bob Wehadababyits\_\_\_” (fake collect call name in a 1990s Geico ad)
16. Shout of realization
17. Nonsense, to a religion that advocates world unity?
19. Comedian Mayall of “The Young Ones”
20. Direct, as a relationship
21. Martini garnish
23. Garr of “Young Frankenstein”
24. Assertion upon recognizing the peninsula linking Africa with the Middle East?
27. Picnic bug
29. What may make NATO neat?
30. Cuban dance
34. Sea-\_\_\_ Airport
35. “Pericles, Prince of \_\_\_”
39. Series of interlinked Hawaiian verandas?
42. Greek vowels
43. Makeshift dwelling
44. Slight difference
45. Roswell sightings
47. Giants Hall-of-Famer Mel
48. Instruction on how to get to the Burj Khalifa?
52. Arena cheers
56. Completely
57. Forms a line, to Lineker
60. Send a question
61. Humble response from an Alaskan peninsula?
64. Jeans brand
65. March Madness org.
66. Respectable
67. Waze lines, for short
68. “\_\_\_, Interrupted” (1999 film)
69. Twill weave

Down

1. Wooden shoe
2. Construction zone lifter
3. Multiple-choice choice
4. “Not \_\_\_ know of”
5. Threesome
6. “Speed-the-Plow” playwright
7. Regress
8. Rocker Reed

9. “Golly!”
10. “Beyond the Sea” singer Bobby
11. Hindu god of destruction
12. “Oh Myyy!” author
14. “What have we here?”
18. Cohesive group
22. “Goodfellas” actor Ray
25. “Game of Thrones” actor Bean
26. Impersonator’s challenge, sometimes
27. Poke bowl fish
28. Ballpark trayful
30. Cavs, on a scoreboard
31. Porkpie, e.g.
32. Actress de Armas
33. Fast \_\_\_ (restaurant category for Chipotle and Wingstop)
34. Sticks for blasts
36. Chinese principle with a counterpart
37. Mythical flyer
38. Suffix with ethyl
40. Drive out
41. “Freedom, \_\_\_ me loose” (line from the Beyoncé song used for Kamala Harris’ campaign)
46. Type of workplace cabinet
47. Work for an orchestra
48. Older TV features
49. Not yet solidified
50. Makes a Battenberg
51. Matching
52. Shearsmith who co-created and co-stars in “Inside No. 9”
53. “Up” voice actor Ed
54. Celebrity chef Eddie who wrote “Fresh Off the Boat”
55. Ill will
58. Abbr. at O’Hare
59. Ualapue strings
62. 13, converted to binary, then converted to Roman numerals
63. Pickle holder

The Paper.

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2	1	2		Г	И	В	Г			2	Е	В	Г	Е
Г	Е	Е		И	С	В	В			Д	Е	С	Е	И
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# "SHE SAVED MY LIFE"

Albuquerque resident Dawn R. had been experiencing the painful side effects of Peripheral Neuropathy. **"My feet and legs were extremely painful and my doctor told me there was nothing they could do. That I would have to take Gabapentin for the rest of my life."**  
Then she met Albuquerque's very own Dr. Andrea Brogdon

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 30 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on glass." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

**Unfortunately Dawn's story is all too familiar for over 3 million people in the U.S. suffering from Peripheral Neuropathy.**

If you're unfortunate enough to be facing the same disheartening prognosis you're not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You're struggling with balance and living in fear that you might fall. Your doctor told you to 'just live with the pain' and you're taking medications that aren't working or have uncomfortable side effects.

Fortunately, four months ago Dawn read an article about Dr. Andrea Brogdon and the work she was doing to treat those suffering from

Peripheral Neuropathy, without invasive surgeries or medications.

Dr. Brogdon, founder of AAIM | Albuquerque Acupuncture & Integrative Medicine, is using the tested science of acupuncture and a technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

**"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I don't have pain coming up my legs," Dawn enthusiastically describes life after receiving Dr. Brogdon's treatments.**  
**"I can wear socks and shoes!"**

Dawn and her sister now operate a successful dog walking business, sometimes covering up to 5 miles a day.

**"It's life altering. As far as I'm concerned Dr. Brogdon saved my life!"**

Dr. Brogdon is helping the senior community using the most cutting edge and innovative integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed 'hopeless' or 'untreatable', she consistently generates unparalleled results.

What was once a missing link in senior healthcare is now easily accessible to the residents of Albuquerque.



If you've missed too many tee times because of pain or you've passed on dancing because you're afraid of falling, it's time to call Dr. Brogdon and the staff at AAIM.

**It's time you let your golden years BE GOLDEN!**

Dr. Brogdon is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new neuropathy patients will be accepted before the end of June so call (505) 355-1984 now to schedule a consultation.

**PERIPHERAL NEUROPATHY?**  
**Call (505) 355-1984**  
**to schedule a consultation!**

**10400 Academy Rd NE Suite 210**  
**Albuquerque, NM 87111**  
**WWW.AAIM-ABQ.COM**