

The Paper. October 23, 2024



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City Council Asks Voters to Weigh-in On Who Can Fire Police, Fire Chiefs

Two questions on the ballot this year consider city charter changes



APD Chief Harold Medina and Mayor Tim Keller. (Roberto E. Rosales / City Desk ABQ)

Desk Published at City Desk ABQ, a local nonprofit daily This story was originally newsroom covering local government, politics and

more. If you like this story, please support local, independent journalists like these by reading more and donating today at citydesk.org

By Elizabeth McCall, City Desk ABQ

lbuquerque voters will see two questions on their ballots this election that propose changes to the city's charter.

One charter amendment would allow the council to have the same amount of say as Mayor Tim Keller has in firing police and fire chiefs. The other amendment would create a process for filling vacancies on a three-member committee that resolves disputes between the mayor and the council.

What would the "removal of office" amendment do?

The first proposed charter amendment on the ballot, if approved by voters, would allow the council to fire a police or fire chief without cause with a 7-2 vote.

The police and fire chiefs would have an employment agreement with the city, which the mayor could terminate with cause. The council however would be able to fire a fire or police chief without cause.

Some councilors have been critical about how Albuquerque Police Department (APD) Chief Harold Medina acted following a car accident he was involved in earlier this year — especially Councilor Louie Sanchez, who asked a law enforcement board

to investigate Medina because of the incident.

APD refused to comment on the ballot questions.

In an emailed statement to City Desk ABQ, Albuquerque Fire Rescue Chief Emily Jaramillo said it is "concerning that a chief could be removed without cause under the new proposal."

In an emailed statement to City Desk ABQ, Keller said there were initial concerns about the measure but the administration worked with the council to put the revised proposals on the ballot.

Now, the proposal to change the way we hire and fire public safety chiefs gives reasonable checks to both the mayor and council," Keller said.

What would the "separation of powers" amendment do?

If approved by voters, the second charter question on the ballot would set a process that ensures vacancies on a committee that tackles disputes between the mayor and council are filled in a timely manner.

The proposal would require the mayor to appoint one member of the intragovernmental conference committee 30 days before the preceding appointee's term expires or immediately after the appointee resigns. The city charter already requires the council to appoint another member. Those two members are required to appoint a third member to serve as the chair.

According to the amendment, "if either the mayor or City Council fails to name a replacement committee member within 60 days of vacancy, the other body shall make the appointment."

Weak in Review 1 Oct. 23 Quick hits on this week's news bits

Albuquerque Police, along with NM Game and Fish, found a mountain lion in a Northeast Heights neighborhood and relocated it in the Manzano Mountains.

Not to be confused with cougars in your neighborhood looking for love.



Gov. Michelle Lujan Grisham cited an increased population at the Metropolitan Detention Center as one of the reasons her now-abandoned gun ban was successful.

How progressive.

Actor Bryan Cranston reprised his role of Walter White for New Mexico's latest antilittering ad campaign.

Remember kids, if you litter, Heisenberg will kill you.



The city's Solid Waste Department says there are 2,000 outstanding requests for new residential trash can replacements or repairs.

Is Cranston still around?

Donald Trump donned an apron and slung fries at a Pennsylvania McDonalds.

This was a real missed opportunity to launch a'"Make McDonald's Sell Ice Cream Again" campaign.





A Real Voice For You

CHOICE is a woman's fundamental right. I will fight to keep legislators and local governments from infringing on that right.

WATER IS LIFE, but it's becoming increasingly scarce for many New Mexicans. We can do more to assist those in agriculture. There are dozens of ideas. All cost money, but it would be money well spent.

A **DIVERSE** economy is also a strong economy. I will support the progress that has been made in renewable energy sources and more.

We must **REDUCE GUN VIOLENCE** and make our schools safer. I believe gun owners must be more than "lawful". Gun owners must be **RESPONSIBLE**.

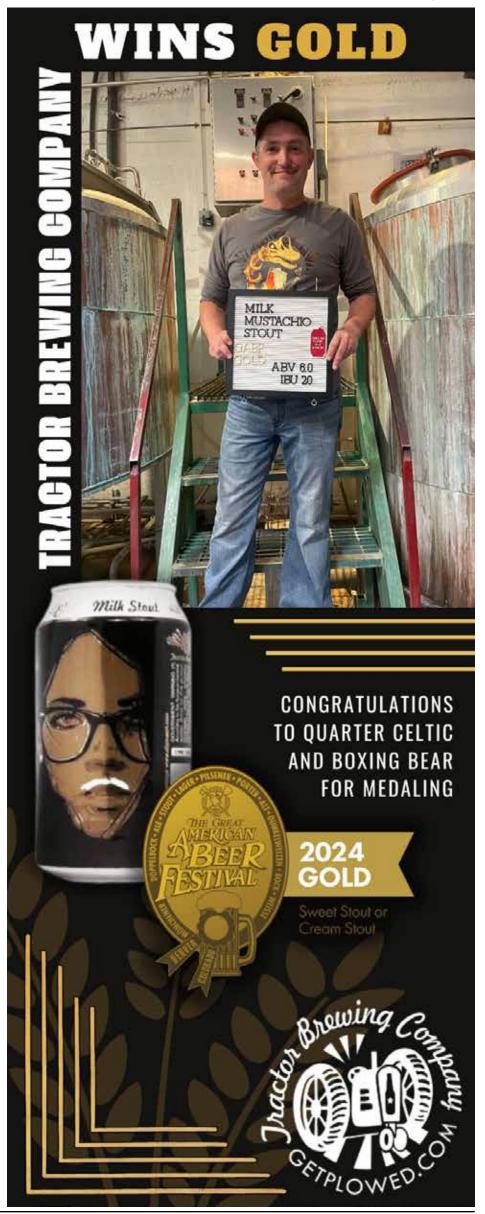
Our children need a good quality education from *CRADLE to CAREER*.

A **SEVERE DOCTOR SHORTAGE** is an ongoing problem in NM. I will work "across the aisle" to find solutions.

VOTE Fred Ponzlov for NM HD 22

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Dark Red Horror Film Festival

Red Horror Film Festival returns to Albuquerque Oct. 25 through 27. The 2024 lineup includes loads of indie horror shorts from around the world. It all comes to life Friday, Oct. 25, with an Espooky Mercado filled with creepy merchants at the National Hispanic Cultural Center (1701 Fourth SW) from 4 to 8 p.m. Red Carpet Meet & Mingle starts at 5:30 p.m. and film screenings get underway at 6:30 p.m. inside the NHCC's Bank of America Theater. On Saturday, there's an indie filmmaking panel and workshop starting at 1 p.m. Film blocks start up again at 3 p.m. On Sunday action switches over to Guild Cinema (3405 Central Ave. NE) with film blocks beginning at 3 p.m. Block screenings are \$15 each, all-day passes are \$35. For all the dark details, go to darkredhorror.com/drff-2024.

DEATHGASM (2015) Live Metal by SUSPENDED and VISIONS OF DEATH Fri Oct 25 Music 7:30, Movie 9:30pm Haunting EYES WITHOUT A FACE (1960) Sat-Sun Oct 26-27 1:00pm Live musicians, video premiere, and more: AJ WOODS ALBUM RELEASE PARTY Saturday October 26 7:00pm 94 Rock: EXORCIST III: LEGION (1990) Saturday October 26 10:30pm DARK RED HORROR FILM FESTIVAL Sun Oct 27 3:00, 5:15, 7:30, 9:30pm Director in person! ABOVE THE TREES Monday October 28 4:00, 7:00pm Peter Lorre Double Feature Oct 29-31 Iconic, ultra-creepy, unhinged 1935 horror romance MAD LOVE 3:00, 6:45 Strange, shocking 1946 psych-horror BEAST WITH FIVE FINGERS 4:45, 8:15 3405 Central Ave NE 255-1848 www.guildcinema.com



THURSDAY, OCTOBER 24

Discussion / Lecture

"American Elections and Democracy and Dictatorship Around the World" by Dr. Mark Peceny, Professor of Political Science, University of New Mexico \$0-\$20 4 pm Special Collections Library 423 Central Ave NE

Millennial Morticians with ABQ Brews: Death Doula Edition 6-8 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Exhibit

Desert Stories: The Art of Kelly Frye & Jazmin Novak 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Haunted Scarecrow: American Horror Theater \$20-\$25 Wednesday and Thursday 7 PM to 11 PM || Friday and Saturday 7 PM to 12 AM Haunted Scarecrow 2122 Central Ave SE

Jennifer Nehrbass • Pioneer Project Thursday-Saturday llam-4pm Richard Levy Gallery 514 Central Ave SW

Poeh Ah Ka Wohatsey: The Emergence Teachings of Resilience 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Games

Geeks Who Drink 7-9 pm Sunday Service Motor Company 2701 4th Street NW

Geeks Who Drink 7-9 pm Outpost 1706 301 Romero St NW

Miscellaneous

Dead Famous: Billy the Kid 7-9 pm Painted Lady Bed & Brew 1100 Bellamah Ave. NW

Pumpkin Carving Party 6-9 pm Restoration Pizza 5161 Lang Ave. NE Ste. A

Music

Calle 66 \$10 8-10 pm QBar Lounge Hotel Albuquerque at Õld Town 800 Rio Grande Blvd. NW

Dark Honey Karaoke 6-9 pm Gold Street Pizza & Brew 3211 Coors Blvd. SW Suite Hl

Gregg Daigle & Friends 6-9 pm Canteen Brewhouse 2381 Aztec Road Northeast



Here We Go Again as NMGMC presents our annual movie singalong. Get ready to have the time of your life! Come dressed for the Greek Isles or in your finest disco as we sing and dance like queens to hit songs from **ABBA**.

This year we will be joined by special guests, **ABBAquerque**. Enjoy classic movie concessions and refreshments from **Tractor Brewing**. It's a fun way to help support NMGMC as we kick off our 44th Season.

Tickets & Information at NMGMC.org





Special Guests: ABBAquerque

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International Thursdays 9 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Karaoke w/ Swords Entertainment 7:30-11:30 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Minami Deutsch \$15 7-11 pm Sister 407 Central Ave. NW

Paul & Ieva Cataldo 7-9 pm Tractor Brewing Nob Hill 118 Tulane SE

Pop Punk Nite: Halloween by Van Full of Nuns! \$15-\$20 8-11:30 pm Launchpad 618 Central Ave SW

The Ephinjis with Wavelength and Thomas y Palacio 8-10 pm JUNO brewery + cafe + art 1501 lst St NW

Vinyl Club 6-9 pm Enchanted Botanicals Nobhill 3417 Central Ave. NE

Zakir Hussain with Rahul Sharma \$25-\$75 7:30-9:30 pm St Johns United Methodist Church 2626 Arizona NE

Performance

Dracula: A Comedy of Terrors \$32-\$35 7:30-9:30 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

Drag-O-Lantern - Halloween Drag Show & Costume Contest \$25 8-10 pm Marble Brewery NE Heights 9904 Montgomery Blvd NE

What the Constitution Means to Me \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd. NE

FRIDAY, OCTOBER 25

Class / Workshop

Paint and Puff Halloween Edition \$40 6-9 pm The Mothership Alumni 105 4th St. SW

Comedy

Alfred Robles \$25-\$35 9:30-11 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo

Dry Heat Presents \$15 9:30-11 pm Dry Heat Comedy Club 100 Gold Ave SW Suite 112

Danc

Friday Night Square Dancing \$8-\$97-9 pm Albuquerque Square Dance Center 4915 Hawkins St NE

Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 7:30 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Exhibit

Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Family/Kids

BCSO's 2nd Annual Trunk or Treat 5:30-7:30 pm Bernalillo County Sheriff's Office 400 Roma Ave. NW

Film

Androidvision: Heavy Metal Horror Night \$12 6:30-10:30 pm Guild Cinema 3405 Central Ave NE

Dark Red Film Festival \$15-\$100 6:30-10:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

Literature/Poetry

Book Launch Party: Eli Revelle Yano Wilson 4-6 pm Bosque Brewing Co. Nob Hill Public House 106 Girard Blvd. SE B

Markets

2nd Annual Espooky Mercado 4-8 pm National Hispanic Cultural Center 1701 4th Street Southwest

Miscellaneous

Scary Movie Night - "Ghost Adventures" 7-9 pm Painted Lady Bed & Brew 1100 Bellamah Ave. NW

Music

Ana Barbara: Reina Grupera Tour \$39-\$69 8:30-10:30 pm Kiva Auditorium 2nd St & Marquette Northeast

Asking Alexandria: All My Friends North American Tour 2024 \$39 6:30-10:30 pm Revel Entertainment Center 4720 Alexander Blvd NE

Esther Rose \$25 7-11 pm Sister 407 Central Ave. NW

Night of the Living Cover Bands 2024 - Night 7 \$8 6 pm-2 am Launchpad 618 Central Ave SW

RJ Perez 6-9 pm Boxing Bear Brewing Co. (Firestone Taproom and Brewery) 8420 Firestone Lane NE

Soul & Rocksteady All Vinyl Night: Spooky Spins Edition 8-11 pm Tractor Brewing Nob Hill 118 Tulane SE

We House Fridays Halloween Special ft. Aimmia \$10 9 pm-2 am Moonlight Lounge 120 Central Ave SW

Performance

Atomic Halloween Extravaganza Feat. Glitz Biarritz, Faded Flannel, Aroana \$5 8-11:30 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Dr. Jekyll & Mr. Hyde \$15-\$24 7:30-9:30 pm Adobe Theater 9813 4th St NW

Dracula: A Comedy of Terrors \$32-\$35 7:30-9:30 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

Girls Night Out Drag Show \$10 9-11 pm Backstage at Revel 4720 Alexander Blvd

What the Constitution Means to Me \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd. NE

SATURDAY, OCTOBER 26

Comedy

Alfred Robles \$25-\$35 7-8:30 & 9:30-11 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo

Dry Heat Presents \$15 9:30-11 pm Dry Heat Comedy Club 100 Gold Ave SW Suite 112

Monster Sets \$15 7:30-9 pm The Box Performance Space 114 Gold Ave SW

The Dinner Detective Comedy Mystery Dinner Show \$66 6-9 pm Albuquerque Marriott 2101 Louisiana Blvd NE

Community

Downtown Growers' Market 8 am-12 pm Robinson Park 810 Copper Ave NW

Dance

Soaring Eagle Dance Group (Zuni Pueblo) 11 am-12 & 2-3 pm pm Indian Pueblo Cultural Center 2401 12th Street NW

Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 7:30 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Exhibit

Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Family/Kids

"Better Than Candy" Trick or Treat Event 10 am-1 pm Mama's Minerals 2500 12th St. NW Bldg. F

Halloween Glow N' Stroll: A Spooktacular Night \$8 6:30-8:30 pm Albuquerque Garden Center 10120 Lomas Blvd NE

IPCC's Family Story Time: Grandmother Spider Brings the Sun 1-2 pm Indian Pueblo Cultural Center 2401 12th St NW

Eastive

Dia de los Muertos in Old Town: Family Day 10 am-8:30 pm Old Town Albuquerque 2005 N. Plaza St. NW

Santa Claus Photography Mini Sessions \$55 9 am-12 pm Escape in Time 1100 San Mateo Blvd NE, Unit 21

The Official Halloween Bar Crawl -Albuquerque - 7th Annual \$10 4-11:45 pm Bourbon & Boots 325 Central Ave NW

Film

Dark Red Film Festival \$15-\$100 3-10:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

Food

BOOzy Brunch 10 am-3 pm Damacios Bar & Tapas 722 Central Ave. SW

Game

Scary Movie Bingo 7-9 pm Painted Lady Bed & Brew 1100 Bellamah Ave. NW

Miscellaneous

DogBoo - Downtown Growers' Market Annual Dog Costume Contest 10:30 am-12 pm Robinson Park 810 Copper Ave NW Albuquerque

Ghouls on Parade: Halloween Festival & Parade 2024 4-7 pm Morningside Park 300 Aliso Ave. NE

Homegirls Mercado Presents: Lupita's Celebration of Life 9 am-12 pm El Chante: Casa De Cultura 804 Park Ave SW

Pumpkin Carving Party 6-9 pm Bosque Brewing Co. Nob Hill Public House 106 Girard Blvd. SE B

Music

Disclaimers - Live pop covers from the 80s, 90s, 00s 7-10 pm Hops and Dough Taproom 6361 Riverside Plaza Ln

Fall Festival ft. High Desert Playboys 2-7 pm Rumor Brewing Co 28 Arroyo Seco Rd., Cedar Crest

Hot Flash ABQ Presents: 3rd Annual Womxn's Dance & Halloween Costume Contest \$15-\$20 7-11:30 pm Backstage at Revel 4720 Alexander Blvd NE

January Storm 7-10 pm Hops and Dough Taproom 6361 Riverside Plaza Ln



Kidz Bop Live \$28-\$48 6-8 pm Isleta Amphitheater 5601 University Blvd

SE (Formerly Hard Rock Casino Albuquerque Presents the Pavilion)

Outpost Performance Space 210 Yale

Mr. Gnome \$12 1:30-4 pm Launchpad 618 Central Ave SW

Night of the Living Cover Bands 2024 - Night 8 \$8 6 pm-2 am Launchpad 618 Central Ave SW

Prince Daddy & The Hyena \$20 7-11 pm Sunshine Theater 120 Central Ave SW

Sabor Latin Night \$5-\$10 9 pm-1 am Hotel Andaluz 125 Second St. NW

Saturday Night Techno Affair Halloween Special ft. Anoluxx \$12 9 pm-2 am Insideout 622 Central Ave SW

Slacker University Presents: It's A 2000's Party Halloween \$31 9:30 pm-1:30 am Revel Entertainment Center 4720 Alexander Blvd NE

The Motown and Soul Music Show \$35-\$42 6-8 pm African American Performing Arts Center 310 San Pedro NE

The Thrilla! 80's Halloween, Zombie, Apocalypse 8 pm-1 am Sister 407 Central Ave. NW





mr Gnome Returns to the 505 8-11:45 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Performance

Dr. Jekyll & Mr. Hyde \$15-\$24 7:30-9:30 pm Adobe Theater 9813 4th St NW

Dracula: A Comedy of Terrors \$32-\$35 7:30-9:30 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

Lotus Sound Bath at Nirguna Yoga \$40 6:30 pm Nirguna Yoga 1930 Juan Tabo Blvd NE

What the Constitution Means to Me \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd. NE

SUNDAY, OCTOBER 27

Comedy

Bob Garfield Presents: The Conundrum of Jewish Identity \$17-\$35 2-4 pm JCC of Greater Albuquerque 5520 Wyoming Blvd NE

Stand-up Comedy: NAX & KOA \$57-9 pm The Nob Hill Stage 3619 Copper Avenue Northeast

Community

Sunday Meditation sittings: Open to all 10 am-12 pm Albuquerque Shambhala Meditation Center 1102 Mountain Rd. NW

Danc

Soaring Eagle Dance Group (Zuni Pueblo) 11 am-12 & 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

Vorsicht: the Fall UNM Student Dance Concert \$8-\$12 2 pm Elizabeth Waters Center for Dance at Carlisle Gym 301 Yale Blvd NE

Exhibit

Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th St NW

Family/Kids

Spooky Trunk or Treat 3-6 pm Vegos 4003 Carlisle Blvd NE

Festival

Dia de los Muertos in Old Town: Day of the Tread 9 am-8 pm Old Town Albuquerque 2005 N. Plaza St. NW

Film

Dark Red Film Festival \$15-\$100 3-11:30 pm Guild Cinema 3405 Central Ave NE

Food

BOOzy Brunch 10 am-3 pm Damacios Bar & Tapas 722 Central Ave. SW

Whisky Dinner \$140 6-8 pm Two Fools Tavern 3211 Central Ave NE

Game

Brain Gang Trivia 5-7 pm Lizard Tail Brewing Nob Hill 3417 Central Ave. NE Suite C

Brain Gang Trivia 2-4 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Markets

Rail Yard Market: Pumpkin Contest Day 10 am-2 pm Albuquerque Rail Yards 722 3rd St SW

Music

Bowling For Soup - A Hangover You Don't Deserve 20th Anniversary Tour \$30-\$80 7:30-11:30 pm Historic El Rey Theatre 622 Central Ave SW

DJ Shadow \$30 8-11 pm Sunshine Theater 120 Central Ave SW

Juanes \$44 8-11 pm Revel Entertainment Center 4720 Alexander Blvd NE

MercyMe 7 pm Rio Rancho Events Center 3001 Civic Center Cir NE, Rio Rancho

Slim Belly Blues Band 2-4 pm Marble Brewery NE Heights 9904 Montgomery Blvd NE

The Gold Souls 4-7 pm Canteen Brewhouse 2381 Aztec Road Northeast

Performance

Dr. Jekyll & Mr. Hyde \$15-\$24 2-4 pm Adobe Theater 9813 4th St NW

Dracula: A Comedy of Terrors \$32-\$35 2-4 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

Opera Southwest: Puccini's Madama Butterfly \$29-\$109 2-4:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

What the Constitution Means to Me \$19-\$24 2-4 pm Vortex Theatre 2900 Carlisle Blvd. NE

MONDAY, OCTOBER 28

Class / Workshop

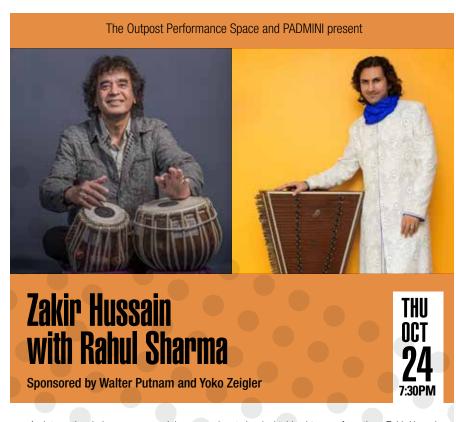
Sabor Cubano - Casino Salsa \$20-\$60 5:30-7:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

Yoga at Harwood 5:45-6:45 pm Harwood Art Center 1114 7th Street NW

Comedy

Monday Comedy Nights 7-9 pm Flatiron Bites & Brews 6001 San Mateo Blvd NE

VIEW THE FULL CALENDAR ONLINE AT CALENDAR.ABQ.NEWS



An international phenomenon and the pre-eminent classical tabla virtuoso of our time, Zakir Hussain returns to New Mexico with premier santoor maestro, Rahul Sharma, in remembrance of Rahul's father, the legendary Pandit Shivkumar Sharma, who is widely acclaimed for bringing the santoor to the classical concert stage and whose concerts with Zakir Hussain for five decades were considered among the greatest musical feasts of our time.

Thursday, October 24, 2024 | 7:30pm

St. John's United Methodist Church, 2626 Arizona Street NE, Albuquerque, NM \$25-\$75 with \$10 Discount for Outpost Members/Students (no Member Passes) outpostspace.org





"I HAVE TWO WORDS FOR LONG COVID: THE WORST!"

Albuquerque resident Eric T had been suffering from the lingering effects of Long Covid symptoms. That was until he met Albuquerque's Dr. Andrea Brogdon of Albuquerque Acupuncture & Integrative Medicine and got his life back!

While the initial alarm of the Covid-19 outbreak has subsided, the fallout from the pandemic is ongoing. Many continue to feel long term impacts from their infection. In fact, nearly 23 million Americans (and 100 million people globally) have learned that regardless of the severity of their initial infection, they may continue to experience debilitating symptoms for weeks, months or even years. In a number of these cases, symptoms worsen with time, even turning deadly.

"I got Covid early last year and it was pretty bad," shares Eric. "I was hospitalized for 9 days and there was a point where I wasn't sure I was going to make it. I'm still here so I guess God had other plans but months passed and I was still gasping for air. I couldn't do everyday tasks like cut the grass or work in the yard, much less enjoy a quick bike ride. And then there was what my doctor called, 'brain fog'. I'd lose my train of thought mid-sentence or forget words for stupid things like plates and toilet paper. It felt like I'd had a stroke more than it did a virus."

Officially dubbed Long Covid, the aftermath of the original virus has taken on a life of its own. Dozens of symptoms have been reported and include everything from shortness of breath and cognitive issues to a sudden onset of diabetes and cardiothoracic conditions. These symptoms are so well-documented and common that those suffering now qualify for disability assistance.

Unfortunately for Eric and so many others, the treatment options thus far have been limited. "I started with my primary care doctor and saw specialist after specialist. A pulmonologist finally told me, 'This is the best we can do for you, it's time you start thinking about how you're going to live with Long Covid.' Apparently, their best was letting me live what felt like half a life."

Eric wasn't satisfied with that and decided to do his own research, which is how he ended up at AAIM Albuquerque Acupuncture & Integrative Medicine in Albuquerque.

"I fully believe the human body has the ability to heal itself, but sometimes it needs a little push. I've used acupuncture in the past to help me through a bout of sciatica and just knew if anyone could help me with this Long Covid business, it was going to be Dr. Brogdon."

You might think that a novel virus needs a novel solution, but if so, you'd only be half right. While the staff at AAIM Acupuncture does use innovative solutions like ATP Resonance BioTherapy® to combat Long Covid, because it aids in the healing and repair of specific cells and tissues, it's a much more time-tested science that's getting patients back to living their lives.

"Our O3 ReBoot Therapy® has all-encompassing and powerful healing capabilities," shares Dr. Brogdon. "Ozone therapy has been used since the 1800's and was actually a popular tool for Doctors during the first world war because of its antibacterial, antiviral, and anti-inflammatory properties. We use it today to inactivate any residual Covid virus, stimulate oxygen metabolism, and activate the immune system. The whole treatment takes about 15 minutes and is completely noninvasive."

As with AAIM's other services, O3 ReBoot Therapy® requires consistent and repeated treatment to achieve measurable and long-lasting results.

LONG COVID?

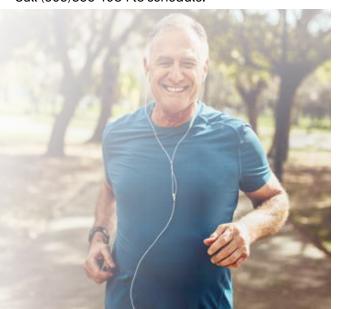
Call (505) 355-1984

to schedule a consultation!

"I'm in my second month of treatment and back to riding my bike and breathing better than before I even had Covid. Everyone [at AAIM] has been amazing! I really feel taken care of every time I walk in the door." says Eric.

Dr. Andrea Brogdon, AAIM's founder and leading practitioner, has been successfully treating chronic pain and complicated conditions for over two decades. She has pioneered effective protocols to treat seemingly hopeless conditions like peripheral neuropathy, fibromyalgia, and postherpetic neuralgia. When Covid-19 emerged three years ago, she and her team got right to work researching and developing therapies that would effectively address that complex virus. Based on the testimony of patients like Eric, it seems their efforts have been a smashing success.

For more information, visit AAIM-abq.com. In an effort to do their part in helping people through this difficult time, they are waiving the \$240 new patient consultation fee for Long Covid patients. Call (505)355-1984 to schedule.



10400 Academy Rd NE Suite 210 Albuquerque, NM 87111 WWW.AAIM-ABQ.COM

[ARTS & CULTURE.]



Terrance Tsosie describes the terrain and fauna surrounding the Sandia Mountains as a group from North Carolina views the wonders of New Mexico. (Roberto E. Rosales / The Paper.)

By Michael Hodock, The Paper.

Tolks are lined up to ride the tram to Sandia Peak at 9 a.m. on a windy Wednesday in October. If riders are lucky, they might get the operator sporting an infectious smile, long black hair with bleached blond tips pulled back by his Sandia Peak Tramway bandana.

"So you folks are gonna get ready for our blue tower. It's coming up. It's kind of spooky so people get kind of scared, but it's actually fun," Terrance Tsosie tells riders as he shuttles them up the mountain. "You folks can get as loud as you can, or raise your hands in 3, 2, 1...

The riders who are packed into the sold out passenger car actually do raise their hands and yell. It's all part of an average day for Tsosie, who has amassed a sizable social media following of locals and tourists alike.

Tsosie has worked at the Sandia Peak Tramway since 2015 and he's earned some internet clout posting about his lofty position at the tram to thousands of followers on his social media accounts. Tsosie, who picked up the torch from his uncle who showed him the ropes — or cables — has become a local celebrity of sorts, thanks to timelapse videos of him at work and selfies with celebrities he's met on the job. His coworkers say Tsosie's internet presence continually brings in new visitors looking to

meet the tram operator who goes by "Positive Terrance" and his easy going and optimistic nature has earned him the nickname "Pozzie" at work.

Positive prowess

Tsosie says when he graduated high school, all he wanted to do was work in music. His nickname "Positive Terrance" is a nod to the straight edge music subculture created by musicians and fans who abstain from drinking and smoking, but the nickname quickly took on a new meaning when people started to realize that the rocker from the Naschitti community of the Navajo Nation has a heart of gold. Even when he's not at work and enjoying a good rock show, Tsosie wants to take care of his positively infectious smile.

"I love to throw down in the pit, but I'm always worried about my teeth," he says.

When given the chance to talk about himself and his social media persona, Tsosie steers the conversation toward music. He says everyone knows him for loving a band called Turnstile from Baltimore and his social media accounts are decorated with pics of him wearing the band's merch. He's a fan of the harder, faster, more energetic musical genres, and from ages 19 to 26, he worked as a band promoter in Gallup.

He's still a part of the music scene but it isn't his main hustle anymore.

"I just realized I wasn't happy, you know? Putting forward the effort and not being recognized for it," Tsosie says. "When I started working at the Tram it was different because I would do the tram operating and people would hear me talk about things, and it would lead to some people saying, 'Hey, you want to go on a hot air balloon ride tomorrow?"

Inspirational quotes such as "these gold leaves keep me on track" or "no man is a lost cause" caption hundreds of posts on his social media pages. Online posts also include photos of him throwing up a set of heavy metal horns in front of a couple who just got engaged on the Sandia Peak observation deck, posing with the mayor, or kicking it with celebrities, letting the citizens of Albuquerque and his thousands of followers know he's up there keeping things positive.

Tsosie says there are a lot of famous people he's seen and met over the years — Josh Brolin, Vanessa Hudgens, Hugh Jackman, cast members like Sadie Sink of Stranger Things — and he's got the selfies to prove it. Tsosie says getting the photos has been easy and a quick scroll through his social media accounts will yield photos of just about every celebrity he's met except Lawrence Fishburne.

'He's the only one that was like, 'No picture, please.'" Tsosie says.

Based on his demeanor alone, no one would ever know Tsosie was denied a photo opportunity

by Morpheus himself and most are likely unaware that the eversmiling tram operator found himself traversing the mountain for money thanks to a family member.

Tsosie says his uncle Brian Captain got him the job when Tsosie was staying with his parents in Naschitti.

'Really home's with my parents," he says. "Which is like hours and hours away. I actually haven't seen them in over a year. On the reservation there's not much going on for bands that I wanna see.'

Tsosie worked with his uncle for six years before Captain's death in 2020. Michael Donovan, general manager at Sandia Peak Tramway, says he's gotten to know the family personally and holds a special place in his heart for them.

'Brian was another special person. He was a console pilot here, and a shift supervisor as well, worked for the tram for many years," Donovan says. "When I came back to the tram, as the operations manager, Brian was very instrumental in helping

'Somebody that just crawls into your

Tsosie's commitment to the job is undeniable, he estimates that he's made the round-trip tram ride more than 3,000 times 200 of those trips have been on top of the tram's passenger car.

T'm a cabin operator, but I wish it was called 'tour guide' because I feel like we do guided tours," Tsosie says.

Donovan agrees, and says Tsosie is "somebody that just crawls into your heart" and connects with the older crowd just as much as he does the young passengers.

"They're actually ambassadors to Albuquerque. You'd be surprised on any given tram ride, the questions that our cabin attendants are asked about where to eat, where to go, art exhibits, you know, other off the beaten path things to do," he says. "Terrance is uniquely connected to the art, skateboard, and a lot of alternative music scenes in Albuquerque, to help people connect fun things to do.'

Tsosie says he loves his job so much, he doesn't skip work on days most people would prefer to

If I wasn't working on my birthday, I don't think I'd

CONTINUED ON PAGE 11

CONTINUED FROM PAGE 10

celebrate it much," Tsosie says.
"Everyone sings me Happy
Birthday.' They find out because
your coworkers tell them, but
you don't tell them. It feels like a
birthday birthday. So it's cool."

He is often requested by repeat guests. Trish Wonders, who has worked with the tram for over 18 years, has known Tsosie since he started.

"When we reopened after Covid, Terrence didn't come right back," she says. "People would show up and they'd say, 'We want to be on Terrence's tram,' and when he wasn't here they'd turn around and leave."

Tsosie says that everyone starts out with a month of being a tram cabin operator, but those who prove themselves can be promoted to the "upper terminal overnight" position. Tsosie, who now holds that honor, says one of the perks of overnight shifts is getting a good night's rest and waking up to the sun rising over the Sandias.

"I just love nature," he says.
"There's squirrels that hang out
on the observation deck and I
always eat sunflower seeds or
pumpkin seeds. I'll just eat it
somewhere on the observation
deck and then a squirrel will
come up and stand up raising his
hands and I'll record it."





Terrance Tsosie connects with tourists by sharing videos of himself doing things like riding on top of the tram cars. (Roberto E. Rosales / The Paper.)

Tsosie says when the tram is in "dock" overnight it's charging, kind of like a really big phone plugged into a wall.

"Someone needs to be on the panel to control it to come back down, so that's why we need someone overnight," he says. "When you're up there, you're just looking out for people, kinda like security because people actually drive up and hike around there and it's kinda spooky."

He says he hears strange noises at night but it usually ends up being a mule deer, which makes for some cool content to post. He often spots bears or ringtail cats and says every now and then an adventurous night hiker will pay him a visit, but they're usually just lost. "People will knock on the door and be like, 'Can we use the restroom?' or 'I'm lost, I need help, I didn't know it'd be so tough to hike up here," he says. "It's a situation I don't want to deal with, but at the same time, I'm the only person up here that can help."

Tsosie says he likes overnights more now. He'll relax and watch something on Youtube or Netflix that makes him laugh like *The Simpsons* or *Family Guy*.

"I love comedy. I don't wanna watch Horror. One thing that scared me for a long time was a year ago I watched *Midsommar*," Tsosie says. "When I did my overnights I was scared, like, is there gonna be a cult up here? I was like, 'I'm never watching something like that again.' Or horror. Like never."

Tsosie's positive attitude and life outlook rubs off on everyone he meets at his job — even celebrities — and it's hard not to smile when you see him. On that windy Wednesday morning, it's even colder at the peak, but Tsosie's kind words and unwavering grin warm things up as he ushers riders off to his coworker Wonders, who welcomes them at the upper terminal.

"All right, we're gonna dock here. Get ready. Bump," he says to passengers who laugh a little at his joke, and a little with relief that the car has rested safely. "Trish is gonna open the door for you. It is chilly up here, so it's good to have a jacket."



Terrance Tsosie is a tram car guide in Albuquerque with a unique and contagious personality that attracts riders and has made him internet famous.
(Roberto E. Rosales / The Paper.)

Bipartisan Index Shows Which Members of Congress Work Across the Aisle

Intertainerturnedpolitician Kinky Friedman was asked in 2006 about getting the Democrats and Republicans to work together.



Sherry Robinson

He responded, "I'm running for governor, not God."

After months of political advertising that's more punishing than enlightening, the likelihood of anybody working together to get something done seems remote, despite all their fine language about "reaching across the aisle."

And yet, sometimes they do. There's even a measure of how often this happens in Congress.

In 2015 two organizations created the Bipartisan Index to rank how often members of Congress work across party lines. The Lugar Center and Georgetown University's McCourt School of Public Policy said at the time that "hyper-partisanship has frequently paralyzed congressional decision-making and led both Republicans and

Democrats to fail the most basic tests of governance."

The Bipartisan Index looks at how often a member co-sponsors a bill that was introduced by the other party and how often a member introduces a bill that attracts co-sponsors from the other party.

"The aim of the Index is to highlight members' willingness to get results, regardless of party," wrote the two founders, former Sen. Richard Lugar, R-Indiana, and Edward Montgomery, dean of the McCourt School.

New Mexico's congressional delegations since 2015 have been mostly in the middle, but former Reps. Yvette Herrell, Republican, and Michelle Lujan Grisham, Democrat, notched the two worst rankings.

In the most recent index (118th Congress, first session, in 2023), Rep. Gabe Vasquez, a Democrat, ranked 117th of 436 representatives. Fellow Dems Rep. Teresa Leger Fernandez and Rep. Melanie Stansbury were 315th and 373rd. First on the national list that period was Rep. Brian Fitzpatrick, R-Pa.; at the bottom was Rep. Jim Jordan,

R-Ohio. Next to last was Rep. Alexandria Ocasio-Cortez, D-N.Y.

(Some lawmakers are not ranked because they've served briefly. Majority and minority leaders are also excluded.)

In the 117th Congress (2021-2022), Rep. Yvette Herrell ranked 425th of 441. Leger Fernandez and Stansbury were 223rd and 226th. Herrell was not far from Rep. Lauren Boebert, R-Colo., who was last, and Marjorie Taylor Greene, R-Ga., who was next to last.

The Senate is a different story, with the state's two senators maintaining respectable rankings. In the most recent index, Sen. Ben Ray Lujan was 36th of 98 senators ranked, and Sen. Martin Heinrich was 56th. In first place was Sen. Susan Collins, R-Maine; in last place was Sen. Katie Britt, R-Ala.

What can we learn here? Gabe Vasquez scored his 117th place after redistricting transformed the shape of CD2, leaving it competitive with a slight tilt toward Democrats. Still, Vasquez's score indicates he wasn't taking political survival for granted and was out to show he could work with

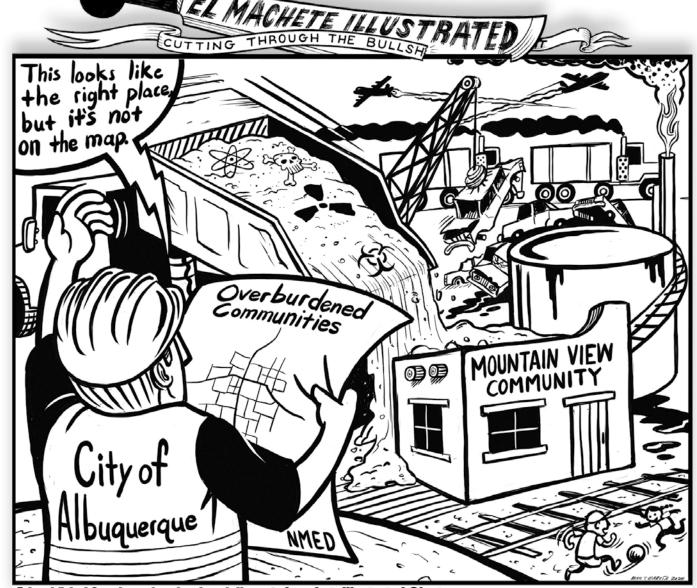
both sides. The lowest ranking for a New Mexican from 2021 to 2023 belongs to Herrell, who served her term before redistricting, when CD2 was more Republican. She and other occupants of the list's lower reaches apparently didn't feel a need to cross the aisle.

Ben Ray Lujan, in the House and the Senate, has steadily improved his rank, meaning that he has found more opportunities to work with Republicans. Lujan has regularly scored above Heinrich, and Heinrich's rankings have been in the middle.

Fun facts: In the 115th Congress, Rep. Steve Pearce, who today is Republican Party chairman, ranked 265th, and Lujan Grisham, now governor, ranked 357th. In the 114th Congress, Pearce ranked 289th, and Lujan Grisham ranked 300th. In the 113th Congress, Lujan Grisham ranked 284th, and Pearce ranked 351st.

The Bipartisan Index is one more bite of information in a smorgasbord of analysis. But if you're tired of congressional gridlock and want to know who will reach out to the other party, the index can help.





Friend Eric J Garcia on facebook or follow at elmacheteillustrated @instagram.



Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

Nebraska Petition Challenges Clog Works

By Josh Lee, The Paper.

A Nebraska district judge says a legal challenge over two medical cannabis measures may not be resolved in time for the Nov. 5 election.

The case surrounds claims that many of the signatures included in two petitions related to medical cannabis ballot initiatives are suspected of being invalid due to fraud.

Nearly 90,000 petition signatures were certified by the Nebraska secretary of state, but the lawsuit, filed in September, challenges about 17,000 signatures per petition. The secretary of state has questioned 49,000 signatures per petition, citing fraud and notary malfeasance.

The suit alleges that thousands of signatures should have been discarded either because the signers were not registered voters, duplicative signatures, improper notarizations, improper circulator payment disclosures or incomplete voter information.

A district court judge recently proposed splitting the trial into two phases. The first phase will assess whether enough signatures can be invalidated due to errors or fraud claims. If enough signatures are challenged, the second phase would then allow petitioners to defend the signatures. The Attorney General's Office will be bringing in a handwriting expert to analyze the petitions.

While the attorneys for the initiatives' sponsors expressed concern that the trial could negatively impact voters who might get the impression the initiative would be invalidated, the judge said the trial timeline would provide fairness to both sides and that the measures would still remain on the ballot.

California hemp industry takes a hit

A California court has denied a request to block emergency regulations banning consumable hemp products in the state.

The emergency rules would ban all hemp products with detectable amounts of THC. Hemp industry stakeholders filed a request for a temporary restraining order, arguing the new rules would cause irreparable harm to businesses.

But earlier this month, a judge ruled that monetary losses do not constitute "irreparable harm" and that public safety outweighs the economic needs of the hemp industry.

In a news release, California Gov. Gavin Newsom praised the court's decision, saying the ban would protect public health and prevent unregulated hemp THC products from being sold to children. He said industry concerns are "more about protecting their profit than the public."

The state's hemp industry leaders say they plan to continue the legal battle.

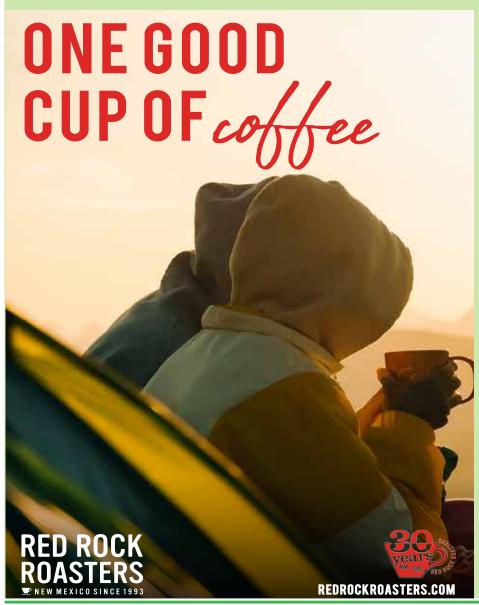
Oklahoma police seize more than 21,000 weed plants

Last week, the Oklahoma Bureau of Narcotics (OBN) Marijuana Enforcement Teams reportedly seized 21,360 marijuana plants and 518 pounds of processed marijuana from illicit weed farms that obtained their OBN registrations through fraud.

The OBN said the raids were part of an ongoing investigation into so-called "straw ownership" schemes in which out-of-state financiers bypass Oklahoma laws requiring that all cannabis businesses be locally owned by recruiting state residents to pose as business owners. At least one person was arrested during the raids

Officials told reporters there might be more arrests and seizures in the future.

Medical cannabis is legal in Oklahoma, but recreational weed is not.





STATE OF NEW MEXICO IN THE PROBATE COURT BERNALIL-LO COUNTY

IN THE MATTER OF THE ESTATE OF TRAVIS RAY FOWLER, Deceased. ENDORSED FILED IN MY OFFICE THIS SEP 26 2024

LINDA STOVER COUNTY CLERK

No. 20241047 NOTICE TO CREDITORS NOTICE IS HEREBY GIVEN that Julie Anne Fowler has been appointed personal representative of the estate of the decedent, Travis Ray Fowler. All persons having claims against the estate of the decedent are required to present their claims within four (4) months after the date of the first publication of any published notice to creditors or the claims will be forever barred. Claims must be presented to the undersigned counsel of record for the personal representative at the address listed below and filed with the Probate Court of Bernalillo County, New

Respectfully submitted: LAW OFFICE OF DORENE A. KUFFER,

Dorene A. Kuffer Attorney for the Personal Representative Julie Anne Fowler 500 4th Street NW, Suite 250 Albuquerque, NM 87102 Office: (505) 924-1000

Fax: (505) 672-7768 Email: dorene@kufferlaw.com

STATE OF NEW MEXICO COUNTY OF BERNALILLO SECOND JUDICIAL DISTRICT

NO. D-202-DM-2024-02032

IN THE MATTER OF THE KINSHIP **GUARDIANSHIP** OF A.A.J.A., C.T.A., C.P.J.A., J.J.M.M., minor children.

AND CONCERNING

Gabriella Romero, Petitioner, and Jerry Armenta and Joe Martinez, Respondents.

AMENDED NOTICE OF PENDENCY OF ACTION

STATE OF NEW MEXICO to the abovenamed Respondent Joe Martinez, GREETINGS:

You are hereby notified that the abovenamed Petitioner has filed a Petition for Kinship Guardianship of Jesse Jane Monroe Martinez, born August 2016, in Bernalillo County, New Mexico to Cheryl Martinez (deceased) and potential father, Joe Martinez.

You are further notified that unless you file a written response to the Petition by no later than thirty days from this publication with the Court Clerk, Second Judicial District Court, Bernalillo County, New Mexico, with a copy to the Petitioner's attorney, or appear at the hearing on December 9, 2024, the Court may enter a default judgment in your absence.

Petitioner's attorney: /s/Verenice Peregrino Pompa Verenice Peregrino Pompa Pegasus Legal Services for Children 505 Marquette Ave NW Suite 1350 Albuquerque, NM 87102 505-244-1101

STATE OF NEW MEXICO COUNTY OF BERNALILLO

SECOND JUDICIAL DISTRICT IN THE MATTER OF THE ESTATE OF ROBERT DEAN MCGINNIS, DE-CEASED.

NO. D-202-PB-2024-00752 NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that Phillip Beasley, has been appointed Personal Representative of the Estate of the Decedent. All persons having claims against the Estate of the Decedent are required to present their claims within four (4) months after the date of the first publication of any published notice to creditors or sixty (60) days after the date of mailing or other delivery of this notice, whichever is later, or the claims will be forever barred. Claims must be presented by delivering or mailing a written statement of the claim to the Personal Representative, c/o Sutin, Thayer & Browne, P.O. Box 1945, Albuquerque, New Mexico 87103, or filed with the District Court.

DATED this 10th day of October, 2024. Respectfully submitted, SUTIN, THAYER & BROWNE A Professional Corporation By /s/ Lisa Y.W. Cosper Lisa Y.W. Cosper Attorney for Personal Representative P. O. Box 1945

Albuquerque, New Mexico 87103 (505) 883-2500 7256661

STATE OF NEW MEXICO COUNTY OF BERNALILLO SECOND JUDICIAL DISTRICT COURT Justin Sanchez Martinez Petitioner,

Tamara Sanchez Martinez Respondent. NO. D-202-DM-2024-01024 NOTICE OF PENDENCY OF ACTION FILED IN MY OFFICE 2ND JUDICIAL

DISTRICT COURT BERNALILLO COUNTY, NM KATINA WATSON CLERK OF THE COURT 10/10/2024 8:27 am Mark Mac-

STATE OF NEW MEXICO to the abovenamed Respondent (s), Greetings: You are hereby notified that the abovenamed Petitioner has filed a civil action against you in the above entitled Court and cause, the general object thereof being:

Petition for Dissolution of Marriage (title of petition)

Unless you enter your appearance in said cause on or before thirty (30) days after the last date of publication, a judgment by default will be entered against you. Name and Address of Petitioner or Petitioner's Attorney:

Justin Sanchez Martinez 12050 Menaul Blvd. NE

aron II

Albuquerque, NM 87112 WITNESS the Honorable Jane C. Levy, District Judge of the Second Judicial **District Court**

of the State of New Mexico, and the seal of the District Court of Bernalillo County, on this the 10th

day of October, 2024. KATINA WATSON CLERK OF THE DISTRICT COURT SECOND JUDICIAL DISTRICT COURT CLERK OF THE COURT

Rev. 7-11-2018

STATE OF NEW MEXICO COUNTY OF BERNALILLO SECOND JUDICIAL DISITRICT COURT

No. D-202-PB-2024-00761

IN THE MATTER OF THE ESTATE OF DONNA ELDREDGE, Deceased

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that Robert Van Stan Eldredge, II, has been appointed personal representative of this estate. All persons having claims against this estate are required to present their claims within four (4) months after the date of the first publication of this notice or within sixty (60) days after mailing or other delivery of this notice, whichever is later, or the claims will be forever barred. Claims must be presented either to: 1) the undersigned personal representative at his attorney's address as listed below; or 2) filed with the Second Judicial District Court at the following address: 400 Lomas Blvd NW, Albuquerque, New Mexico

DATED: October 10, 2024

Respectfully submitted,

HURLEY TOEVS STYLES HAMBLIN & PANTER PA

By *Electronically signed /s/ Thomas H.* Toevs Thomas H. Toevs, Esq. Attorneys for Personal Representative PO Box 31670

Albuquerque, NM 87109 (505) 888-1188

STATE OF NEW MEXICO COUNTY OF BERNALILLO SECOND JUDICIAL DISTRICT COURT

No. D-202-PB-2024-00669

IN THE MATTER OF THE ESTATE OF JERRY PURCELLA, DECEASED

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that ANNA-DINE PURCELLA has been appointed personal representative of this estate. All persons having claims against this estate are required to present their claims within four (4) months after the date of the first publication of this notice or within sixty (60) days after mailing or other delivery of this notice, whichever is later, or the claims will be forever barred. Claims must be presented either to: 1) the undersigned personal representative at his attorney's address as listed below; or 2) filed with the Second Judicial District Court at the following address: 400 Lomas Blvd NW, Albuquerque, New Mexico

DATED: September 13, 2024

Respectfully submitted,

HURLEY TOEVS STYLES HAMBLIN & PANTER PA

By *Electronically signed /s/ Mandeep S.* <u>Talwar</u> Mandeep S. Talwar, Esq. Attorneys for Personal Representative PO Box 31670 Albuquerque, NM 87109 (505) 888-1188

4B-501. Notice to creditors by publication and notice to creditors by written notice (mailing or other delivery). [For use with Rules 1B-304, 1B-306, and 1B-401 NMRA] STATE OF NEW MEXICO

IN THE PROBATE COURT Bernalillo COUNTY

IN THE MATTER OF THE ESTATE OF No. 2024 1002

Sakae Smith DECEASED.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed personal representative of the estate of the decedent. All persons having claims against the estate of the decedent are required to present their claims within four (4) months after the date of the first publication of any published notice to creditors or sixty (60) days after the date of mailing or other delivery of this notice, whichever is later, or the claims will be forever barred. Claims must be presented either to the undersigned personal representative at the address listed below, or filed with the Probate Court of Bernalillo County, New Mexico, located at the following address: 415 Silver Ave Sw, Albuquerque, NM 87102

Dated: October 15, 2024. epresentative

Margaret Smith

name 7319 General Kearny DR NE

Address Albuquerque, NM 87109 City, state, and

ZIP code Telephone number (optional)

Email address (optional) **USE NOTE**

See NMSA 1978, Sections 45-3-801 to 45-3-803 for notice to creditors provisions. [Approved, effective September 15, 2000; as amended by Supreme Court Order No. 07-8300-005, effective March 1, 2007; 4B-301 recompiled and amended as 4B-501 by Supreme Court Order No. 18-8300-014, effective for all cases pending or filed on or after December 31, 2018.]
Provided Courtesy of Bernalillo County Court of Wills, Estate and Probate



FREE WILL ASTROLOGY Week of October 23

© Copyright 2024 Rob Brezsny

ARIES (March 21-April 19): Secrets and hidden ARIES (March 21-April 19): Secrets and hidden agendas have been preventing you from getting an accurate picture of what's actually happening. But you now have the power to uncover them. I hope you will also consider the following bold moves: l. Seek insights that could be the key to your future sexiness. 2. Change an aspect of your life you've always wanted to change but have never been able to. 3. Find out how far you can safely go in exploring the undersides of things. 4. Help your allies in ways that will ultimately inspire them to help you.

TAURUS (April 20-May 20): From the early 1910s to the late 1920s, silent films were the only kind of films that were made. The proper technology wasn't available to pair sounds with images. "Talking pictures," or "talkies," finally came into prominence in the 1930s. Sadly, the majority of silent films, some of which were fine works of art, were poorly preserved or only exist now in second- or third-generation copies. I'm meditating on this situation as a metaphor for your life, Taurus. Are there parts of your history that seem lost, erased, or unavailable? The coming weeks will be an excellent time to try to recover them. Remembering and reviving your past can be a potent healing agent. be a potent healing agent.

GEMINI (May 21-June 20): An old proverb tells us, "You must run toward the future and catch it. It is not coming to meet you, but is fleeing from you, escaping into the unknown." This adage isn't true for you at all right now, Gemini. In fact, the future is dashing toward you from all directions. It is not shy or evasive, but is easer to embrace you and is full but is eager to embrace you and is full of welcoming energy. How should you or welcoming energy. How should you respond? I recommend you make yourself very grounded. Root yourself firmly in an understanding of who you are and what you want. Show the future clearly which parts of it you really want and which parts are uninteresting to you.

CANCER (June 21-July 22): Early in his musical career, Cancerian innovator Harry Partch played traditional instruments and composed a regular string quartet. But by age 29, he was inventing and building novel instruments that had never before been used. Among the materials he used in constructing his Zymo-Xyl, Eucal Blossom, constructing his Zymo-Xyl, Eucal Blossom and Chromelodeon were tree branches, light bulbs, and wine bottles. I'm inviting you to enter into a Harry Partch phase of your cycle, Cancerian. The coming weeks will be an excellent time to express your unique genius—whether that's in your art, your business, your personal life, or any other sphere where you love to express your authentic self.

LEO (July 23-Aug. 22): Life's unpredictable flow will bring you interesting new blessings if you revamp your fundamentals. Listen closely, Leo, because this is a subtle turn of events: A whole slew of good fortune will arrive if you joyfully initiate creative shifts in your approaches to talking, walking, exercising, eating, sleeping, meditating, and having fun. These aren't necessarily earth-shaking transformations. They may be as delicate and nuanced as the following: 1. adding amusing words to your vocabulary; 2. playfully hopping and skipping as you stroll along; 3. sampling new cuisines; 4. keeping a notebook or recorder by your bed to capture your dreams; 5. trying novel ways to open your mind and heart; 6. seeking fresh pleasures that surprise you. seeking fresh pleasures that surprise you.

VIRGO (Aug. 23-Sept. 22): In an old Irish folk tale, the fairies give a queen a crystal cauldron with special properties. If anyone speaks three falsehoods If anyone speaks three falsehoods in its presence, it cracks into three fragments. If someone utters three hearty truths while standing near it, the three pieces unite again. According to my metaphorical reading of your current destiny, Virgo, you are now in the vicinity of the broken cauldron. You have expressed one restorative truth, and need expressed one restorative truth, and need to proclaim two more. Be gently brave and bold as you provide the healing words.

LIBRA (Sept. 23-Oct. 22): Let's review the highlights of the recent months. First, you highlights of the recent months. First, you expanded your perspective, blew your mind, and raised your consciousness. That was fabulous! Next, you wandered around half-dazed and thoroughly enchanted, pleased with your new freedom and spaciousness. That, too, was fantastic! Then, you luxuriously indulged in the sheer enjoyment of your whimsical explorations and experimentations. Again, that was marvelous! Now you're ready to spend time integrating all the teachings and epiphanies that have surged into your life in recent months. This might be less exciting, but it's equally important.

SCORPIO (Oct. 23-Nov. 21): As a teenager, I loved the music of Jefferson Airplane. I recall sitting on the couch in my New Jersey home and listening to their albums over and over again. Years later, albums over and over again. Years later, I was performing on stage at a San Francisco nightclub with my band, World Entertainment War. In the audience was Paul Kantner, a founding member of Jefferson Airplane. After the show, he came backstage and introduced himself. He said he wanted his current band, Jefferson Starship, to cover two of my band's songs on his future album. Which he did. I suspect you will soon experience a comparable version of my story, Scorpio. Your past will show up bearing a gift for your future. A seed planted long ago will finally blossom.

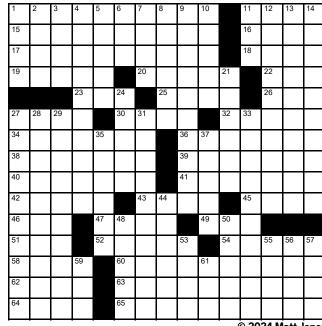
SAGITTARIUS (Nov. 22-Dec. 21): My horoscopes are directed toward horoscopes are directed toward individuals, not groups. Yet it's impossible to provide oracles about your personal destiny without considering the collective influences that affect you. Every day, you are impacted by the culture you live in. For instance, you encounter news media that present propaganda as information and regard cynicism as a sign of intellectual present propaganda as information and regard cynicism as a sign of intellectual vigor. You live on a planet where the climate is rapidly changing, endangering your stability and security. You are not a narrow-minded bigot who doles out hatred toward those who are unlike you, but you may have to deal with such people. I bring this to your attention, Sagittarius, because now is an excellent time to take an inventory of the world's negative influences—and initiate aggressive measures to protect yourself from them. Even further, I hope you will cultivate and embody positive alternatives.

CAPRICORN (Dec. 22-Jan. 19): I suspect you will be extra attractive, appealing, and engaging in the coming weeks. You may also be especially convincing, influential, and inspirational. What do you plan to do with all this potency? How will you wield your flair? Here's what I hope: You will dispense blessings everywhere you go. You will nurture the collective health and highest good of groups and communities highest good of groups and communities you are part of. PS: In unexpected ways, being unselfish will generate wonderful selfish benefits.

AQUARIUS (Jan. 20-Feb. 18): Do you fantasize about being a masterful manager of your world? Have you imagined the joy of being the supreme sovereign of your holy destiny? Do you love the idea of rebelling against anyone who imagines they have the right to tell you what you should do and who you are? If you answered yes to those questions, I have excellent news, Aquarius: You are now primed to take exciting steps to further the goals I described. Here's a helpful tip: Re-dedicate yourself to the fulfillment of your two deepest desires. Swear an oath to that intention.

PISCES (Feb. 19-March 20): The Liberation Season is here. How can you take maximum advantage of the emancipatory energies? Here are suggestions: 1. Plan adventures to frontier zones. 2. Sing and dance in the wilderness. 3. Experiment with fun and pleasure that are outside your usual repertoire. 4. Investigate what it would mean for you to be on the vanguard of your field. 5. Expand your understandings of sexuality. 6. Venture out on a pilgrimage. 7. Give yourself permission to fantasize extravagantly. 8. Consider engaging in a smart gamble. 8. Ramble, wander, and explore.

"30 For 30"--Thirty years*, so let's go themeless! by Matt Jones



© 2024 Matt Jones

Across

- 1. "Pulp Fiction" star [*November 4 marks the 30th anniversary of my professional crossword debut, so here's a throwback to that first puzzle!]
- 11. SALT concerns
- 15. "No, you got the wrong number, this is $___$ " (Chief Wiggum quote on "The Simpsons")
- 16. Devonshire cream lump 17. Vehicle in a 1967 thought experiment
- 18. Old board game that means "I play" in Latin 19. Garfunkel and
- (musical comedy duo)
- 20. To some degree
- 22. Jellied delicacy
- 23. Abbr. after Cleveland or Washington
- 25. Baltic Sea tributary
- 26. Dominant Mexican political party for most of the 20th century
- 27. Moliere play segment, maybe

- 30. "Benevolent" group
- 32. Alter
- 34. It's also called a "majestic plural"
- 36. First human in space
- 38. Gets at
- 39. Struggle
- 40. Hard hitters of ancient literature?
- 41. Specialized vocabularies
- 42. Dash instruments 43. Words before "I say!"
- 45. Even ___ (chance of Kamala Harris winning the election)
- 46. streak
- 47. Romanov ruler
- 49. Taco Bell's Live ___ Scholarship
- 51. Trucker's ID need
- 52. "Hoo boy ...'
- 54. Croupiers' equipment
- 58. CT scan units
- 60. Surgical protection
- 62. Vet school subj.
- 63. Compliment, for some
- 64. Chat signoff
- 65. Engaging

- 1. "Once more ___ the breach ..."
- 2. Paul Sorvino's daughter
- 3. In ___-so-distant future
- 4. Video visits with a doctor, e.g.
- 5. His most famous work opens with "Mars, the Bringer of War"
- 6. "Ceci n'est pas ___ pipe"
- 7. Co-authors Margret and H.A., for instance
- 8. New Zealand's highest peak
- 9. Party after prizes?
- 10. Sur's opposite
- 11. Letters often on an injury report
- 12. 1901-1904, in art history
- 13. Got with the times
- 14. Impassivity
- 21. Zaragoza's region
- 24. "Ratatouille" setting
- 27. Noble
- 28. "Police Academy" head rank
- 29. Norm's time to shine?
- 31. What shields allow you to take, in RPGs
- 33. Dip with fruit, onions, and salt
- 35. Snows
- 37. Workplace antidiscrimination focus
- 44. Talented talker
- 48. Lug
- 50. Laser gas
- 53. Cardinals' beaks
- 55. "Today" host until sometime in 2025
- 56. First name in jumping
- 57. Sun-baked
- 59. 2011 World Series hat letters
- 61. "Hollywood Squares" block

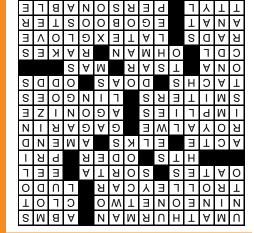
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