

FREE

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# The Paper.

ALBUQUERQUE'S INDEPENDENT COMMUNITY NEWS



Cover art by Rachel Mills

An  
Ode to  
Mothers  
p.8

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# The Paper.

ALBUQUERQUE'S INDEPENDENT COMMUNITY NEWS



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## Councilor Eyes Return of Berry-era Homeless Labor Initiative

*Resolution would bring back nationally heralded program*



This story was originally published at City Desk ABQ, a local nonprofit daily newsroom covering local government, politics and more. If you like this story, please support local, independent journalists like these by reading more and donating today at citydesk.org

By Damon Scott, City Desk ABQ

An idea born under former Albuquerque Mayor Richard J. Berry that provides day labor jobs for those experiencing homelessness could be making a comeback. “There’s a Better Way” was launched in 2015 and the initiative quickly gained national attention. After a year in operation, the *Washington Post* called it “a simple idea that works.”

The idea was developed after Berry drove around the city and stopped to talk to panhandlers about their circumstances. He said at the time that the majority didn’t want to be on city sidewalks and intersections begging for money, but didn’t see many alternatives. Berry eventually tasked a city van to pick up and transport the panhandlers to day labor jobs overseen by the Solid Waste Department like litter pickup and weed removal.

The jobs paid \$9 an hour and included lunch. After their shifts, the workers were taken to overnight shelters and offered other services. In its first three years, nearly 7,000 participated, but the program ended in 2020 after Mayor Tim Keller took office. City spokesperson Ava Montoya said Wednesday that it was ended because there were challenges and operational difficulties with the prior administration’s program.

Now years later, Albuquerque City Councilor Renée Grout said it’s created a hole that urgently needs to be filled in the face of record levels of homelessness. Grout and the city’s homelessness advocates say that despite persistent stereotypes, the vast majority of those experiencing homelessness want to work, and having a job provides dignity and self-sufficiency — catalysts toward more stable employment and housing.

It appears that the city is ready for a fresh look at the former program.

“We believe an improved day labor program can be beneficial to help people get back in the workforce,” Montoya said. “Adding back a day labor program ... would be a positive for our community.”

Grout introduced a resolution

at the City Council meeting on April 15, which would direct the city’s Health, Housing & Homelessness Department to develop a day labor pilot program and budget within 60 days. She expects the bill to appear before the council for a full vote soon. If passed, the program would start in fiscal year 2025.

“When I see a sign that says ‘will work for food,’ I think, ‘OK, let’s get you to work,’” Grout said. “They might not be in a head space for a full-time or steady job, but day labor can get them into the groove.”

Grout said her resolution includes connecting participants to support services like case management.

“Hopefully we can get them encouraged and excited about working,” she said. “We’ve had a lot of people reach out to us and they’re excited about bringing it back.”

### Not just day labor

The city already operates a jobs program for those experiencing homelessness — Job Connect — but it serves a different slice of the population. It’s designed for those who are able to maintain the demands of a more traditional job. The program is administered through a \$300,000 city contract with Albuquerque Heading Home.

Job Connect started as a six-month pilot program from January 2023 to June 2023 and is funded through fiscal year 2024. Under the mayor’s recently released proposed fiscal year 2025 budget, it would return at the same \$300,000 funding level.

“It’s not necessarily a day program and people are referred,” Heading Home CEO Connie Chavez said. “They’re typically living in shelters at night and going to work during the day.”

Chavez said unlike the day labor initiative, Job Connect participants receive assessments and are placed in landscaping, service industry, and some Parks & Recreation Department positions. Clients receive case management and transportation to work, from bus passes, ride sharing services or bicycles. Some are referred to the New Mexico Division of Vocational Rehab to determine eligibility.

Since the pilot program was launched, Chavez said almost 100 people have been placed in jobs and 131 are currently enrolled.

“We need to try different things; we have a lot of people on the streets,” Grout said. “There’s not a one-size-fits-all for fixing homelessness.”

## Weak in Review: May 1

Quick hits on this week’s news bits

**The splash pad at Civic Plaza is officially open.**

It’s perfect for families who want to head Downtown and pay for parking for an activity that can be done with a garden hose on a back porch.



**The New Mexico AG’s Office says it looks like the Bernalillo County Board of Commissioners may have violated the state’s Open Meetings Act.**

Secrets, secrets are no fun...

**An editor with the *Daily Lobo* filed suit against the University of New Mexico for refusing to release specifics on its police department’s fire power.**

Secrets, secrets about some guns.

**The Petroglyph National Monument limits access to thwart vandals.**

See? This is why we can’t have nice things.

**Marble Brewery turns 16.**

Here’s to 16 more years of IPA snobs giving us the stink-eye as we order a Cerveza.



**Audio of Gov. Michelle Lujan Grisham giving a high-level federal official the business over cannabis seizures is making the rounds.**

Dear, unidentified official, take heed...have you seen her boots?

**Albuquerque Sunport looks to update its baggage system.**

Will this, in any way, stop people from bringing steamer trunks as carry-ons? Asking for a friend.

**Jerry Seinfeld says TV comedy is being hurt by “the extreme left and P.C. crap.”**

Sorry, Jer. The days of edgy movies about Pop Tarts and animated bees are long-gone.

**A Pennsylvania man’s emotional support alligator went missing after the man took a trip to Georgia.**

We wouldn’t sweat it. It’s a proven fact that he will indeed see it later.



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**GUILD cinema**

Filmmakers, skaters, artists, musicians: **MY FAMILY SUPPORTS DIY FILMMAKING**  
Friday May 3 7:00pm

Psychedelic, magical realist drama **OMEN**  
Friday May 3 10:30pm

**STAR WARS: RETURN OF THE JEDI (1983)**  
Saturday May 4 3:00, 6:00, 9:30

80s teen rom-com classic **SAY ANYTHING**  
Sunday May 5 1:00pm

A trip through inner Dublin: **NORTH CIRCULAR**  
Sun-Mon May 5-6 4:00, 8:00

**LOST ANGEL: THE GENIUS OF JUDEE SILL**  
Sun-Mon May 5-6 6:00

Millennial ennui indie comedy **FREE TIME**  
Tue-Thu May 7-9 4:00, 7:45

Banksy's West Bank art hotel: **WALLED OFF**  
Tue-Thu May 7-9 5:45

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### 36th Annual Rio Grande Celtic Festival

Come celebrate Celtic culture, **Friday and Saturday, May 4 and 5** at **Balloon Fiesta Park** from **9am to 5pm** each day. Scheduled events include: a Highland dance competition, Scottish heavy athletics, a beard contest and a fiddle clinic, plus Celtic music, arts, history and oral traditions that "promote the culture of nations like Scotland, Ireland, Wales, Brittany, Isle of man, Cornwall and Glacia in New Mexico." The award-winning Celtic band Seven Nations headlines the festival's main stage alongside a host of musicians, dancers and performers from around the country. Tickets are **\$20** (adults) and **\$15** (children) for a one-day pass or **\$35** (adults) and **\$25** (children) for a two-day pass. For a complete schedule of events and a ticket link, go to [celtfestabq.com](http://celtfestabq.com).

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**Class / Workshop**

DJ & Sewing programs from Warehouse 505 12-3pm on Saturdays Warehouse 505 202 Central Ave SE

FREE After School Art Programs with Warehouse 505 5-8pm Warehouse 505 202 Central Ave SE

**Comedy**

The Doodles: TV Guide \$12 7-8 pm The Box Performance Space 114 Gold Ave SW

**Dance**

Friday Night Square Dancing 7 - 9 PM Fridays Albuquerque Square Dance Center 4915 Hawkins St NE

**Exhibit**

Pueblo Baseball: Stitching Our Community Together 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Reflective Presence: The Art of Jesse Littlebird & Jonathan Loretto 9 am-5 pm Indian Pueblo Cultural Center 2401 12th Street NW

Witnessing Justice at Nuremberg: Nazi War Crimes Trials Through the Eyes of New Mexicans Dorothy Adams Greene and Lawrence Rhee 11:00 a.m. to 3 p.m. New Mexico Holocaust & Intolerance Museum 616 Central Avenue SW

**Festival**

2nd Annual Two Worlds Native Theater Festival \$0-\$18 All Day National Hispanic Cultural Center 1701 4th Street Southwest

**Games**

Brain Gang Trivia 6-8 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Geeks Who Drink 7-9 pm Sunday Service Motor Company 2701 4th Street NW

Geeks Who Drink 7-9 pm Outpost 1706 301 Romero St NW

**Music**

Afro Beats X Reggaeton \$5 9 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Apocalyptic Spring Tour f/ Pathology \$15 7:30-11 pm Launchpad 618 Central Avenue Southwest

DHP Presents: Karaoke at Gold Street 6-9 pm Gold Street Pizza & Brew 3211 Coors Blvd SW Suite H1, Albuquerque

Dark Honey Karaoke 6-9 pm Gold Street Pizza & Brew 3211 Coors Blvd SW Suite H1, Albuquerque

Karaoke w/ Swords Entertainment 7:30-11:30 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Real Recognize Real Tour - Kelsey Lynn & Stormie Leigh \$20 9-11:30 pm Bourbon & Boots 325 Central Ave NW

Songwriter Showcase 6-8 pm Canteen Brewhouse 2381 Aztec Road Northeast

**Music - Classical**

UNM Symphony Orchestra \$15 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

**Performance**

Beauty Way: Into the Matriarchy \$16-\$18 7:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

**FRIDAY, MAY 3**

**Art**

ABQ Artwalk 5-9 pm Downtown Albuquerque Downtown

**Art Openings**

Bodega 505 Youth Art Mercado 5-8 pm Warehouse 505 202 Central Ave SE

Fluid Magic: A Black & White Affair - Opening Reception 5-8 pm El Chante: Casa De Cultura 804 Park Ave SW

Hannya: Joshua Mizusawa Solo Art Exhibit Opening 5-9 pm Secret Gallery 807 Fourth St SW, Albuquerque

Miniatures and Small Works 5-8 pm The Gallery ABQ 8210 Menaul Blvd NE

**Comedy**

Felipe Esparza: Bigfoo Tour \$45-\$65 8-9:30 pm Isleta Resort & Casino 11000 Broadway Blvd SE

First Fridays Comedy Contest 8-10 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Jon "Polar Bear" Gonzalez \$20-\$25 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Jon "Polar Bear" Gonzalez \$20-\$25 9:30-11 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

The Doodles: TV Guide \$12 7-8 pm The Box Performance Space 114 Gold Ave SW

The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

**Dance**

Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd NW

Tlacayolt Dance Group (Chichimeca Mexica Azteca) 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

**Family/Kids**

Teen Nights - Selfie Museum 6-9 pm Holiday Park Community Center 11710 Comanche Rd NE, Albuquerque

**Music**

Allce \$10 8-11 pm Insideout 622 Central Ave SW

Chatter Late Works: Cellist Matt Haimovitz 9 pm Chatter 912 3rd St NW

Layton Giordani \$16 9 pm-2 am Revel Entertainment Center 4720 Alexander Blvd NE

LoPhat \$5-\$20 9-11:30 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Millennium Video Music Dance Party - Barbie Prom \$15 9 pm-1 am Sunshine Theater 120 Central Ave SW

Roust the House + Rock 101 Music Academy Performance Night \$3 7-9 pm Outpost Performance Space 210 Yale Blvd., SE

Side Montero 8:30 pm-12 am Launchpad 618 Central Avenue Southwest

Ulthar \$10 7-10 pm Sister 407 Central Ave. NW

**Performance**

Enchantment Awards \$16-\$46 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114

**SATURDAY, MAY 4**

**Art Openings**

Free Luxury Property Networking Mixer, or Free Photo Sessions 10:30 am-8:30 pm Luxury Retreat NM 49 Cir Dr NE

**Class / Workshop**

May the 4th Be With You - Star Wars Themed Candle-Making Event \$40 6-8 pm Boxing Bear Brewing Co. (Firestone Taproom and Brewery) 8420 Firestone Lane NE

**Comedy**

Jon "Polar Bear" Gonzalez \$20-\$25 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Jon "Polar Bear" Gonzalez \$20-\$25 9:30-11 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

The Hive - Long Form Improv \$10 10-11 pm The Box Performance Space 114 Gold Ave SW

The Show - Live Comedy Improv \$10-\$12 8-9 pm The Box Performance Space 114 Gold Ave SW

**Community**

Downtown Growers' Market 8 am-12 pm Robinson Park 810 Copper Ave NW Albuquerque

**Dance**

Tablao Flamenco Albuquerque Dinner Show \$75-\$85 7-9 pm Hotel Albuquerque 800 Rio Grande Blvd NW

Tlacayolt Dance Group (Chichimeca Mexica Azteca) 11 am-12 pm Indian Pueblo Cultural Center 2401 12th Street NW

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Tlacayolt Dance Group (Chichimeca Mexica Azteca) 2-3 pm Indian Pueblo Cultural Center 2401 12th Street NW

Basswars \$10-\$15 9 pm-12:30 am JUNO brewery + cafe + art 1501 1st Street Northwest

**Family/Kids**

Motown Praise Town - A Peaceful Habitation's Annual Gala \$10-\$550 11 am-2 pm Sheraton Albuquerque Uptown 2600 Louisiana Blvd NE

Dust City Opera (Unplugged) - 2024 Cold Hands Tour \$15-\$20 8-10 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Gone Country Saturdays w/ DJ Pete Nic 6-9 pm Ponderosa Brewing Company 1761 Bellamah Ave NW

**Festival**

36th Annual Rio Grande Celtic Festival \$15-\$35 9 am-5 pm Albuquerque Balloon Fiesta Park 9401 Balloon Museum Drive NE

One More Silver Dollar \$10 7:30-11:30 pm FUSION | 708 708 1st St NW

Albuquerque Turkish Festival 11 am-7 pm Raindrop Foundation Turkish Cultural Center 7901 Mountain Rd. NE

RayBurger \$15 9 pm-1:30 am Club 401 401 Central Ave. NW

HIV Glow Out NM 2024 6:30-9:30 pm EXPO New Mexico 300 San Pedro Dr NE

Red Mesa Album Release Show 8-11:30 pm Launchpad 618 Central Avenue Southwest

Road to Badger Bass Camp \$15-\$25 8 pm-2 am Insideout 622 Central Ave SW

**Markets**

Cheers to Moms Market 12-4 pm Canteen Brewhouse 2381 Aztec Road Northeast

Special Favorite: A Club Night \$5 8 pm-1 am Sister 407 Central Ave. NW

Mother's Day Market 11 am-5 pm ABQ Food Park 6901 San Antonio Dr. NE

Vandwellers 6:30-9:30 pm Bow & Arrow Brewing Co. 608 McKnight Ave NW

**Miscellaneous**

Celebrate the Force - May the 4th Birthday Bash 5:30-9 pm Poki Poki Cevicheria (Wyoming Blvd) 3517 Wyoming Blvd NE

**Music - Classical**

New Mexico Philharmonic \$40-\$100 8-10 pm Popejoy Hall 203 Cornell Dr

Cinco De Mayo Celebration 9 am-5 pm Osuna Nursery 501 Osuna Rd. NE

**Performance**

2nd Annual Jar Jar Kinks Presents: Episode II Attack of the Clothes \$21-\$36 8-10 pm Voodoo Girl Pizza & Pints 1401 Second St. NW

Free Comic Book Day 12-5 pm Age of Comics 3700 Osuna Rd NE, Ste 513

Carmen - en espanol May 4, 8, 10 at 7:30 pm, May 5, 11 and 12 at 2:00 pm National Hispanic Cultural Center \* Albuquerque Journal Theatre 1701 4th St SW

Tracks, Tunes & Taps: A Steam Locomotive 2026 Fundraiser 10 am-4 pm Tractor Brewing Wells Park 1800 Fourth St. NW

**Music**

AMP Concerts Presents Sihasin & Lindy Vision \$15-\$20 7:30-10 pm FUSION Theater 708 1st St. NW

Vanya and Sonia and Masha and Spike \$10-\$24 7:30-10 pm The Adobe Theater 9813 4th Street NW, 87114

American Music: Then and Now \$20 4-5 pm First Christian Church ABQ 10101 Montgomery Blvd. NE

**Sports**

Brawl on the Bosque \$30-\$260 7-10 pm Revel Entertainment Center 4720 Alexander Blvd NE

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**Community**

Missing & Murdered Indigenous Women and Relatives Day 10 am-3:30 pm Indian Pueblo Cultural Center 2401 12th Street NW

**Dance**

Tlacayolt Dance Group (Chichimeca Mexica Azteca) 11 am-12 pm Indian Pueblo Cultural Center 2401 12th Street NW

Tlacayolt Dance Group (Chichimeca Mexica Azteca) 3:30-4:30 pm Indian Pueblo Cultural Center 2401 12th Street NW

**Festival**

36th Annual Rio Grande Celtic Festival \$15-\$35 9 am-5 pm Albuquerque Balloon Fiesta Park 9401 Balloon Museum Drive NE

Cinco de Mayo Folk Art Fest 10 am-5 pm Farm & Table 8917 4th St NW

**Food**

Rail Yards Market Opening Day: Traditions Day 10 am-2 pm Rail Yards Market of ABQ 777 1st st SW

**Games**

Brain Gang Trivia 2-4 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Brain Gang Trivia 5-7 pm Lizard Tail Brewing Nob Hill 3417 Central Ave. NE Suite C

**Miscellaneous**

Lotus Sound Bath \$43 4-5 pm Board30 ABQ 4801 Alameda Blvd NE Suite B

**Music**

Albuquerque Concert Band Small Ensembles Concert 3-4 pm Eldorado High School Performing Arts Center 11300 Montgomery Blvd NE

American Music: Then and Now \$20 4-5 pm Asbury United Methodist Church 10000 Candelaria NE

Cinco De Mayo Karaoke 6-9 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Cinco De Mayo with The Band of Enchantments \$10 4-7 pm Insideout 622 Central Ave SW

Cinco de Mayo with Prieto Mezclando 3-8 pm Sister 407 Central Ave. NW

Felix y Los Gatos 4-7 pm Canteen Brewhouse 2381 Aztec Road Northeast

Swinco de Mayo Old Town Social Dance 2-4 pm Old Town Albuquerque 2005 N. Plaza St. NW Albuquerque

Troubled Minds \$10 8-11 pm Launchpad 618 Central Avenue Southwest

**Performance**

Carolyn Meyer's Motherhood: What a Bitch! \$20 3-4:15 pm The Cell Theater 700 First St. NW

Tablao Flamenco Albuquerque Sunday Matinee \$25-\$35 All Day Tablao Flamenco at Hotel Albuquerque 800 Rio Grande Blvd NW

Tablao Flamenco Albuquerque Sunday Matinee \$25-\$35 3-5 pm Tablao Flamenco at Hotel Albuquerque 800 Rio Grande Blvd NW

Vanya and Sonia and Masha and Spike \$10-\$24 2-4:30 pm The Adobe Theater 9813 4th Street NW, 87114

**MONDAY, MAY 6**

**Community**

Lotus Sound Bath Free First Mondays 6:30-7:30 pm Cathedral of St. John 318 Silver Ave. SW

**Games**

Brain Gang Trivia 6-8 pm Canteen Taproom 417 Tramway Blvd NE

Geeks Who Drink 7-9 pm M'tucci's Bar Roma Restaurant 3222 Central Ave. SE

Geeks Who Drink 7-9 pm Santa Fe Brewing (Tin Can Alley) 6110 Alameda Blvd NE Suite #1

Geeks Who Drink 7-9 pm Bow & Arrow Brewing Co. 608 McKnight Ave NW

**Music**

Local Natives \$29-\$119 8-11 pm Historic El Rey Theatre 622 Central Ave SW

Wayfarer \$15 7-10 pm Sister 407 Central Ave. NW

**TUESDAY, MAY 7**

**Class / Workshop**

Vernon's Speakeasy Mixology 101: Beginner Class \$100 6:30-8:30 pm Vernon's Speakeasy 6855 Fourth St. NW

**Games**

Brain Gang Trivia 7-9 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Geeks Who Drink 7-9 pm 505 Central Food Hall 505 Central Ave NW

**Music**

Ballyhoo! \$17 8-11 pm Launchpad 618 Central Ave SW

Beer Choir 6:30-8:30 pm Canteen Brewhouse 2381 Aztec Road Northeast

Born of Osiris and Atilla \$25-\$75 6-11 pm Historic El Rey Theatre 622 Central Ave SW

ERRA - [cure] North America Tour \$27-\$77 7:30-11 pm Sunshine Theater 120 Central Ave SW

Nob Hill Stage Open Mic 6 pm-12 am Public House ABQ 201 Hermosa Dr NE

36th Annual Rio Grande Valley Celtic Festival  
May 4 & 5, 2024

NM's Original Celtic Festival Highland Games

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# An Ode to Moms

*Love letters from staff, to their mothers*

By The Paper. staff

Let's face it: Mother's Day — along with most familial relationships — can be complicated. Not everyone has a mom and not everyone has a relationship with theirs that's worth celebrating. But another truth we have to face is many mothers out there are often our unspoken heroes. Mothers don't have to be biological either. Sometimes it's a close friend or relative who fills the role of confidant, therapist or cheerleader.

We figured the best way to highlight all those maternal figures out there was to solicit kind words from all of those who share office space with *The Paper*. so we asked the staff of our sister publications — the *Sandoval Signpost*, the *Independent*, the *Corrales Comment* and *City Desk ABQ* — to share their thoughts about their own mothers. Be prepared though, some of them are real tear-jerkers, so saddle up to a box of tissue and enjoy!



Sara Atencio-Gonzales with the three strong women in her life: (Left to right) great-grandmother Ramona Saiz, grandmother Gloria Atencio and mother Deborah Atencio

**Sara Atencio-Gonzales, *The Paper* reporter**

I was raised under three generations of strong women. It's something rare that not everyone gets to experience and as an only child, it's something I needed when growing up. My great-grandma, the matriarch of our family, made sure to raise all eight of her children to be well-rounded and respectful individuals. Her oldest child happens to be my grandma, who even after 10 years since her passing will always hold the title of my best friend. She also happened to give me the best gift imaginable, and that was the gift of my mom. My mom is by far the strongest, most caring and

most thoughtful person out there (I am biased). I look at her every day as an example of who I want to be when I am older. I then look at the woman who raised her and think about how lucky I was to be raised under three generations of amazing women. Even though the four generations are no more since my grandma's passing, I look at Mother's Day with excitement as an opportunity to celebrate all three of them, and the person they raised me to be.



Carolyn Carlson with her mother Theresa, shortly before Theresa died in 1982

**Carolyn Carlson, *City Desk ABQ* co-editor**

**Mi Mamacita Theresa**  
 Hopeful eyes, love lost  
 Tears, joys, her hands in prayer  
 Her love lives on in our souls

**Me Mamacita Carolyn**  
 Three shiny love bugs  
 Hold my heart captive tight  
 Earthly spirits entwined fly

**Rodd Cayton, *City Desk* reporter**

Mother's Day is special to me, largely from a nostalgic perspective.

The lens of adulthood has given me a greater appreciation for my mom, Alberta Cayton.

When I was 9, I got hit by a car and broke my femur. I was in the hospital for more than a month, and my mom came to visit me every day.

The older I got, the more obvious it became to me the amount of effort that took. Mom didn't drive. That meant taking a bus, getting a ride from someone or walking 10 blocks one way. To this day, I don't know exactly how she got there.

She also had two other children to care for, but she never

made any of us feel neglected. I felt like I got all the attention I needed.

Then, I became a teenager.

I'm sure I fell short of her expectations many times and thinking back, I am embarrassed by a lot of my behavior. I was often sullen and difficult.

Becoming a parent myself, with kids who are much easier to deal with, has made me understand the level of patience and love she put into raising us.

Thank you, Mom.



Michael Hodock and his mother Maureen Hodock

**Michael Hodock, *Sandoval Signpost* and *Independent* reporter**

Mom,  
 You sang to me every day of my life. I started loving music before I could talk, and I still do. Thank you for singing to me.

You read to me until I could do it myself, and then read to me more. I started loving stories before I could walk, and I still do. Thank you for reading to me.

As we grew older your memory played tricks on you, but you never forgot the words to Elvis or Patsy. I see how important it is to remember the lyrics, and I learned that from you.

Now, I hear you sing all of your sentences. I promise I will listen to you sing forever.

You might not remember why this day is important, but I do.

Everything good about me, I got from you.

How about some Patsy, Mom? Because you're crazy for loving me as much as you do.

Well, I love you too.

**Bethany Raja, *City Desk ABQ* reporter**

Throughout my life, I have had four moms. My first mom gave birth to me and nurtured a love of reading, writing, music and art into my life. My second mother was my first mother-in-law who taught me permaculture and how to raise chickens, ducks and turkeys for food. I will always love

her for that. I currently have two mothers-in-law who were both born in Northern Pakistan. We may not speak the same language, but love is so much more than words. It's the pat, pat, pat of fresh roti being made, the reminder to sleep when you're tired, the long embraces and tears when saying goodbye and the daily phone calls that mean everything. Having more than one mom in your life is truly a blessing.



Jesse Jones' mother Francine with his son Oliver

**Jesse Jones, *Sandoval Signpost* and *Corrales Comment* reporter**

It might sound cliché, but my mom truly played a pivotal role in shaping who I am today. She showered me with love and care, giving me the knowledge and wisdom to tackle life's challenges and make informed decisions as best I could.

My interest in news and politics came from my parents but my mom especially was outspoken. We would watch the news every evening and she got the newspaper every Sunday.

Perhaps it was her background as a nurse that fueled her passion, but my mom never hesitated to express her strong opinions when she believed politicians were corrupt or when she saw people being treated unfairly.

Mother's Day has always held a unique significance for me as my birthday occasionally coincides with this special holiday.

It used to be a bit challenging as a kid when my mom and I both received presents on Mother's Day but now as an adult, I think it is pretty cool. This is especially true since I now get to share the day not only with my mom, but also with my wife.

Happy Mother's Day, Mom!  
 I love you.



Andy Lyman with his mother Deborah Dorff

**Andy Lyman, *The Paper* editor**

I've got a mental vault full of wisdom from my mom, but she admittedly doesn't remember passing some of it on to me. My favorite piece of advice: Never keep change in your back pocket because people might get the wrong idea when they see you digging around back there for that errant coin. But most of her words were much more heartfelt.

Once, the night before I left for a summer-long trip to see family out of state, she pulled me aside to remind me that if I found myself missing her, I could look at the stars and remember they were the same stars she would be looking at back home.

Later, when I was an adult, she once told me she always knows when I'm not doing well because she doesn't hear from me as much. Well, mom, I know I haven't called you as much lately, but I'm doing great — I'm just busy pestering people to write about their mothers.



Chiara Sullivan with her mother Donna Storment

**Chiara Sullivan, account executive**

As a child, my mom was once teased by her neighbor Roseanne for not knowing all the words to "He's So Fine" by the Chiffons. From that day forward, she learned the words to *all* her favorite songs. She often wishes Roseanne teased her about not knowing all the words in the dictionary — it would have served her a lot more than the song lyrics did. That's why I'm my

mom's daughter.

The lovely thing about having your parents remarry, is you get a bonus family. My bonus sister Hillary Charlene wrote this poem about Shelly, my step-mom, and I would like to dedicate this poem to her for Mother's Day:

My mother is as wild as the earth. Running into a hailstorm to protect her tomato plants, wildflowers and cherry trees. Dropping blankets over already soaked gardens.

Still, a mother's love pours longer than the storm. She was there to help me weather mine, and because of her whenever the hail stopped, I was still standing. Still free, still rooted. That's the gift she gave and continues to give, the courage to stay wild.



Elizabeth McCall and her mother Kelly Kidd

**Elizabeth McCall, *Independent reporter***

I have realized that growing up, it wasn't weekend mornings that were special, it was the smell of my mom's French toast. It wasn't my school lunch that was special, it was the note she wrote on my napkin. It wasn't Christmas that was special, it was the magical atmosphere she created by decorating the entire house, wrapping each present with love and making it smell like pine trees.

Mom, these memories are special because you are special. You have made me understand that home is who you love, not where you live. Even though I feel there is no adequate way to thank you for all you do, thank you for continuing to work hard each day despite what life throws at you. Thank you for always supporting me, listening to me and believing in me. Thank you for being the Lorelai to my Rory.

I know Grandma is watching over you because I see her in you and I know she is as proud of you as I am. I hope one day my daughter will look up to me the way I look up to you. Happy Mother's Day, I love you.



Damon Scott with his mother Gail Cook

**Damon Scott, *City Desk ABQ reporter***

My mom is the main reason I recently moved back to Albuquerque after living for years in Fort Lauderdale. What can I say? She supports me and loves me unconditionally. I don't ever feel obligated to spend time with her — it's something I look forward to. We laugh and have a good time and she's always up for an adventure. Whether she knows it or not, my mom has taught me the value of hard work and being optimistic, and the importance of nurturing friendships and contributing to your community. I hope everyone has the good luck and fortune to have someone like her in their lives — a true gem! Happy Mother's Day!



Tierna Unruh-Enos holding her daughter Amani AlRoussan and with her mother Gwynne Ann Unruh

**Tierna Unruh-Enos, *City Desk ABQ co-editor***

I am a journalist today because of my mother. Those of you who have read *The Paper* for the last four years, have seen my mom's name in print. Gwynne Ann Unruh is a self-taught journalist, who literally fought her way into the newsroom by applying to be a general assignment reporter in Alamosa, Colorado in the 1980s. She had no formal training, nor had she professionally written anything before. She was

determined and it paid off. She won multiple awards from the Colorado Press Association and I remember going to sleep at night listening to the clicky-clack of the typewriter, as she wrote through the night to make her morning deadline.

To say that my mother worked hard and was dedicated to literally anything she did is an understatement. My mother encouraged me and forged me into the woman I am, and for that I am grateful. It's what makes me a better mother and what I hope to pass on to my own children.



Rachel Mills with her mother Carolyn Gonzales

**Rachel Mills, art director**

My two sisters and I practically grew up mermaids, thanks to my mom. Every year she would take us to the pool so frequently that, by the end of the summer, our hair was heavily bleached from the chlorine. She also made sure we were in swim lessons each year. She was proud of her mermaid children.

I have many fond memories of us walking our mini herd of chihuahuas around the neighborhood, playing Nintendo games together and staying up late watching Alfred Hitchcock movies and *The Twilight Zone*.

My mom was, and always has been, a free spirit. She pushed for her girls to be strong, independent thinkers. I owe my artistic and musical side to her. She's an amazing singer and a lover of music, which is a legacy I've tried to pass on in my own family, singing with my two kids and bonding over music.

After all is said, I don't think I was able to fully appreciate the difficulties my mother faced until I had kids of my own. Becoming a mother has definitely made me feel closer to my mom now, more than ever.

Happy Mother's Day, I love you Goon!

# Financial Shred-ucation

By The Paper Staff.

**U**.S. Eagle Credit Union announced earlier this month a partnership between the financial institution and local celebrity Mariah Duran, who competed in the 2020 Olympic Games as part of the first U.S. Olympic skateboarding team in Tokyo.

To celebrate the new partnership, which is aimed at promoting “financial wellbeing,” the credit union hosted the South Valley Skate and Food Truck Fest last week. The event also included a skate session where friends and community members joined Duran for a skate session at the Rio Bravo Skate Park in the South Valley.



(Photo credit Roberto E. Rosales)



(Photo credit Roberto E. Rosales)



(Photo credit Roberto E. Rosales)



(Photo credit Roberto E. Rosales)



(Photo credit Roberto E. Rosales)

## Historians Look at Oñate

*There's always more to learn*

In history we find things that make us feel uncomfortable, said Jon Ghahate, a Laguna and Zuni pueblo educator. “Sometimes it’s very challenging. For New Mexico it’s embedded in everything we do.”

Ghahate spoke on a panel about Don Juan de Oñate, the Colonizer of New Mexico. In 1598, Oñate led soldiers and settlers up the Rio Grande, opening the Spanish presence in the region.

The panel was the brainchild of Carol Sullivan, vice president of the Historical Society of New Mexico. In planning the society’s annual conference, which just concluded, Carol was determined to stage an informative and civil discussion. Her first two speaker prospects turned her down, afraid of more violence around a subject that’s sparked two shootings. (Disclosure: I’m on the HSNM board.)

Ghahate disputes calling Oñate controversial. “We wouldn’t call Hitler controversial because we know what he did,” he told a packed room. Because the Spanish faithfully recorded everything, we know about their treatment of the pueblos – the brutality, slave taking, and

demands for food and shelter that would now be considered war crimes.

Jemez Pueblo’s Marlon Magdalena, who is instructional coordinator for the state Jemez Historical Site, explained: “Our religion is our way of life; it’s who we are. Everything around us is part of our religion.”

The Spanish interrupted daily life, Magdalena said. Pueblos could no longer practice their religion and were forced to accept the Catholic Church.

Because they now had to feed unwanted guests, they could no longer trade with Utes and Navajos. Those tribes still needed the previously traded goods and began raiding. Now the pueblos depended on the Spanish for protection. Disease and starvation became more prevalent.

“Oñate – this man represents a lot,” Magdalena said. “He represents colonialism.”

Sullivan studied Oñate and found that his soldiers and settlers didn’t like him. He was neither an admirable nor a

moral leader. Ultimately, he was recalled to Mexico and tried.

Moises Gonzales, an associate professor at UNM, took us to the Hispanic side of the issue and more recent developments.

In the 1920s Santa Fe, with no railroad and no industry, decided to focus on tourism. Driven by Anglo businessmen, the town began to create an image, complete with architectural style and cultural movements. John Gaw Meem’s arrival in New Mexico delivered Pueblo

Revival architecture, along with new architectural restrictions in Santa Fe.

“They created the tricultural myth,” Gonzales said. “They created the Santa Fe Fiestas” and the annual De Vargas pageant and invited Hispanic and Pueblo communities to participate. “They were fascinated with Don Diego de Vargas. Oñate came later.” (De Vargas reconquered New Mexico after the Pueblo Revolt.) The pageant entertained tourists and locals for decades before erupting in controversy.

In 1928 Anglos created the

Spanish Colonial Arts Society, which began holding markets.

What Gonzales calls “the tension of narratives” began in the 1990s, about the same time as the statues. In Rio Arriba County, political heavyweight Emiliano Naranjo got money from the state for Oñate Center.

“It was Naranjo’s project, and he shoved it down everyone’s throat,” said Gonzales. Next Albuquerque put up an Oñate statue. “Then El Paso needs a bigger statue.” All three have provoked conflict. Hispanic identity, he indicated, is more than a pageant and some statues.

Magdalena and Ghahate asked us to respect their history and remember what they suffered, but Magdalena allows there’s more to the story. The Spanish introduced useful agricultural practices and new foods, for example. “It’s good to put it all together.”

It was a lively, civil discussion. Most members of this learned crowd knew about the pueblos’ experience, as well as Oñate’s complicated impact, but we all learned a few things. That’s the key – to maintain an open mind and keep learning.

### All She Wrote



Sherry Robinson

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## Saving for Education: A Smart Thing To Do

By Muhamed Abdel-Hack, The Paper.

The Biden administration announced another round of student loan forgiveness on March 21, totaling about \$5.8 billion for nearly 78,000 workers in the public sector. Additionally, some public universities and community colleges from across the country are offering varying levels of tuition free education (albeit, with some fineprint). While it may seem like a major shift toward affordable and accessible higher education, parents and guardians should not be too quick to forego the oft-repeated advice of saving for college.

According to a 2023 Trends in College Pricing report published by CollegeBoard, a not-for-profit organization connecting students to college success, tuition rates are still increasing. The report highlights that, on average, public four-year universities with in-state tuition

saw an increase of 2.5 percent between the 2022-23 and 2023-24 fees, from \$10,990 to \$11,260. Public four-year out-of-state universities saw an average increase of 3 percent, from \$28,300 to \$29,190.

Besides the obvious advantage of avoiding some or all student loans, college savings plans come with several other advantages. Programs such as 529 plans, which are tax-advantaged accounts that continue to grow overtime until withdrawn, can be applied toward any education related expenses. These go beyond just classroom books and tuition, they can also include supplies, housing, equipment and more. Funds are also not limited to just higher education, they can be applied to costs associated with trade schools or even grades K - 12 expenses. Any remaining 529 funds can be rolled over into a Roth IRA account. The rules surrounding 529 plans

differ by state and should be reviewed thoroughly with a plan professional for a clear understanding.

Beyond 529 programs, there are several other options available that one can consider when exploring college savings. These include prepaid tuition plans, Coverdell education savings accounts, Roth IRAs, savings bonds and even high-yield savings accounts. Each of these comes with its own set of expectations and limitations, but could work for unique savings goals.

Another way to soften the blow of possible future education related costs is to apply for available scholarships, grants and federal student aid. According to a report on scholarship statistics published by educationdata.org, there are over 1.7 million scholarships awarded each year, and the U.S. Department of Education alone awards approximately \$46 billion in

scholarship money annually. Fortunately, for the sake of my children, scholarships are not just limited to athletic talent. There are many academic, public, private, program-based and need-based scholarships available for anyone willing to put in the application legwork.

Finally, if your young student feels the call of duty after high school, the Department of Veterans Affairs’ G.I. Bill is available for anyone that pursues higher education or career training after a stint in any of the 7 branches of the U.S. Military. Benefits of the bill can be applied toward college, technical and vocational courses, apprenticeships and more.

The future will be an increasingly competitive one. Setting a plan for education, backed by communication, support and guidance by industry experts, is the first of many steps for preparing that next generation to take our place.

# Weed Tension

*New Mexico's governor says in leaked audio that she's frustrated with feds over confiscated cannabis*

By Josh Lee, The Paper.

The ongoing saga involving federal agents confiscating legal weed at New Mexico's internal checkpoints took a turn after a portion of a phone call between Gov. Michelle Lujan Grisham and an unidentified Joe Biden administration official was leaked last month.

In the audio, which the governor's office has confirmed as authentic, Lujan Grisham can be heard telling the unknown official that the recent cannabis seizures and detainments have the governor "boxed in."

"Either we have to adjust it or I have to send you a letter saying you're persecuting a state," Lujan Grisham said in the phone call.

The governor also mentioned in the call that she is "cranky" with U.S. Secretary of Homeland Security Alejandro Mayorkas over the hard stance Customs and Border Patrol (CBP) has taken when it comes to state-sanctioned cannabis companies trying to move product out of Las Cruces and the surrounding areas.

Lujan Grisham's office has confirmed that she met with Mayorkas in April about what seems like a sudden shift in the CBP policy on state-legal weed.

The meeting was in response to a number of state-licensed cannabis operators losing their products to Border Patrol agents at interior border checkpoints since February. The New Mexico Cannabis Chamber of Commerce reports that 12 companies have had products seized by Border Patrol agents and at least one employee was arrested, although they were later released.

Industry insiders say more than \$300,000 worth of products have been seized in the last three months. Those losses translate to thousands in lost taxes, and state leaders are concerned about the impact of these seizures.

Michael Coleman, director of communications at the governor's office, tells *The Paper* that Mayorkas signaled to Lujan Grisham that federal agents will continue to enforce federal law, even if companies have the proper paperwork proving they're abiding by state law.

"Secretary Mayorkas assured the governor that federal policies with respect to legalized cannabis have not changed," says Coleman.

Mayorkas' response to the governor sounds familiar to industry leaders and reporters who have spoken to representatives of CBP about



(Credit Office of Congresswoman Michelle Lujan Grisham at Wikimedia Commons)

the seizures and have been told that the agency will continue to confiscate drugs that have been federally designated as controlled substances, no matter what local laws are in place.

"Regardless, the governor and her administration are working on a strategy to protect New Mexico's cannabis industry," Coleman says. He says the governor's office has received a number of inquiries on the issue and is actively working to solve the problem.

When New Mexico legalized adult-use marijuana, the agency publicly clarified that the state's marijuana laws didn't change anything about the way the feds handle weed.

"Border Patrol agents have drug enforcement authority. Marijuana is still a prohibited drug under Schedule I of The United States Controlled Substances Act. Therefore, U.S. Border Patrol agents will continue to take appropriate enforcement action against those who are encountered in possession of

marijuana anywhere in the United States," CBP said in a 2022 news release.

But other border states that have legalized weed reportedly aren't experiencing the same issues as New Mexico's industry.

"At this point, New Mexico seems to be the only state affected by these seizures and we're working to understand why," Coleman says.

New Mexico Cannabis Control Division (CCD) Director Todd Stevens tells *The Paper* that he spoke to regulators in other border states that have legalized cannabis and discovered that their marijuana businesses aren't having trouble with checkpoints in their states.

"This is a complicated issue that currently only appears to be impacting New Mexico cannabis businesses and not other states with legal adult use cannabis markets," Stevens says. "We are continuing to collect data from our licensees related to these seizures and hope to work towards a proper resolution with

authorities at the federal level."

Which raises the question: What's different about New Mexico?

Legal cannabis in theory hurts the illicit drug trade and gives cartels in Mexico and South America less incentive to transport illegal drugs into the country. In this way, the legal cannabis industry directly supports one of CBP's stated missions: To "detect, deter and disrupt transnational organized crime that threatens U.S. national and economic security interests at and beyond the border."

Meanwhile, a coalition of state-licensed cannabis operators sent a letter in April to New Mexico's congressional delegation asking lawmakers to take the issue to Capitol Hill.

"The seizures are having an impact on our businesses, and we are asking for your assistance changing Border Patrol policy," the group wrote.

The letter calls for a new policy that allows licensed marijuana businesses to transport products through the checkpoints as long as they are carrying the state-required paperwork for cannabis transport.

According to Matt Kennicott of cannabis business consultancy company The Plug and one of the business leaders who signed the letter, the delegation hasn't responded yet.

"It's important that this issue gets resolved soon," Kennicott says. "Not only are the seizures impacting cannabis businesses statewide, but consumer safety could be impacted due to a lack of testing labs in the southern part of the state. We are going to continue working through the congressional delegation, but we need solutions immediately."

In an email to *The Paper*, Rep. Gabe Vasquez's office said it was looking into the matter and that the congressman believes the federal government should respect New Mexico law. Rep. Melanie Stansbury previously told *The Paper* that "this is a problem that we must address."

And while Sen. Martin Heinrich has not responded to requests for comment, he has told other outlets that the Department of Homeland Security should be focused on more pressing concerns than state-compliant marijuana businesses. Heinrich told reporters that the agency should be more concerned with stopping the flow of illegal fentanyl into the country.



# Blunts.

## cannabis news shorts



Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

## DEA Says Right To Try Doesn't Apply

By Josh Lee, The Paper.

The Drug Enforcement Administration (DEA) says the so-called Right To Try law does not include exemptions for controlled substances and therefore the agency refuses to allow cancer patients access to psilocybin treatments.

The DEA last month filed a brief in a lawsuit filed against the DEA by Sunil Aggarwal of Advanced Integrative Medical Science Institute, an end-of-life care physician based in Washington state. Aggarwal has tried various tactics to gain federal approval to treat dying patients with psilocybin under the Right To Try Act, a law signed by former President Donald Trump that allows terminal patients to try experimental treatments that have not been approved by the FDA.

The agency's brief is a response to the latest suit before the U.S. Court of Appeals for the Ninth Circuit.

"The Right to Try Act does not itself 'provide any exemptions from the [Controlled Substances Act] or its implementing regulations' or 'give the DEA authority to waive' statutory restrictions," the brief reads.

The agency says if Aggarwal wants to dispense psilocybin to patients, he will have to register as a psilocybin researcher and apply for study approval.

### Researchers Find Few Bad Effects From Magic Mushrooms

A new study published by the American Medical Association



(Credit Workman at Wikimedia Commons)

(AMA) found that adverse effects from single-dose psilocybin treatment are short-lived if they happen at all.

The study, published last month in *JAMA Psychiatry*, found that psilocybin therapy can sometimes have some adverse effects, including headache, anxiety, nausea, dizziness and elevated blood pressure. However, researchers found that those effects were "tolerable" and resolved within 48 hours.

Notably, the study found that the treatment was not associated with a risk of paranoia or transient thought disorder (experiencing psychotic episodes). In the past, psilocybin detractors have claimed that these negative effects were

associated with the drug.

The study's authors reviewed data from randomized, double-blind clinical trials of psilocybin in patients treated for depression and anxiety in which participants reported adverse effects. The team analyzed a total sample of 528 participants.

The researchers wrote that future studies need to more actively evaluate the appropriate management of adverse effects.

### Legalization Linked to Lower Deportations

A new Columbia University study found that immigrant deportation rates in states that have legalized marijuana are

lower than in states where the drug is still prohibited.

The study, published in the journal *BMC Public Health*, analyzed data from the Transactional Records Access Clearinghouse that included immigration arrest information from 2014 to 2018 and immigration deportation information from 2009 to 2020.

The researchers found that while there were no meaningful changes in arrest prevalence during that time, legalizing recreational marijuana was associated with a moderate relative decrease in deportation prevalence.

The researchers did not identify the mechanism behind the association.

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**LEGAL NOTICE**

Published in Long Beach Press Telegram on April 25, 2024  
 Location  
 Los Angeles County California

**NOTICE OF PETITION TO ADMINISTER ESTATE OF Mattie V. Watson**  
 Case No. 24STPB03196

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of Mattie V. Watson  
 A Petition for Probate has been filed by Florence L. Onyia in the Superior Court of California, County of Los Angeles  
 The Petition for Probate requests that Florence L. Onyia appointed as personal representative to administer the estate of the decedent.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval.  
 Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows: A hearing on the petition will be held in this court as follows:  
 5/22/2024 at 8:30 AM in Probate Department 99 at 111 North Hill Street, Los Angeles, CA 90012  
 Appointment Hearing - Decedent's Estate  
 If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

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**ASSUMED NAME NOTICE**  
 effective April 2, 2024 at 11:59 PM  
 It is notified that the name  
**FELICA LATRES DIXON** has been  
 assumed by Felica LaTres Dixon on  
 April 2, 2024 at 11:59 pm

**ASSUMED NAME NOTICE**  
 effective April 3, 2024 at 11:59 PM  
 It is notified that the name  
**MYRON JENKINS JR** has  
 been assumed by  
 Myron Jenkins Jr. on April 3, 2024  
 at 11:59 pm

**Public Notice**  
 i, anna kalise rhodes, declare the following: I. I have reached eighteen years of age. II. I am of sound mind. III. I am a living breathing woman. IV. I am a United States National not a 14th amendment US citizen. V. I am White and American Indian. VI. I claim on all genetic materials, biometrics, chattels, securities, accounts and all associated rights, titles and interests derived from my estate and corpus. VII. I revoke all power-of-attorney and third-party authority to act as my attorney-in-fact granted on my behalf ab initio. VIII. I am the party named in breeder document # xxx-xx-403578 and owner of certificates derived from it. IX. I execute my Estate and only utilize fiduciaries I have expressly appointed to execute commercial transactions for my estate. X. I am a friend to the United States and its courts. i, woman, verify under penalty of perjury under the laws of the United States of America that the foregoing is true and correct. Executed the 17th day of April 2024. /s/by:Rhodes, Anna Kalise, not in individual capacity, without the United States. Held in Trust. All rights reserved.  
 Publication dates: 25 Apr 2024, 02 May 2024, 09 May 2024, 16 May 2024



Friend Eric J Garcia on facebook or follow at [elmacheteillustrated @instagram](https://www.instagram.com/elmacheteillustrated).

FREE WILL ASTROLOGY

Week of May 1

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ARIES (March 21-April 19): The world's record for jumping rope in six inches of mud is held by an Aries. Are you surprised? I'm not. So is the world's record for consecutive wallops administered to a plastic inflatable punching doll. Other top accomplishments performed by Aries people: longest distance walking on one's hands; number of curse words uttered in two minutes; and most push-ups with three bulldogs sitting on one's back. As impressive as these feats are, I hope you will channel your drive for excellence in more constructive directions during the coming weeks. Astrologically speaking, you are primed to be a star wherever you focus your ambition on high-minded goals. Be as intense as you want to be while having maximum fun giving your best gifts.

TAURUS (April 20-May 20): I don't casually invoke the terms "marvels," "splendors," and "miracles." Though I am a mystic, I also place a high value on rational thinking and skeptical proof. If someone tells me a marvel, splendor, or miracle has occurred, I will thoroughly analyze the evidence. Having said that, though, I want you to know that during the coming weeks, marvels, splendors, and miracles are far more likely than usual to occur in your vicinity—even more so if you have faith that they will. I will make a similar prediction about magnificence, sublimity, and resplendence. They are headed your way. Are you ready for blessed excess? For best results, welcome them all generously and share them lavishly.

GEMINI (May 21-June 20): In accordance with astrological omens, I recommend you enjoy a celebratory purge sometime soon. You could call it a Cleansing Jubilee, or a Gleeful Festival of Purification, or a Jamboree of Cathartic Healing. This would be a fun holiday that lasted for at least a day and maybe as long as two weeks. During this liberating revel, you would discard anything associated with histories you want to stop repeating. You'd get rid of garbage and excess. You may even thrive by jettisoning perfectly good stuff that you no longer have any use for.

CANCER (June 21-July 22): Graduation day will soon arrive. Congrats, Cancerian! You have mostly excelled in navigating through a labyrinthine system that once upon a time discombobulated you. With panache and skill, you have wrangled chaos into submission and gathered a useful set of resources. So are you ready to welcome your big rewards? Prepared to collect your graduation presents? I hope so. Don't allow lingering fears of success to cheat you out of your well-deserved harvest. Don't let shyness prevent you from beaming like a champion in the winner's circle. PS: I encourage you to meditate on the likelihood that your new bounty will transform your life almost as much as did your struggle to earn it.

LEO (July 23-Aug. 22): Ritualist and author Sobonfu Somé was born in Burkina Faso but spent many years teaching around the world. According to her philosophy, we should periodically ask ourselves two questions: 1. "What masks have been imposed on us by our culture and loved ones?" 2. "What masks have we chosen for ourselves to wear?" According to my astrological projections, the coming months will be an excellent time for you to ruminate on these inquiries—and take action in response. Are you willing to remove your disguises to reveal the hidden or unappreciated beauty that lies beneath? Can you visualize how your life may change if you will intensify your devotion to expressing your deepest, most authentic self?

VIRGO (Aug. 23-Sept. 22): If human culture were organized according to my principles, there would be over eight billion religions—one for every person alive. Eight billion altars. Eight billion saviors. If anyone wanted to enlist priestesses, gurus, and other spiritual intermediaries to help them out in their worship, they would be encouraged. And we would all borrow beliefs and rituals from each other. There would be an extensive trade of clues and tricks

about the art of achieving ecstatic union with the Great Mystery. I bring this up, Virgo, because the coming weeks will be an ideal time for you to craft your own personalized and idiosyncratic religious path.

LIBRA (Sept. 23-Oct. 22): Hidden agendas and simmering secrets will soon leak into view. Intimate mysteries will become even more intimate and more mysterious. Questions that have been half-suppressed will become pressing and productive. Can you handle this much intrigue, Libra? Are you willing to wander through the amazing maze of emotional teases to gather clues about the provocative riddles? I think you will have the poise and grace to do these things. If I'm right, you can expect deep revelations to appear and long-lost connections to re-emerge. Intriguing new connections are also possible. Be on high alert for subtle revelations and nuanced intuitions.

SCORPIO (Oct. 23-Nov. 21): It's fun and easy to love people for their magnificent qualities and the pleasure you feel when they're nice to you. What's more challenging is to love the way they disappoint you. Now pause a moment and make sure you register what I just said. I didn't assert that you should love them \*even if\* they disappoint you. Rather, I invited you to love them BECAUSE they disappoint you. In other words, use your disappointment to expand your understanding of who they really are, and thereby develop a more inclusive and realistic love for them. Regard your disappointment as an opportunity to deepen your compassion—and as a motivation to become wiser and more patient. (PS: In general, now is a time when so-called "negative" feelings can lead to creative breakthroughs and a deepening of love.)

SAGITTARIUS (Nov. 22-Dec. 21): I assure you that you don't need "allies" who encourage you to indulge in delusions or excesses. Nor do I recommend that you seek counsel from people who think you're perfect. But you could benefit from colleagues who offer you judicious feedback. Do you know any respectful and perceptive observers who can provide advice about possible course corrections you could make? If not, I will fill the role as best as I can. Here's one suggestion: Consider phasing out a mild pleasure and a small goal so you can better pursue an extra fine pleasure and a major goal.

CAPRICORN (Dec. 22-Jan. 19): I invite you to take an inventory of what gives you pleasure, bliss, and rapture. It's an excellent time to identify the thrills that you love most. When you have made a master list of the fun and games that enhance your intelligence and drive you half-wild with joy, devise a master plan to ensure you will experience them as much as you need to—not just in the coming weeks, but forever. As you do, experiment with this theory: By stimulating delight and glee, you boost your physical, emotional, and spiritual health.

AQUARIUS (Jan. 20-Feb. 18): Aquarian author Lewis Carroll said, "You know what the issue is with this world? Everyone wants some magical solution to their problem, and everyone refuses to believe in magic." In my astrological opinion, this won't be an operative theme for you in the coming weeks, Aquarius. I suspect you will be inclined to believe fervently in magic, which will ensure that you attract and create a magical solution to at least one of your problems—and probably more.

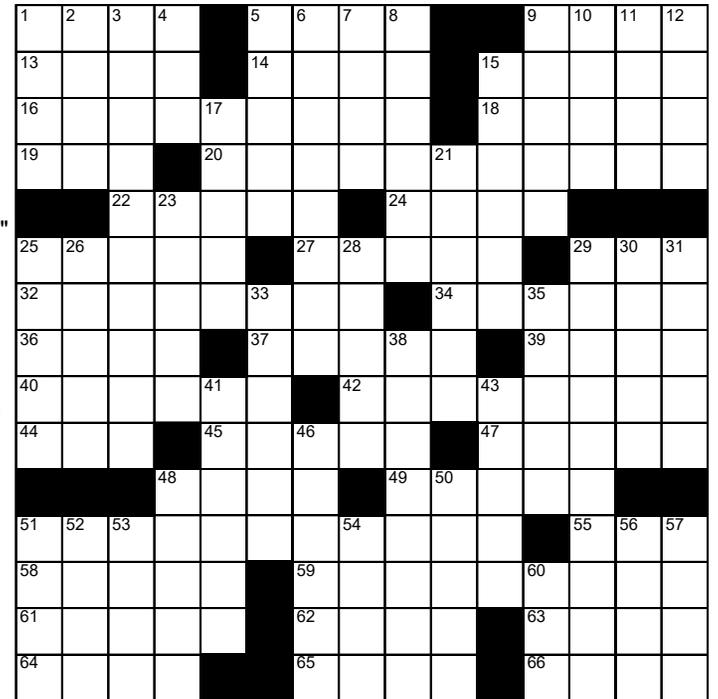
PISCES (Feb. 19-March 20): Which would you prefer in the coming weeks: lots of itches, prickles, twitches, and stings? Or, instead, lots of tingles, quivers, shimmers, and soothing? To ensure the latter types of experiences predominate, all you need to do is cultivate moods of surrender, relaxation, welcome, and forgiveness. You will be plagued with the aggravating sensations only if you resist, hinder, impede, and engage in combat. Your assignment is to explore new frontiers of elegant and graceful receptivity.

The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Tijuana locale, briefly
5 Urge
9 Two together
13 Russia's \_\_\_ Mountains
14 "Get outta here!"
15 City of India
16 Economic downturn
18 Bagel variety
19 Go on and on
20 Ready for a nap
22 Salma who played Frida Kahlo
24 Insolence
25 Hiker's route
27 Audited, with "on"
29 Many a time, in poems
32 Drunk, in slang alternative
34 Paper clip
36 Summit
37 Musical work
39 Obey
40 Essential
42 Lent an ear
44 Miscalculate
45 Stack at a shower
47 Done in a rush
48 Kind of surgeon
49 "All kidding \_\_\_ ..."
51 Grinder's instrument
55 Tree trickling
58 "Satchmo" Armstrong
59 Sometimes life throws this



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- 61 Peruvian range
62 Spot for a dummy
63 "Poor Things" actress Stone
64 Command to Rover
65 Matches a poker bet
66 Place to brood
7 Prepare
8 "It's true!"
9 Gives in
10 Varied mixture
11 Holier-than-\_\_\_
12 Help for the stumped
15 Fails to
17 Fashion sense
21 Elevates
23 Drew a bead on
25 Scottish title
26 Indy entrant
28 Ticket category
29 Magic words from Ali Baba
30 Naval force
31 Presidential nickname
33 Phone button
35 Out in front
38 Be of two minds
41 Place to exit
43 Belonging to thee
46 Shepherds' charges
48 Corbeled window
50 Socks away
51 Uninteresting
52 Top-drawer
53 Hardly genteel
54 Mystical old letter
56 Some charity
57 Builder's map
60 London's Big \_\_\_

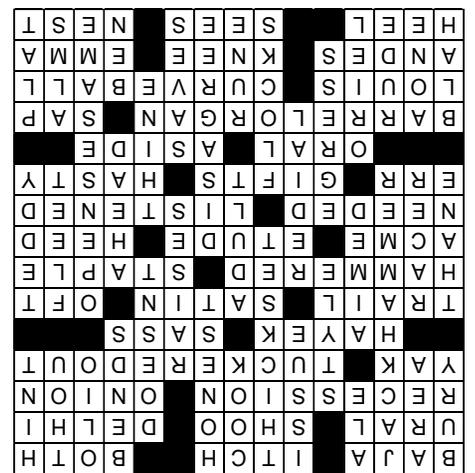
DOWN

- 1 Put under?
2 Kind of code
3 Pavement pounder
4 Stein contents
5 Progeny
6 Solidly built

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Solution to Crossword:



# “I’M SO GRATEFUL I NEVER STOPPED SEARCHING!”

Bernalillo resident Maria R had been experiencing the debilitating side effects of Peripheral Neuropathy.

**“I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare.”**

Then she met Albuquerque's very own Dr. Andrea Brogdon

**“I was so desperate to the point of giving up” exclaimed Maria R. from Bernalillo. “I was in so much discomfort due to the numbness, tingling, and burning on the back of both legs and in my feet.”**

Maria R had been diagnosed with peripheral neuropathy and had seen a neurologist with no relief. To complicate things further, Maria had been diagnosed with two fractured discs in her back that were causing her severe pain. “I was no longer able to do surgery and all other treatments didn’t work. I was starting to feel hopeless.”

Maria is one of 3 million people in the United States suffering from peripheral neuropathy, a degenerative disease of the peripheral nervous system. “Those with peripheral neuropathy experience numbness, tingling, burning and even severe cramping due to the dying off of the peripheral nerves,” explains Dr. Andrea Brogdon of Albuquerque Acupuncture & Integrative Medicine. “These nerves continue to die off until they have completely expired leaving sufferers with numbness and debilitating balance issues. Patients come to see me after having seen many other doctors with no relief. They have been told that there is nothing they can do or that they just have to live with it.”

**“I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare,” says Maria.**

“I learned about Dr. Andrea Brogdon from an article I read and learned that she helped others like me, experiencing the same symptoms.

I made an appointment hoping she was going to be able to help me. It was my last resort.”

Dr. Andrea Brogdon has helped thousands of patients get their life back after being diagnosed with peripheral neuropathy and living with the debilitating effects of the disease. How does she get such amazing results? “Acupuncture has been used for centuries to improve circulation but the real magic happens when I integrate ATP Resonance BioTherapy™.” By using modern technological advancements alongside the time tested science of acupuncture, Dr. Brogdon is able to reverse the effects of this degenerative disease, regardless of its origin.

“Early detection is key when it comes to improving your chances of a full recovery,” explains Dr. Brogdon. Which is why she starts every patient with an initial consultation during which a sensory exam is performed. “This helps to determine just how much nerve damage has occurred,” tells the doctor. “This is important because if the patient has suffered more than 95% sensory loss there is very little I can do at that point.”

**“After several treatments, I experienced tremendous relief. Life is good! I have seen a huge improvement in my walking, I sleep better, even my mood is better! I am so grateful I never stopped searching!”** exclaims Maria.

If you or a loved one are living a life of suffering due to peripheral neuropathy and your pain has prevented you from doing the things you love with the people you love, it’s time to call Dr. Brogdon and the staff at AAIM.

Call (505) 355-1984 today to schedule an initial consultation or visit [AAIM-ABQ.com](http://AAIM-ABQ.com) to read more incredible success stories.



**PERIPHERAL NEUROPATHY?  
Call (505) 355-1984  
to schedule a consultation!**

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