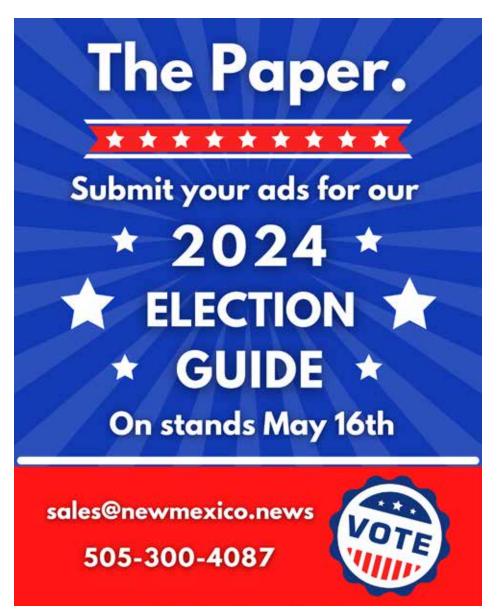


The Paper. May 8, 2024











alternative newsmedia

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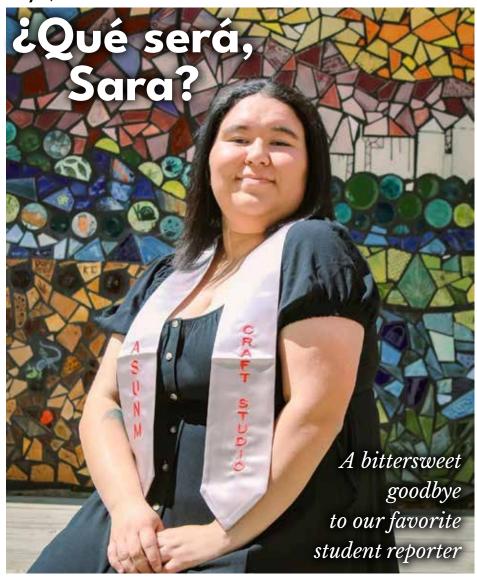
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By Andy Lyman, The Paper.

The sad truth about running a scrappy community newspaper is that sometimes we have to say goodbye to staff who have a certain je ne sais quoi.

That's especially true this week as The Paper. prepares to say goodbye to our student reporter Šara Atencio-Gonzales. Sara started at *The Paper*. last June as part of the New Mexico Local News Fund's fellowship program, but quickly caught the attention of her editors and was hired on as a part-time staff writer just as she began her senior year at the University of New Mexico.

Her time as a reporter here predates my time at the publication, but when I took the helm, her presence was a pleasant

I realized, almost immediately, that Sara was an invaluable asset to *The Paper*. Not only does she accept every assignment with enthusiasm, but she's also eager to learn and takes edits in stride. One of the first stories I assigned her required her to take a hot air balloon ride and write about her experience. There was little to no hesitation in her voice when Sara accepted the task and it wasn't until later I learned she's not a fan of heights or getting up before the sun rises.

Despite any trepidation she might have had, Sara was nothing but professional and quickly filed her story. One of her more recent stories was about an Indigenous food festival and one that served as a cover story for *The Paper*. I felt immense pride for Sara after seeing the final version of that story and thinking about how far she's come as a writer in such a short period of time.

I will miss Sara's wit and relaxed demeanor just as much as her commitment to our publication. During this year's legislative session, one of her classes required her to travel to Santa Fe once a week and write about what our lawmakers were up to. Despite spending a sizable chunk of her time out of the office, Sara always filed assignments on time and never once uttered a peep of frustration.

Sara's next adventure takes her to Syracuse University for graduate school and like any good journalist, she's headed out there early to get a lay of the land. I've got no doubt that Sara will excel in whatever she decides to do in life, but hopefully she'lll remember us at this little paper when she inevitably becomes a big shot — or at least a bigger shot than she already is.

Godspeed and good luck, Sara. We'll miss you!

Weak in Review: May 8

Quick hits on this week's news bits

Fans of Mexican lager, chips, salsa and parties celebrated Cinco de Mayo over the weekend.

Be kind to those who celebrate, some of us are of the age where a hangover lasts all week.



One such Cinco de Mayo celebration went down at the Isotopes stadium where the team played under their Mariachis de Nuevo México alter ego to a packed house, after Al Hurricane Jr. performed.

It doesn't get more Burgue than that.

The FBI issued a warning to New Mexicans that making threats online could come with some serious federal charges.

Nope, it can indeed get more Burque.

It's graduation season, which means throngs of youngsters will be looking for work.

This may come as a shock, and we're just throwing this out there: There's no degree required to write the Weak in Review.

Weed is slated to get rescheduled, making it just slightly less illegal on the federal level.

There's probably going to be a run on slacklines, hacky sacks and hula hoops too.



Albuquerque's Rail Yards Market officially kicked off last weekend.

A perfect spot to find a stash box for your rescheduled weed.

Mistik Dan was declared the winner of the Kentucky Derby after a three-way photo finish.

Mistik Dan is what we call our weird upstairs neighbor who's really into magic tricks.

Google announced it will ban online ads for programs that create fake porn using Al.

This is how the robots will take over, isn't it?

This weekend is Mother's Day.

Don't forget to call your mom. She's not mad, just worried.













Jake Shimabukuro

ay is Asian American and Pacific Islander Heritage Month, and AMP Concerts is celebrating with a concert by ukulele master and innovator Jake Shimabukuro. Born in Honolulu and initially taught by his mother, Shimabukuro is world-renowned for his fast and complex finger work. Over the years he has collaborated with the likes of Jimmy Buffett, Bette Midler, Willie Nelson, Ziggy Marley, Jack Johnson, Kenny Loggins and Alan Parsons. In 2021 he was nominated by President Joe Biden to be a member of the National Council on the Arts. On Friday, May 10 starting at 7:30pm, the barrier-breaking musician hits the stage at Albuquerque's KiMo Theatre (423 Central Ave. NW). Tickets are \$48 orchestra, \$38 mezzanine and \$28 balcony. Purchase them in advance by going to artsandculture.cabq. gov/3996/3998.

THURSDAY, MAY 9

Art Openings

Harwood Art Center Painting Exhibitions: Plein Air Collaborations by PALs and Jordan Caldwell 10am-3pm Harwood Art Center 1114 7th Street NW

Class / Workshop

DJ & Sewing programs from Warehouse 505 12-3pm on Saturdays Warehouse 505 202 Central Ave SE

FREE After School Art Programs with Warehouse 505 5-8pm Warehouse 505 202 Central Ave SE

Dance

Friday Night Square Dancing 7 - 9 PM Fridays Albuquerque Square Dance Center 4915 Hawkins St NE

Exhibit

Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Reflective Presence: The Art of Jesse Littlebird & Jonathan Loretto 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Witnessing Justice at Nuremberg: Nazi War Crimes Trials Through the Eyes of New Mexicans Dorothy Adams Greene and Lawrence Rhee 11:00 a.m. to 3 p.m. New Mexico Holocaust & Intolerance Museum 616 Central Avenue SW

Games

Brain Gang Trivia 6-8 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Geeks Who Drink 7-9 pm Sunday Service Motor Company 2701 4th Street NW

Geeks Who Drink 7-9 pm Outpost 1706 301 Romero St NW

Literature/Poetry

Voices of the Barrio: MindWell Slam Team 6:30-8:30 pm El Chante: Casa De Cultura 804 Park Ave SW

Music

Afro Beats X Reggaeton \$5 9 pm JUNO brewery + cafe + art 1501 1st Street Northwest

DHP Presents: Karaoke at Gold Street 6-9 pm Gold Street Pizza & Brew 3211 Coors Blvd SW Suite HI, Albquerque

Dark Honey Karaoke 6-9 pm Gold Street Pizza & Brew 3211 Coors Blvd SW Suite H1, Albquerque

Hillary Smith and Chillhouse 6-9 pm Rio Bravo Brewing Company 1912 Second St NW J. Boog \$27-\$77 8-11 pm Sunshine Theater 120 Central Ave SW

Jason Joshua \$25 8-11 pm Sister 407 Central Ave. NW

Joe Fonda: From the Source \$15-\$35 7:30-9:30 pm Outpost Performance Space 210 Yale Blvd., SE

Kamelot - Awaken The World Tour 2024 \$27-\$77 7-11 pm South Valley Library 3904 Isleta SW, 87105

Karaoke w/ Swords Entertainment 7:30-11:30 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

The Asteroids 6-8 pm Canteen Brewhouse 2381 Aztec Road Northeast

The Kipsies 5-7 pm South Valley Library 3904 Isleta SW, 87105

Wine Lips \$15 8-11 pm Launchpad 618 Central Avenue Southwest

Music - Classical

Ian Maksin - Songs of the Vagabond Cello \$17-\$35 7:30-9:30 pm Chatter 912 3rd St NW

Performance

Beetlejuice \$63-\$163 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

Carmen - en espanol May 4, 8, 10 at 7:30 pm, May 5, 11 and 12 at 2:00 pm National Hispanic Cultural Center * Albuquerque Journal Theatre 1701 4th St SW

Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114

FRIDAY, MAY 10

Comedy

Nancy Norton \$20-\$25 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

Dance

Cellicion Traditional Dance Group (Zuni Pueblo) 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd

World Ballet Series: Swan Lake \$65-\$125 7-9 pm Kiva Auditorium 2nd St & Marquette Northeast

Market:

Goth Night & Dark Market: Summer Goth Edition 8-11 pm Tractor Brewing Wells Park 1800 Fourth St.

Music

Doug Lawrence's Nuevo Mexicanos \$15-\$40 7:30-9:30 pm Outpost Performance Space 210 Yale Blvd., SF

Freud's Talking Head \$127:30-10 pm The Historic Lobo Theater - Lounge & Event Venue 3013 Central Ave NE

Friday Night Live: Larry Hamilton & The Power Trio 6-8:30 pm El Vado 2500 Central Ave SW

Jake Shimabukuro \$28-\$48 7:30-9:30 pm KiMo Theatre 423 Central Avenue NW

Live Salsa with Son Como Son \$10-\$40 8-11:30 pm JUNO brewery + cafe + art 1501 1st Street Northwest



Melissa Rios 6-9 pm Albuquerque Distilling 5001 Central Ave NE Suite A5

Night Club - The Masochist Tour \$17 9 pm-12:30 am Launchpad 618 Central Avenue Southwest

Orange Lala Vinyl Club Spins Out 8-11 pm Tractor Brewing Nob Hill 118 Tulane SE

RJ Perez 6-9 pm Boxing Bear Brewing Co. (FIrestone Taproom and Brewery) 8420 Firestone Lane NF

Route 66 Songwriters' Club Showcase 6-8:30 pm Ancora Cafe and Bakery 148 Quincy St NE

The Mango Cakes w/ Nosotros \$12 7-11:30 pm Sister 407 Central Ave. NW

We House Fridays f/ Gettoblaster \$10 9 pm-2 am Effex NightClub 420 Central Avenue Southwest

Performance

Beetlejuice \$63-\$163 7:30-9:30 pm Popejoy Hall 203 Cornell Dr





Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114

SATURDAY, MAY 11

Art Openings

Black & White Art Exhibit Opening Reception 4:30-7 pm Artisan ABQ 3017 Monte Vista Blvd. NE

Class / Workshop

Basics of Distilling Class \$15 1-3 pm Southwest Grape & Grain 3401 Candelaria Rd, NE suite e/g

Comedy

Dry Heat Second Saturdays Open Mic 7-9 pm The Box Performance Space 114 Gold Ave SW

Franco Escamilla Presenta Show 1995 \$59-\$119 8-9:30 pm Kiva Auditorium 2nd St & Marquette Northeast

Nancy Norton \$20-\$25 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

The Blue Show \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

Community

Annual Cemetery Clean Up 9 am-1 pm Fairview Cemetery 1134 Cerrillos Rd, Santa Fe, nm 87505

Downtown Growers' Market 8 am-12 pm Robinson Park 810 Copper Ave NW Albuquerque

Dance

'Saturday Night Cartoons' -Nerdlesque \$10-\$30 8-11:15 pm Launchpad 618 Central Ave SW

ABQ Dance Club 6:45-10 pm Albuquerque Square Dance Center 4915 Hawkins St NE

Cellicion Traditional Dance Group (Zuni Pueblo) 11 am-12 pm Indian Pueblo Cultural Center 2401 12th Street NW

Cellicion Traditional Dance Group (Zuni Pueblo) 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

Hops & Dreams: Star Wars Edition 8-10 pm Tractor Brewing Wells Park 1800 Fourth St. NW Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd NW

Exhibit

Conserving America's Wildlands: The Vision of Ted Turner - Exhibit Opening 9 am-5 pm New Mexico Museum of Natural History & Science 1801 Mountain NW

Family/Kids

Free Make and Take Spinners 11 am-1 pm The Wheels Museum 1100 Second SW, Albuquerque

Literature/Poetry

Anne Hillerman Book Signing 1:30-3:30 pm Treasure House Books & Gifts 2012 S Plaza St NW A

Markets

Beltane Marketplace \$15 11 am-7 pm Villa Hispana at EXPO New Mexico 324-398 San Pedro Dr NE

Miscellaneous

Animal Adoption Event 11:30 am-2:30 pm Rio Bravo Brewing Company 1912 Second St NW

Music

Emo Nite Live 8-10 pm Bama's 1865 6001 Osuna Rd. NE

First Floor Highway 7-9 pm Tractor Brewing Nob Hill 118 Tulane SE Gone Country Saturdays w/ DJ Pete Nic 6-9 pm Ponderosa Brewing Company 1761 Bellamah Ave NW

JD Nash and the Rash of Cash Album Release Show \$10 6-9 pm FUSION | 708 708 1st St NW

The Chill House Band featuring Hillary Smith 6-8 pm Open Space Visitor Center (Westside) 6500 Coors Blvd NW

The Kipsies 2-4 pm Special Collections Library 423 Central Ave NE

Vakenn \$5 7-11:30 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Music - Classical

Annual New Mexico Bach Society Concert \$20-\$60 6-9 pm Hope in the Desert Episcopal Church 8700 Alameda Blvd. NE

Outdoors

Bosque Restoration Field Day 9 am-12 pm Tingley Beach 1800 Tingley Dr. SW

Performance

Ahhlmaa's AAA Cabaret \$10 9:30-11 pm The Box Performance Space 114 Gold Ave SW



[EVENTS.] The Paper

Beetlejuice \$63-\$163 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

Beetlejuice \$63-\$163 2:30-4:30 pm Popejoy Hall 203 Cornell Dr

Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114

Reading

Friends of the Public Library Monthly Sale 10 am-4 pm Main Library 501 Copper Ave NW

Indigenize Your Mind Book Club 3-5 pm San Pedro Library 5600 Trumbull SE

Sports

Duke City Gladiators vs. San Antonio Gunslingers \$18 6-9 pm Rio Rancho Events Center 3001 Civic Center Cir NE, Rio Rancho

New Mexico United vs. Oakland Roots \$19-\$47 7-10 pm Isotopes Park

SUNDAY, MAY 12

Dance

Cellicion Traditional Dance Group (Zuni Pueblo) 11 am-12 pm Indian Pueblo Cultural Center 2401 12th Street NW

Cellicion Traditional Dance Group (Zuni Pueblo) 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

Discussion / Lecture

John M. Taylor - The Civil War in New Mexico: Valverde & Glorietta Pass 11 am-12 pm Gutierrez-Hubbell House 6029 Isleta Blvd SW

Food

Mother's Day Brunch \$28-\$55 10:30 am-2:30 pm Sheraton Albuquerque Uptown 2600 Louisiana Blvd NE

Literature/Poetry

Ross Van Dusen Book Signing 1-5 pm Treasure House Books & Gifts 2012 S Plaza St NW A

Markets

Rail Yard Market: Seeds & Starts Day 10 am-2 pm Albuquerque Rail Yards 722 3rd St SW

Miscellaneous

Animated Iris: Mother's Day Iris Show 1-5 pm Albuquerque Garden Center 10120 Lomas Blvd NE

Historic Homes & Gardens Tour \$15-\$20 11 am-3 pm Lew Wallace Elementary 513 Sixth St. NW

Music

21 Savage: American Dream Tour \$61-\$394 7-10 pm Isleta Amphitheater 5601 University Blvd SE (Formerly Hard Rock Casino Albuquerque Presents the Pavilion)

Byom, Chabala, Kulasinghe Album Release 3-5 pm Orpheum Community Hub 500 2nd Street Southwest

Kiran Ahluwalia \$35 7-9 pm Outpost Performance Space 210 Yale Blvd., SE

Mariee Siou \$20 7:30-9:30 pm FUSION | 708 708 1st St NW

Meatbodies \$13 7-11 pm Sister 407 Central Ave. NW

Odd Dog 4-7 pm Canteen Brewhouse 2381 Aztec Road Northeast

School of Rock ABQ Presents: The Music of the British Invasion \$15 1-4 pm Launchpad 618 Central Avenue Southwest

Scum with Lex the Hex Master and special guests Shadow Snuff \$20 8 pm JUNO 1501 1st St. NW

Sunday Jazz Jam 5:30-8 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Performance

Beetlejuice \$63-\$163 1-3 pm Popejoy Hall 203 Cornell Dr

Carolyn Meyer's Motherhood: What a Bitch! \$20 3-4:15 pm The Cell Theater 700 First St. NW

Tablao Flamenco Albuquerque Sunday Matinee \$25-\$35 All Day Tablao Flamenco at Hotel Albuquerque 800 Rio Grande Blvd



Now Hiring

Hospitalist Physician for Presbyterian Healthcare Services in Albuquerque, NM.

Requires M.D. or D.O. degree in field of Medicine, New Mexico license to practice medicine, and completion of internal medicine or family medicine residency.

For details and how to apply visit:

https://bit.ly/15537-00156

Psychiatry Physician for Presbyterian Healthcare Services in Albuquerque, NM.

Requires M.D. or D.O. degree in field of Medicine, New Mexico license to practice medicine, and completion of psychiatry residency.

For details and how to apply visit: https://bit.ly/15537-00155

Rheumatology Physician for Presbyterian Healthcare Services in Albuquerque, NM.

Requires M.D. or D.O. degree in field of Medicine, New Mexico license to practice medicine, completion of internal medicine residency and rheumatology fellowship.

For details and how to apply visit: https://bit.ly/15537-00153

Endocrinology Physician for Presbyterian Healthcare Services in Albuquerque, NM.

Requires M.D. or D.O. degree in field of Medicine, New Mexico license to practice medicine, completion of internal medicine residency and endocrinology fellowship.

For details and how to apply visit: https://bit.ly/15537-00154





In 2019 the town renamed the police station after Stephen Sandlin and erected a memorial in front. The room where Sandlin was killed is now empty and in disarray and the town does not currently have a police force.

(Roberto E. Rosales / City Desk ABQ)

City Desk This story was originally published at City Desk ABQ, a local nonprofit

local government, politics and more. If you like this story, please support local, independent journalists like these by reading more and donating today at citydesk.org

By Carolyn Carlson and Elise Kaplan, City Desk ABQ

I t was the evening of May 7, 1988, and while most of the town of Mountainair attended a talent show at the high school, a rookie cop remained at the police department — in a cramped room atop a narrow staircase above town hall.

Stephen Sandlin, a 21-yearold who had joined the four-man force a couple of months earlier, called his girlfriend to vent his frustrations with the chief who told him to "mellow out because he was issuing too many citations and running his radar too much."

Before the evening turned to night, Sandlin was shot in the head with his own service weapon.

Tuesday will be the 36th anniversary of his death.

The case has been examined by multiple investigators over the years — former Attorney General Gary King confirmed to *City Desk ABQ* last week that his team came to a conclusion but was not able to definitively prove their case in 2010 — but no one has ever been charged or officially declared a suspect.

This year, the investigation

is receiving a fresh look from the New Mexico Department of Justice (the recently re-branded Attorney General's Office) whose cold case unit is using Forensic Genetic Genealogy to compare DNA from a crime scene to profiles uploaded into ancestry websites.

This is welcome news to Mountainair's town clerk and mayor, both of whom successfully pushed to name the police station after Sandlin in 2019.

"It's a significant thing," said Mayor Peter Nieto, who grew up in Mountainair and was 3 years old when the homicide occurred. "One of the things that I learned when I got older was how young he was. He was so young, he had just started, he was still just a rookie. It's just a terrible situation."

Almost from the start, Sandlin's death was mired in controversy and contradictions.

Initially, investigators said he had killed himself — a finding his parents disputed — but it was later determined to have been impossible because of the angle of the gunshot wound.

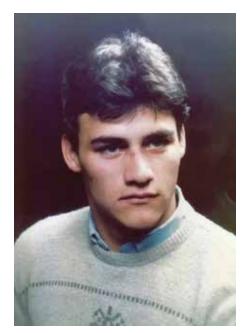
Those who remember the case — and there are many — suspect Sandlin's fellow law enforcement officers may have had something to do with his death, and that it could have been connected to a marijuana bust he was involved in about a month prior.

"He will never be forgotten as long as there's still some of us around," said Gayle Jones, who was one of the first EMTs on scene and now serves as mayor pro tem. "It stays with the community — the next generation may not realize the full impact, but it lives on. It's always hanging, like a dark shadow."

To report this story, *City Desk ABQ* drew from contemporaneous newspaper articles, incident reports and other documents as well as interviews with survivors and investigators.

Always wanted to be a cop

Sandlin grew up in Albuquerque and Bosque Farms, the oldest of three, watching his father go to work every day at the Albuquerque Police Department.



Stephen Sandlin's high school photo (Source Tom Sandlin)



 $Stephen\ Sandlin\ as\ a\ 3-year-old\ on\ his\ father's\ motorcycle.\ (Source\ Tom\ Sandlin)$

"He always wanted to be a cop," said Tom Sandlin, speaking with *City Desk ABQ* from his home in Edgewood. "At that time, I was with the Albuquerque police and I rode motors. He loved crawling up on the motorcycle. He loved wearing the boots the motorcycle guys wear."

In March of 1988, the younger Sandlin — now a father himself — joined the Mountainair Police Department, patrolling a town of about 1,100.

Almost immediately, Tom Sandlin recalled, his son seemed like "he didn't like something that was going on over there."

"He asked me about tagging in evidence and how we do it," Tom Sandlin said. "Then when I told him that he just shook his head. It was like that wasn't the way that he was being taught."

Over the years, Tom Sandlin and his ex-wife Eileen, fought for closure and justice even as authorities initially classified their son's death as a suicide.

It wasn't until 1995, under AG Tom Udall, that Stephen Sandlin's cause of death was officially recognized as a homicide.

Tom Sandlin said that in 2010, investigators with then-Attorney General King's office told him that they had interviewed several people and "came to the conclusion that they knew who it was, but they couldn't prosecute because this person was already dead"

So when an investigator with the current administration — now called the NMDOJ — called to say they were going to investigate the case again, Tom Sandlin said he was surprised. He had thought it was over.

"Is this final, you know, will this end it?" he asked.

'Potential DNA' at the scene

Before the NMDOJ launched its cold case unit, the office "spammed" small departments throughout the state, asking if they had unsolved cases they thought needed another look.

Suggestions flooded in. In Sandlin's case, it was the NMDOJ's three cold case agents themselves who resurfaced old notes and added the case to the list, a spokesperson said.

Greer Staley, the deputy attorney general over criminal affairs, said she could not discuss specifics of the case, but she would say there is at least "potential DNA" evidence that was found at the scene and they are testing it to see if there is enough to generate a profile.

This would allow contract investigators in the emerging field

of Forensic Genetic Genealogy to try to follow a family tree until they are able to identify a suspect.

"We work with outside labs so we are beholden to their timeline and schedule, and then genealogy itself just in general — in any case — really depends on the results, if you get any, from the testing and how long those take," Staley said. "It depends on how removed any potential matches are from your hopeful suspect."

Staley acknowledged that cold cases are intrinsically difficult to solve as evidence can degrade and witnesses die or move on. However, she said, the investigators see potential in this case. She said they will still try to solve it even if it turns out the suspect is dead.

"We do our best to put fresh eyes, fresh perspectives, new technology, and just smart detectives that really care about this," she said. "That's the way they get solved. But sometimes they don't. And that's not for lack of wanting to solve them, or trying, or that anyone messed anything up in the past, it's just because sometimes that's how it goes."

The marijuana raid

About a month before Sandlin was killed, Mountainair police pulled over a man named Melvin King on suspicion of drunk driving in front of the iconic Rosebud Saloon in the middle of one the main road through town.

The next day, Sandlin, Police Chief David Carson and other officers searched King's Manzano home, finding 54 pounds of marijuana packaged for sale. It was worth up to \$50,000.

The officers loaded the marijuana into four black trash bags and after it was determined that Mountainair PD didn't have a secure place to store it the bags were taken to the Torrance County Sheriff's Office. About a week after Sandlin was killed investigators discovered that all but one of the bags was gone.

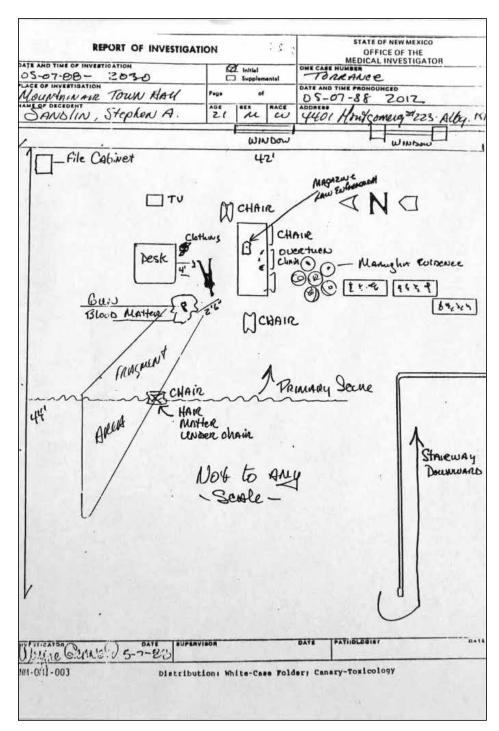
Many have speculated that the bust, in some way, had to do with Sandlin's death.

The Attorney General at the time — Hal Stratton — was criticized for his handling of the case and two prosecutors said they were forced out of their jobs over it. One of the prosecutors alleged the "office has in its files evidence that people engaged in illegal drug trafficking conspired to kill Officer Sandlin" and nothing was done.





The room that used to be the police station where officer Stephen Sandlin was shot in 1988. The town of Mountainair now has a remodeled station on the ground floor, but no police officers or chief. (Roberto E. Rosales / City Desk ABQ)



A contemporaneous drawing by the Office of the Medical Investigator of the Mountainair Police Department station where Stephen Sandlin was killed. (Source: Office of the Medical Investigator)

The Paper. [NEWS.]

CONTINUED FROM PAGE 10

Others have asked if Sandlin's fellow officers may have been to blame.

The first person to find Sandlin mortally wounded on the floor of the police department was a 21-year-old soldier who was stationed at Fort Hood with Chief Carson's son. The two young men were spending their military leave at the police chief's house.

In his witness statement to police, the soldier, Eugene "Butch" Wright, said he had climbed those creaking wooden stairs to ask Sandlin about going on a ride-along the next day. Instead, he found him clinging to life in a pool of blood.

On the table in front of where Sandlin had been sitting was a law enforcement magazine, open to an article about a memorial for a slain New Mexico State Police officer.

In his original statement to investigators, Wright said he ran outside to Sandlin's car and called the police chief, who arrived within 30 seconds.

Jones and another EMT who was also the town's mayor arrived shortly afterward to find Sandlin still breathing. By the time a



In 2019 the town renamed the police station after Stephen Sandlin and erected a memorial in front. The room where Sandlin was killed is now in empty and in disarray and the town does not currently have a police force.

(Roberto E. Rosales / City Desk ABQ)

doctor responded, there was nothing left to do but pronounce a time of death: 8:12 p.m.

Unsolved mystery

These days there is no police force in Mountainair.

The last chief — who himself knew Sandlin's father and investigated the death more than a decade ago — left in 2022. Although the town has hired a replacement, he has not yet moved to New Mexico from Florida.

Locals are quick to point out that the Sandlin case was featured on a 2010 episode of "Unsolved Mysteries" and town clerk recalled how a couple of years ago he gave a road test to Sandlin's girlfriend — one of the last people to talk to him before he died.

The room where Sandlin was killed is now in disarray. Tables and desks are piled high with old electronics, furniture and cardboard boxes. A wheelbarrow sits in one room. The ceiling above an overturned desk has a gaping hole.

When the police force returns to the town, Fulfer said they will set up shop in a newly remodeled office on the station's ground floor. On the wall is a memorial to Sandlin.

Outside, there's another — bearing his picture on a stone slab like a grave stone.

It's this memorial that Tom Sandlin said he visits a couple of times each year to leave flowers.

Stephen Sandlin's son — who was about a year and a half when his father was killed — now lives in Colorado. He's in his late 30s now and comes to visit sometimes, Tom Sandlin said. He shares memories with him as much as he can, but it's hard.

"He has a smaller frame, but as far as facial and everything he's very similar," Tom Sandlin said. "His dad had a Jeep and when he was young — and after his dad passed away — he'd see a Jeep and he would turn to look. Even that young, he would turn to look at it."

If you have tips, thoughts, or questions about this case email carolyn@newmexico.news or elise@newmexico.news

Read more about one reporter's connection to this story at citydesk.org.



[OPINION.] The Paper.

Corner to Corner

The high cost of self-checkout

Corner to Corner

Diane Denish

f you do grocery shopping for your family, you have undoubtedly used selfcheckout. That's what I was doing recently when shopping for two items in a nearby store.

I noticed a new sign had been posted: "Self-check-out restricted to 15 items or less." I had not seen that before.

On the contrary, there were times I had stood in self-checkout lines when the regular cashier stations were all closed or only had one checker. People had large carts full of items. Fresh foods, paper goods, canned goods, liquor or wine or beer,

you name it.

The sign made me wonder what prompted the change. Scanning, bagging, and paying complete, I headed over to the long-time cashier, Margarita, who was supervising the area.

After her usual warm welcome and "I've missed seeing you lately" greeting, I asked about the sign. She told me a story of self-checkout that is also playing out nationally.

Theft is a problem, she said, with some customers who intentionally skip scanning expensive products. Some have figured out how to scan in cheaper prices. The more items the more likely the theft.

Self-checkout began early in the last century. The first Piggly Wiggly "self-service supermarket" was created in 1918. This was the beginning of putting customers to work for supermarkets without pay. From the start it was designed as a way to lower labor costs.

According to CNN Business, the more robust effort came with the first modern system, called Check Reboot, piloted by Kroger in 1986. It's much different from what we see today; customers would scan items, someone would bag them, and then you would go to a central cashier to pay. (At least they were still doing the bagging!)

A decade later Walmart began to test the system, and in the 2000s they expanded it, as did Albertson's and others that were cutting costs in the 2001 recession.

The premise was this: Selfcheckout would lower wait

times, eliminate labor costs and revolutionize the grocery industry. Machines don't call in sick, and they always show up.

In 2020, Walmart began testing stores that were exclusively self-checkout. Machines and customers working for them.

> Fast forward to 2024. A surprising shift occurred.

In the fall of 2023, the retail giant removed all of its self-checkout machines in six U.S. stores. The Canadian company Giant Tiger and others began following suit.

Why? Christopher Andrews, author of

"The Overworked Consumer: Supermarkets and the Do-It-Yourself Economy," says, "Selfcheckout delivers none of what it promises."

Customers are not the most reliable scanners and make mistakes. And, by some reports, 67% of customers either dislike self-checkout or find it too frustrating. Some customers are thieves and don't scan expensive items. And, given the lax oversight, theft through selfcheckout is high and costly.

Self-checkout still requires attendants to help customers and monitor theft, but monitoring theft can put employees in danger from aggressive thieves. Machine maintenance adds costs as it requires highly skilled IT expertise. Waits can be longer, not shorter, due to unpaid, untrained workers: customers like you and me.

And, Andrews says, some stores have figured out that due to theft, self-checkout actually hurts the bottom line.

There is little question that some form of self-checkout is here to stay. After 40 years you would think it would be flawless, but it's not. And from a customer point of view, it's sorely lacking in customer service.

Longtime cashiers we see every time, like Margarita, wonder where I've been lately, ask about my grandchildren, or give me a hug when they heard my husband died. That's customer service no machine will ever provide.





uestion: I started a new relationship recently and since we started getting intimate I've had a lot of trouble with painful penetration. My last partner was also a woman and we didn't have much penetrative sex. It's something that I want, and am excited for, but it still is painful and sometimes a complete mood killer. I've asked my gynecologist if something's wrong and was told that I didn't seem to have any injuries and maybe just need help relaxing. But now I have anxiety about penetration because I'm worried it will always just be painful and there's nothing to be done. Any suggestions on how to make this less of a tense situation? -Anonymous

nswer: I'm glad that you reached out for help and talked to your gynecologist. You've already taken an important step in the process by listening to your body. Sex should never hurt. It's great that you want to try penetration, not only because it can be pleasurable but also because it can increase vaginal health and prevent the muscles from atrophying.



A lot of people will experience pelvic floor pain and/or dysfunction at some point in their lifetime, your situation is a fairly common one. There are a lot of different tools to help you on your journey to enjoying penetration. Our first recommendation would be to get a glycerin-free lube that you like. Some of our most popular lubes are Sutil (water-based), Uberlube (silicone-based), and Foria (oil-based

Expecting your body to be ready for sex because you are emotionally ready is like expecting your body to be ready to run a marathon because you've thought about it a lot. Getting your body ready for pleasurable penetration often requires the right tools for the job and some 'practice' before the big day. Next, a dilator set or a small toy can be very helpful to start out. We have some dilator sets that can be fun and affordable. They come in a variety of sizes to help you slowly get comfortable.

If you're feeling anxiety about penetration, it's important to take the time your body needs to feel relaxed and ready. Try 'warming up' with just external stimulation, take your time and when you feel ready, start small with any penetration. Take the time your body needs to get to where your excitement level is, and your body will thank you!

If you continue to experience chronic pelvic floor pain there are pelvic floor physical therapists who treat pelvic floor pain and dysfunction. You know your body best and if you think a specialist is the best next move, then reach out to your gynecologist to see if they can recommend one for you. If you are local to Albuquerque and would like a place to get resources we have contact info for local pelvic floor physical therapists you can reach out to. Our relationship with sex and our bodies is always changing — and Self Serve is always here to help you figure out how to support your journey along the way!

For further information check out the book When Sex Hurts by Andrew Goldstein MD, Caroline Pukall PhD, Irwin Goldstein MD

Always seek the advice of a qualified healthcare provider for any medical condition.

Para leer este articulo en Español visita nuestro blog: www. selfservetoys.com/blog

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(Credit Cannabis Pictures at Wikimedia Commons)

By Josh Lee, The Paper.

n a historic move, the U.S. Drug Enforcement Administration (DEA) is proposing that marijuana be reclassified from Schedule I to Schedule III on the list of federally controlled substances. Advocates and the Biden administration are touting it as a win in the fight to reform federal cannabis policy. New Mexicans probably won't be seeing any immediate effects from the change, but state operators will experience some tax relief and it could open the door to new local pharmaceutical companies.

Last week the Associated Press reported that Department of Justice (DOJ) director of public affairs Xochitl Hinojosa confirmed that Attorney General Merrick Garland had circulated a proposal to reschedule marijuana. Once published by the Federal Register, the next step will be the initiation of a formal rulemaking process. The Office of Management and Budget will have to sign off on it before it will be made available for public comment. After that, the DEA can publish the final rule.

Albuquerque-based Attorney Johnn Osborn tells *The Paper*. that rescheduling marijuana will not affect the federal legal status of weed. Criminal laws related to trafficking, producing and possessing marijuana won't change, and consumers

won't likely notice much of an immediate difference.

But if the administration goes through with rescheduling, businesses will definitely see some big changes in the coming year.

One change, Osborn says, might come in the form of some much sought after tax relief. Section 280E of the Internal Revenue Code blocks any business that sells Schedule I or II drugs from deducting business expenses from their taxes, a right afforded to all other legitimate businesses. By moving weed to Schedule III, the government might be opening the door for cannabis companies to file for deductions and retain more of their profits.

"I think the interesting thing—especially for the smaller operators—is that the taxes right now are almost cost prohibitive for some of these smaller entities, and once that gets resolved on some level, it's going to be easier for them to operate," Osborn says.

Rescheduling may also ease some of the discomfort that banks feel about working with marijuana businesses, as it signals a shift in federal perceptions around the drug.

"If the banking is more palatable, there may be opportunities for operators," Osborn says. "Banks may be more comfortable with loans and other services — just like with a regular pharmaceutical company."

Rescheduling could also lead

to removed — or at least softened — barriers that currently prohibit widespread research on the drug's therapeutic qualities.

It also means that pharmaceutical companies will be able to more easily develop cannabis-based medications, and patients will be able to gain access to these medicines through a normal prescription — the same as any other controlled medication.

This may offer up an opportunity for New Mexico weed researchers and producers to cash in on what could become a Big Pharma land grab in the near future. "I think that's going to be the big shift for medical," Osborn says. "It's also probably going to allow those medical entities that are developing medical applications, with the approval of the DEA and maybe the FDA, to transport cannabis over state lines a little bit easier."

But companies might be forced to face some new challenges if they want to take advantage of the tax breaks and pharmaceutical deals. Schedule III drugs under regulation from the FDA and DEA come with their own set of production and prescription standards that businesses will be expected to meet.

"Whatever tax savings regulated cannabis businesses will see from not being encumbered by 280E will likely be counteracted by costly reporting and compliance requirements related to cannabis being treated as a pharmaceutical," says New Mexico Cannabis Chamber of Commerce Executive Director Ben Lewinger. "It opens up potential patent wars on strains and other cannabinoids, Schedule III does nothing for folks who are still in prison or have federal criminal records for cannabis."

And there's one other tiny issue: If pharmaceutical companies ever succeed in creating a non-synthetic THC-based drug, and cannabis is then legalized at the federal level, that drug will become instrumental in undermining the current industry.

How do we know this? Because it already happened with CBD.

In 2018, the Food and Drug Administration (FDA) approved Epidiolex, the first pharmaceutical drug to use a cannabinoid (CBD) as the active ingredient. The drug is used to treat two extremely rare forms of epilepsy in children. Advocates crowed about the good news.

Later that year, hemp was legalized with the passage of the 2018 Farm Bill. Advocates crowed once again. Since hemp is defined as cannabis with less than 0.3 percent THC by dry weight with no mention of other cannabinoids, CBD extracted from hemp was also legal.

But the FDA immediately put out a statement clarifying that while CBD was legalized by the Farm Bill, it was still technically illegal because of the existence of Epidiolex. Federal law prohibits over-the-counter sales of supplements or foods containing the active ingredients of an FDA-approved drug.

The same thing could happen the second a pharmaceutical company develops a THC-based drug. It's unclear what would happen with flower sales. CBD is currently in legal limbo. The FDA is allowing companies to produce and sell CBD products as long as they don't make any medical claims, but that's only in response to public outcry and following a brief, but concerning, crackdown in which police raided grocery stores and small businesses and a grandmother was arrested at Walt Disney World.

"The only right next move is to deschedule cannabis and to pass SAFER Banking, and I applaud the small group of lawmakers, led by Sen. Chuck Schumer, who are pushing for that now," Lewinger says.



Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

NIH to Study Psychedelics For Pain

By Josh Lee, The Paper.

he National Institutes of Health (NIH) is offering millions of dollars to fund research on psychedelic pain treatments for older adults.

Last week, the NIH released a Notice of Funding Opportunity to collect safety and early efficacy data from psychedelic-assisted therapy for chronic pain. The first phase of studies will take a preliminary look at the safety and efficacy of treatment of older adults from the general population for up to two years. The second phase will look at the treatment of older adults with chronic pain.

According to the notice, the agency is looking to fund research on "classic psychedelics", including psilocybin, DMT, LSD, mescaline, MDMA and synthetic versions of these drugs.

The agency said 40 percent of older Americans live with chronic pain, and that 60 to 70 percent of this group describe various types of pain in multiple areas of their bodies. The NIH said that chronic pain is associated with "substantial morbidity' due to impaired mobility, activity avoidance, depression, sleep impairment and other symptoms. Because of this, suicide ideation is three times higher among those who suffer with chronic pain compared to those who don't.

The NIH said the studies will be necessary, because clinically authorized psychedelic therapy will "likely become widespread over the next several years."



(Credit Wikimedia Commons)

DeSantis Doesn't Want Florida to "Reek"

Former presidential contender and Florida Gov. Ron DeSantis last week said he plans to get involved in keeping a marijuana legalization measure off of the state's ballot.

The governor's remarks came during a press conference marking the beginning of Florida's tax-free "Freedom Month." Following criticism of the Biden administration's performance and a separate ballot measure aimed at granting abortion rights, DeSantis implied the need for medical cannabis is overstated.

"I'm not saying none of them are legit, but some of them, clearly they're doing it to get the card," he said.

He also said his office would be "getting involved" with a ballot measure to legalize the drug in Florida. His main complaint with legalization seems to be that he's offended by the smell of weed.

"I've talked to people that have moved from New York, and they're like, they used to have an apartment somewhere," he said. "Now, what does it reek of? It reeks of marijuana. I don't want this state to be reeking of marijuana."

Schwazze Settles Suit

Colorado-based Schwazze recently settled a wage theft class action lawsuit filed by New Mexico budtenders for \$525,000.

According to Green Market Report, 20 plaintiffs were named in the suit, including 11 budtenders from New Mexico and nine from Colorado.

The original lawsuit claimed that Schwazze had violated federal and state laws by allowing managers to pool and split tips left for budtenders unevenly and using tip money for all-staff meals. The suit also claimed that some managers took cash out of budtenders' tips. Schwazze denied any wrongdoing in court and a representative did not respond to *The Paper*.'s request for a comment before publication.

The Paper. - May 8, 2024

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Myron Jenkins Jr. on April 3, 2024 at 11:59 pm

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This notice serves to give notice I will be using the name "The Power of One" in my Life Coaching business. If there is any person or entity already using the name, please contact me at 239-763-1676 ~ Tamara Taylor

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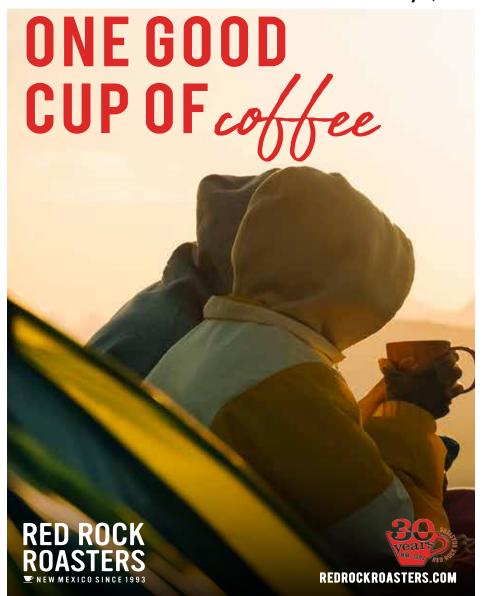
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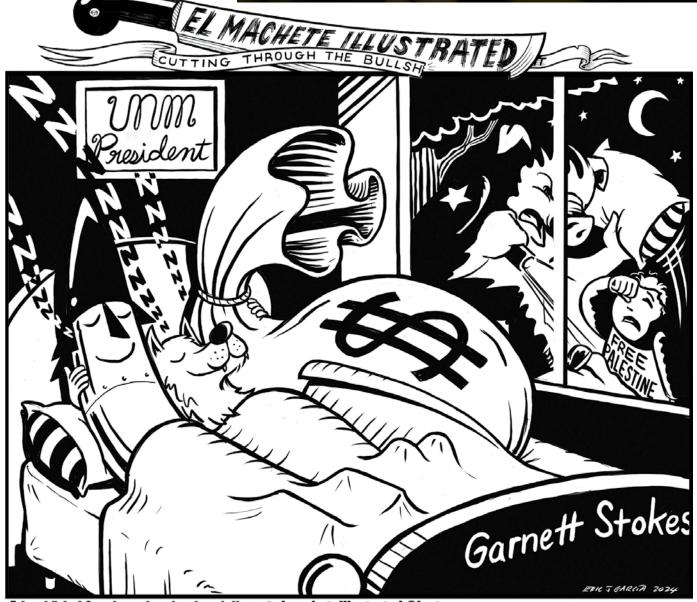
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i, anna kalise rhodes, declare the following: I. I have reached eighteen years of age. II. I am of sound mind. III. I am a living breathing woman. IV. I am a United States National not a 14th amendment US citizen. V. I am White and American Indian. VI. I claim on all genetic materials, biometrics, chattels, securities, accounts and all associated rights, titles and interests derived from my estate and corpus. VII. I revoke all power-of-attorney and third-party authority to act as my attorney-in-fact granted on my behalf ab initio. VIII. I am the party named in breeder document # xxx-xx-403578 and owner of certificates derived from it. IX. I execute my Estate and only utilize fiduciaries I have expressly appointed to execute commercial transactions for my estate. X. I am a friend to the United States and its courts. i, woman, verify under penalty of perjury under the laws of the United States of America that the foregoing is true and correct. Executed the 17th day of April 2024. /s/by:Rhodes, Anna Kalise, not in individual capacity, without the United States. Held in Trust. All rights reserved.

Publication dates: 25 Apr 2024, 02 May 2024, 09 May 2024, 16 May 2024







FREE WILL ASTROLOGY Week of May 8

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ARIES (March 21-April 19): When my friend Jessalyn first visited Disneyland as a child, she was smitten by its glimmering, unblemished mystery. "It was far more real than real," she said. "A dream come true." But after a few hours, her infatuation unraveled. She began to see through the luster. Waiting in long lines to go on the rides exhausted her. The mechanical elephant was broken. The food was unappetizing. The actor The food was unappetizing. The actor impersonating Mickey Mouse shucked his big mouse head and swilled a beer. The days ahead may have resemblances to Jessalyn's awakening for you. This slow-motion jolt might vex you initially, although I believe it's a healthy sign. It will lead to a cleansed perspective that's free of illusion and teeming with clarity.

TAURUS (April 20-May 20): Keizoku wa chikara nari is a Japanese proverb that means "To continue is power." I propose you make that your motto for the next four weeks. Everything you need to happen and all the resources you need to attract will come your way as long as your overarching intention is perseverance. This is always a key principle for you Tauruses, but especially now. If you can keep going, if you can overcome your urges to quit your devotions, you will gain a permanent invigoration of your willpower.

GEMINI (May 21-June 20): Do you believe there are divine beings, animal spirits, and departed ancestors who are willing and able to help us? If not, you may want to skip this horoscope. I won't be upset if you feel that way. But if you do harbor such views, as I do, I'm pleased to tell you that they will be extra available for you in the coming weeks. Remember one of the key rules about their behavior: They love to be asked for assistance; they adore it when you express your desires adore it when you express your desires for them to bring you specific blessings and insights. Reach out, Gemini! Call on

cancer (June 21-July 22): I'm taking a gamble here as I advise you to experiment with the counsel of visionary poet and painter William Blake (1757–1825). It's a gamble because I'm asking you to exert a measure of caution as you explore his daring unruly advice. Be explore his daring, unruly advice. Be simultaneously prudent and ebullient, Cancerian. Be discerning and wild. Be Cancerian. Be discerning and wild. Be watchful and experimental. Here are Blake's directions: 1. The road to excess leads to the palace of wisdom, for we never know what is enough until we know what is more than enough. 2. If the fool would persist in his folly, he would become wise. 3. The pride of the peacock is the glory of God. The lust of the goat is the bounty of God. 4. No bird soars too high if it soars with its own wings. 5. Exuberance is Beauty.

LEO (July 23-Aug. 22): Cosmic energies are staging a big party in your astrological House of Ambition. It's a great time to expand and intensify your concepts of what you want to accomplish with your one wild and precious life. You will attract unexpected help as you shed your inhibitions about asking for what you really want. Life will benevolently conspire on your behalf as you dare to conspire on your behalf as you dare to get bolder in defining your highest goals. Be audacious, Leo! Be brazen and brave Be audacious, Leo! Be brazen and brave and brilliant! I predict you will be gifted with lucid intuitions about how best to channel your drive for success. You will get feelers from influential people who can help you in your quest for victory. (PS: The phrase "your one wild and precious life" comes from poet Mary Oliver.)

VIRGO (Aug. 23-Sept. 22): Is it possible to be too smart for your own good? Maybe, although that won't be a problem for you anytime soon. However, you may temporarily be too smart for some people who are fixated on conventional people who are fixated on conventional and simplistic solutions. You could be too super-brilliant for those who wallow in fear or regard cynicism as a sign of intelligence. But I will not advise you to dumb yourself down, dear Virgo. Instead, I will suggest you be crafty and circumspect. Act agreeable and humble,

even as you plot behind the scenes to turn everything upside-down and inside-out—by which I mean, make it work with more grace and benefit for everyone concerned.

LIBRA (Sept. 23-Oct. 22): In my fairy tale about your life in the coming weeks and months, you will transform from a crafty sleuth to an eager explorer. You will finish your wrestling matches with tricky angels and wander off to consort with big thinkers and deep feelers. You will finish your yeoman attempts to keep everyone happy in the human zoo and instead indulge your sacred longings for liberation and experimentation. In this fairy tale of your life, Libra, I will play the role of your secret benefactor. I will unleash a steady stream of prayers to bless you with blithe zeal as you relish every heart-opening, brain-cleansing moment of your new chapter.

SCORPIO (Oct. 23-Nov. 21): In the coming months, I will encourage you to keep deepening and refining the art of intimacy. I will rejoice as you learn more and more about how to feel close to people you care for and how to creatively deal with challenges you encounter in your quest to become closer. Dear Scorpio, I will also cheer you on whenever you dream up innovations to propitiate togetherness. Bonus blessings! If you do all I'm describing, your identity will come into brighter focus. You will know who you are with greater accuracy. Get ready! The coming weeks will offer you novel opportunities to make progress on the themes I've mentioned.

SAGITTARIUS (Nov. 22-Dec. 21): You could offer a workshop on the perks of offer a workshop on the perks of wobbliness. Your anxious ruminations and worried fantasies are so colorful that I almost hesitate to tell you to stop. I'm wondering if this is one of those rare phases when you could take advantage of your so-called negative feelings. Is it possible that lurking just below the uneasiness are sensational revelations about a path to liberation? I'm guessing there are. To pluck these revelations, you must get to the core of the uneasiness.

CAPRICORN (Dec. 22-Jan. 19): During the last 11 months, life has offered you unprecedented opportunities to deepen and ripen your emotional intelligence. You have been vividly invited to grow your wisdom about how to manage and understand your feelings. I trust you have been capitalizing on these glorious teachings. I hope you have honed your skills at tapping into the power and insights provided by your heart and gut. There's still more time to work on this project. Capricorn. In the coming weeks, project, Capricorn. In the coming weeks, seek out breakthroughs that will climax this phase of your destiny.

AQUARIUS (Jan. 20-Feb. 18): Naturalist and author Henry David Thoreau declared, "We need the tonic of wildness." Amen! In my view, you Aquarians especially need this sweet, rugged healing power in the coming weeks. Borrowing more words from Thoreau, I urge you to exult in all that is mysterious, unsurveyed, and unfathomable. Like Thoreau, I hope you will deepen your connection with the will deepen your connection with the natural world because it "it is cheerfully, musically earnest." Share in his belief that "we must go out and re-ally ourselves to Nature every day. We must take root, send out some little fiber."

PISCES (Feb. 19-March 20): I have four questions and homework assignments for you, Pisces. l. Is there a person in your inner circle who is close to ripening a latent talent that would ultimately benefit you? I suspect there is. What can you do to project them? to assist them? 2. Is there a pending gift or legacy that you have not yet claimed or activated? I think so. What would be or activated? I think so. What would be a good first step to get it fully into your life? 3. What half-dormant potency could you call on and use if you were more confident about your ability to wield it? I believe you now have the wherewithal to summon the confidence you need. 4. What wasteful habit could you replace with a positive new habit? with a positive new habit?

The Weekly Crossword by Margie E. Burke ACROSS 1 Showroom model 5 Earth Day's month 10 Skip over 14 Like some wills 15 Woodworker's tool 16 Be a monarch 17 Musical symbol 18 lambic, for one 20 Newspaper run 22 Sitcom installment 23 Budget shortage 24 Abate, as rainfall

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- 62 News bit
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DOWN

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Solution to Crossword:

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The Paper. — PAID ADVERTISEMENT May 8, 2024

"I'M SO GRATEFUL I NEVER STOPPED SEARCHING!"

Bernalillo resident Maria R had been experiencing the debilitating side effects of Peripheral Neuropathy.

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare."

Then she met Albuquerque's very own Dr. Andrea Brogdon

"I was so desperate to the point of giving up"
exclaimed Maria R. from Bernalillo. "I was in so
much discomfort due to the numbness,
tingling, and burning on the back of both legs
and in my feet."

Maria R had been diagnosed with peripheral neuropathy and had seen a neurologist with no relief. To complicate things further, Maria had been diagnosed with two fractured discs in her back that were causing her severe pain. "I was no longer able to do surgery and all other treatments didn't work. I was starting to feel hopeless."

Maria is one of 3 million people in the United States suffering from peripheral neuropathy, a degenerative disease of the peripheral nervous system. "Those with peripheral neuropathy experience numbness, tingling, burning and even severe cramping due to the dying off of the peripheral nerves," explains Dr. Andrea Brogdon of Albuquerque Acupuncture & Integrative Medicine. "These nerves continue to die off until they have completely expired leaving sufferers with numbness and debilitating balance issues. Patients come to see me after having seen many other doctors with no relief. They have been told that there is nothing they can do or that they just have to live with it."

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare," says Maria.

"I learned about Dr. Andrea Brogdon from an article I read and learned that she helped others like me, experiencing the same symptoms.

I made an appointment hoping she was going to be able to help me. It was my last resort."

Dr. Andrea Brogdon has helped thousands of patients get their life back after being diagnosed with peripheral neuropathy and living with the debilitating effects of the disease. How does she get such amazing results? "Acupuncture has been used for centuries to improve circulation but the real magic happens when I integrate ATP Resonance BioTherapy™." By using modern technological advancements alongside the time tested science of acupuncture, Dr. Brogdon is able to reverse the effects of this degenerative disease, regardless of its origin.

"Early detection is key when it comes to improving your chances of a full recovery," explains Dr. Brogdon. Which is why she starts every patient with an initial consultation during which a sensory exam is performed. "This helps to determine just how much nerve damage has occurred," tells the doctor. "This is important because if the patient has suffered more than 95% sensory loss there is very little I can do at that point."

"After several treatments, I experienced tremendous relief. Life is good! I have seen a huge improvement in my walking, I sleep better, even my mood is better! I am so grateful I never stopped searching!"

exclaims Maria.

PERIPHERAL NEUROPATHY?

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to schedule a consultation!

If you or a loved one are living a life of suffering due to peripheral neuropathy and your pain has prevented you from doing the things you love with the people you love, it's time to call Dr. Brogdon and the staff at AAIM.

Call (505) 355-1984 today to schedule an initial consultation or visit AAIM-ABQ.com to read more incredible success stories.



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