

The Paper.

March 20, 2024

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The Paper.

ALBUQUERQUE'S INDEPENDENT COMMUNITY NEWS



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The [NEWS] Paper. March 20, 2024



(Courtesy GoFundMe page for Sophia Leone)

By Elise Kaplan, City Desk ABQ

¬ arlier this month, local homicide detectives were **d** called to a Northeast Albuquerque apartment complex to investigate a woman's death after she was found "unresponsive" by her family.

Now it's been more than a week and her death has been reported by national—and even international—outlets, including the *New York Post*, *The Daily* Beast, Parade Magazine and news agencies as far away as India. The articles link to a GoFundMe page set up by the woman's stepfather and include her last missive on Instagram where she posted a picture of herself throwing peace signs and smiling with the caption: "Go outside and just appreciate life a little extra today."

All the attention is because the woman who died was Brianna Navarro—an adult film star who went by the name Sophia Leone. She has appeared in more than 80 erotic TV series and videos, according to her IMDb page.

It's also because an adult talent agency, 101 Modeling, which said it represented the 26-year-old, posted on social media that she was killed.

To be clear, Sophia's death is being investigated as a robbery and homicide," the agency wrote in a post on X. Later it included that the case "is being investigated as a home invasion homicide.'

But there is little indication from the Albuquerque Police Department that this was a "home invasion homicide"—or even a homicide necessarily. A couple of days after detectives were called to the scene at the Mountain Run apartment complex on Eubank Blvd. NE, police changed the investigation's designation to a "suspicious death."

APD spokesperson Gilbert Gallegos told City Desk ABQ on

March 13 that the Office of the Medical Investigator did an autopsy on Leone and "did not find any trauma." He said they have not yet determined her cause of death.

"They are waiting for toxicology results," Gallegos said.
He said he and others at APD

have been inundated with calls from all the news agencies.

Representatives of 101 Modeling did not respond to emailed questions asking about their assertion that Leone's death was a home invasion homicide or robbery and homicide. Leone's stepfather also did not respond to an email.

On the GoFundMe page raising money for the investigation, funeral expenses, and any other costs that may arise as the family works through this heartbreak" Leone's stepfather described her as a "beloved daughter, sister, granddaughter, niece and friend."

She had a deep love for all animals, specifically her three pets," he wrote. "She enjoyed traveling and always found ways to make everyone around her

The GoFundMe page has raised more than \$14,000 and is not taking more donations.

The modeling agency said on X—formerly Twitter—that it is "going to take time off social media because this is difficult. But we do appreciate seeing the stories from people who knew her. We all agree she was a sweetheart, kind, and gentle. We all love her."

It has re-posted numerous users who are mourning Leone, including one who said "She was such a beautiful girl and from the sentiments I'm reading from people she was just such a joy of a person to be around and a true light."

Weak in Review: March 20

Quick hits on this week's news bits

The U.S. Supreme Court declined to hear Couy Griffin's appeal of his removal from the Otero County Commission.

Yeah, we've ribbed him a lot, but is there such a thing as too much schadenfreude?



Another cop allegedly tied to APD's DWI scandal resigned.

One away from a basketball team.

Speaking of b-ball, the UNM men's basketball team is headed for the NCAA tournament.

Go easy on your sports-loving friends. They have a lot going on this week.

Spring has sprung!

So, we should be getting another blast of snow any day now.

Saturday is National Tamale Day

We call it National "Well, actually, tamal is the singular version," Day.



Verdes Cannabis and Central New Mexico Community College are teaming up on pot classes.

Sounds a lot like our time at community college.

APD announced a new class of service aide officers

We hear there are at least four higher up openings.

A new film called Eddington that's apparently about "a small-town New Mexico sheriff with higher aspirations," will be filmed here.

Higher aspirations, as in switching parties and running for every office ever known?

Princess of Wales Kate Middleton was allegedly spotted recently, putting to rest days worth of conspiracy theories.

Maybe one day the U.S. can gain independence from the U.K. so we can all stop worrying about the royal family.

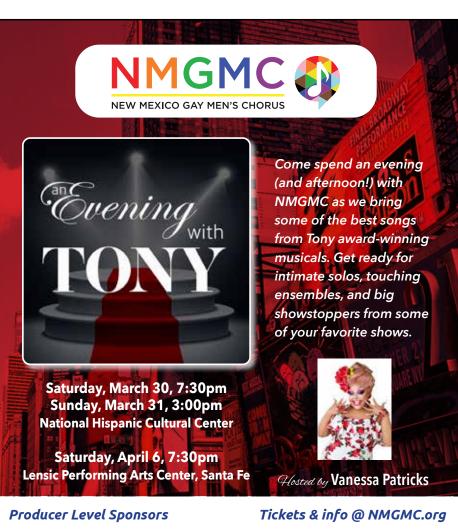


The [EVENTS] Paper.

March 20, 2024









Chicharra Poetry Slam Festival

The Chicharra Poetry Slam Festival is a multi-day, multi-venue event welcoming more than a dozen poetry teams and some 30 individual poets from around the country. It kicks off on Wednesday, March 20 from 7 to 9pm with a Welcome Open Mic at Z Lounge (3711 Central Ave. NE). Poetry Slam Competition takes place Thursday and Friday, 6 to 10pm, at Red Door Brewing (509 Central Ave. SW), El Chante: Casa De Cultura (804 Park Ave. SW) and Dry Heat Comedy Club (521 Central Ave. NW). The Finals Stage battle hits Hiland Theater (4800 Central Ave. SE) Saturday, March 23 from 7 to 10 pm. Among the other highlights is New Mexico poet/artist/ social justice advocate GiGi Bella's one-woman show Big Feelings at Z Lounge on Thursday, March 21 at 11pm and an Erotica Open Mic (and Burlesque Show) at Red Door Brewing on Saturday starting at 11pm. Also on tap are workshops, a book fair, a Nerd Slam and a Trans/Binary Open Mic event. For a complete schedule of events go to cicadapoetryslamfestival.com. Tickets to the finals are \$20, all other events are free.

THURSDAY, MARCH 21

Class / Workshop Exploring the Myth of Separability with Carol Padberg 6-8 pm 516 Arts 516 Central Ave.

ance

Friday Night Square Dancing 7 - 9 PM Fridays Albuquerque Square Dance Center 4915 Hawkins St NE.

Discussion / Lecture

Frederick Hammersley Visiting Artist Talk with Molly Zuckerman-Hartung 5 pm Albuquerque Museum 2000 Mountain Road NW

Games

Geeks Who Drink 7-9 pm Sunday Service Motor Company 2701 4th Street NW

Geeks Who Drink 7-9 pm Outpost 1706 301 Romero St NW

Trivia Thursday 7-9 pm Flatiron Bites & Brews 6001 San Mateo Blvd NE

Music

Eyes Set To Kill 'Reach' 15 Year Anniversary Tour \$17 8-11 pm Launchpad 618 Central Avenue Southwest

Hype or Die Fest \$25-\$40 9 pm-2 am Historic El Rey Theatre 622 Central Ave SW









March 20, 2024

The [EVENTS] Paper.

KMFDM 40th Anniversary Tour \$35-\$85 8-11 pm Sunshine Theater 120 Central Ave SW

Music on the Patio: Slim Belly Blues Band 6-9 pm Canteen Brewhouse 2381 Aztec Road Northeast

Raul Midon \$15-\$40 7:30-9:30 pm Outpost Performance Space 210 Yale Blvd., SE

Relate \$12 7-11:30 pm Historic El Rey Theatre 622 Central Ave SW

Sweettooth \$10 9 pm-1:30 am Effex NightClub 420 Central Avenue Southwest

Performance

Edge Time Stories: Hosted by Tapestry 11 pm-12 am Red Door Brewing Company 509 Central Ave SW

Garden Bros Nuclear Circus \$14-\$65 7:30-9:30 pm EXPO New Mexico 300 San Pedro Dr NE

Gigi Bella: Big Feelings 11 pm-12 am Z Lounge 3711 Central Ave NF

Jitney \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd NE

My Fair Lady \$60-\$133 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

PAPA's Senior Showcase \$10-\$30 7-9 pm National Hispanic Cultural Center 1701 4th Street Southwest

THE ODD COUPLE (FEMALE VERSION) \$10-\$24 7:30-9:45 pm Adobe Theater 9813 4th St NW

Trans & Non-Binary Open Mic 2:30-3:30 pm Main Public Library 501 Copper Avenue Northwest

FRIDAY, MARCH 22

Art Openings

Artist talk, panel discussion, star gazing, and closing reception for the exhibition Lightspace 7:30-9 pm The Outpost! 210 Yale Blvd. SE

Class / Workshop

Water Smart With Water Authority Rebates 11 am-12 pm Plants of the Southwest 3095 Agua Fria St. Santa Fe

Comedy

Comedy Night \$10 8 pm Herban Oasis Apothecary & O Lounge 2308 Eubank Blvd. NE

Comedy Roast Battles \$10-\$100 8-10:30 pm Revel Entertainment Center 4720 Alexander Blvd NE

Left on Read \$10 7-8 pm The Box Performance Space 114 Gold Ave SW

The Show - Live Comedy Improv \$12 8-9 pm The Box Performance Space 114 Gold Ave SW

Willie Barcena \$30-\$40 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Willie Barcena \$30-\$40 9-10:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Dance

Moonlight Masquerade Ball \$50-\$70 6-10 pm Holiday Dance Studio 5200 Eubank Blvd. NE Suite D

Music

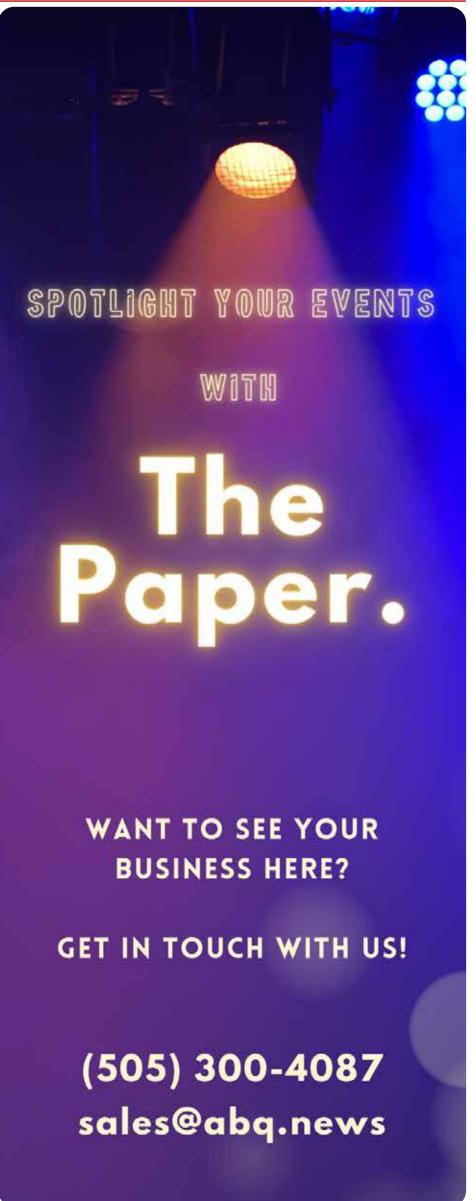
03Greedo \$30-\$150 9:30 pm-12:30 am Launchpad 618 Central Avenue Southwest

Brian Culbertson: The Trilogy Tour \$37-\$132 7:30-9:30 pm National Hispanic Cultural Center 1701 4th Street Southwest

Cody Canada & The Departed \$25 8-11 pm Historic El Rey Theatre 622 Central Ave SW

DJ Wae Fonkey 8-11 pm Tractor Brewing Nob Hill 118 Tulane SE

Frankly Scarlet 7-9 pm Flatiron Bites & Brews 6001 San Mateo Blvd NE



The [EVENTS] Paper.

March 20, 2024

Gin & Jazz: Spring Cocktail Edition 5-10 pm Tractor Brewing Wells Park 1800 Fourth St. NW

Rotting Electro Elemens: EP Release \$10 7-11 pm Ren's Den 900 Fourth St. SW

Salsa Night with Calle 66 \$10-\$40 8-11 pm JUNO brewery + cafe + art 1501 1st Street Northwest

The Green Book 2024 Tour f/ Twiztid & Blaze \$27-\$77 8-11 pm Sunshine Theater 120 Central Ave SW

The Prelude w/ DJ Soiree 8-11 pm Two Cranes Bistro + Brew 901 Rio Grande Blvd. NW 190 & 192 Suite A

We House Fridays f/ Miss Dre \$10 9-2 pm Effex NightClub 420 Central Avenue Southwest

Performance

Garden Bros Nuclear Circus \$20-\$65 4:30-6:30 pm EXPO New Mexico 300 San Pedro Dr NE Garden Bros Nuclear Circus \$14-\$65 7:30-9:30 pm EXPO New Mexico 300 San Pedro Dr NE

Jitney \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd NE

My Fair Lady \$60-\$133 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

Speaking of Sex: Erotic Open Mic & Burlesque 11 pm-12 am Red Door Brewing Company 509 Central Ave SW

THE ODD COUPLE (FEMALE VERSION) \$10-\$24 7:30-9:45 pm Adobe Theater 9813 4th St NW

The 25th Annual Putnam County Spelling Bee \$19-\$27 7:30-7:30 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

SATURDAY, MARCH 23

Class / Workshop

Build Your Own Backyard Refuge Day 9:30 am-12:30 pm Valle de Oro National Wildlife Refuge 7851 2nd St SW

Comedy

Left on Read \$10 7-8 pm The Box Performance Space 114 Gold Ave SW

Mark Normand – Ya Don't Say Tour \$31-\$155 7-8:30 pm Kiva Auditorium 2nd St & Marquette Northeast

The Show - Live Comedy Improv \$12 8-9 pm The Box Performance Space 114 Gold Ave SW

Willie Barcena \$30-\$40 7-8:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, oo4

Willie Barcena \$30-\$40 9-10:30 pm Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo. 004

Dance

The Little Mermaid \$22-\$30 2-4 pm KiMo Theatre 423 Central Avenue NW The Little Mermaid \$22-\$30 7-9 pm KiMo Theatre 423 Central Avenue NW

Water Strider Dance Group (Zuni Pueblo) 12-1 pm Indian Pueblo Cultural Center 2401 12th St. NW

Discussion / Lecture

What are the aliens REALLY up to on our planet? 10:30 am-1:30 pm Erna Fergusson Library 3700 San Mateo Blvd NE

Family/Kids

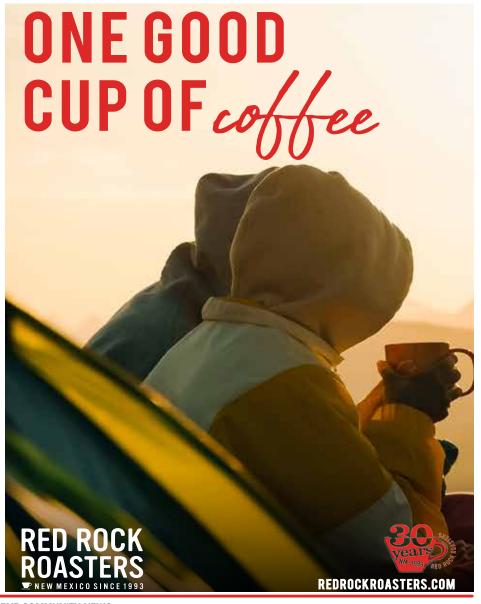
IPCC's Family Story Time 1-2 pm Indian Pueblo Cultural Center 2401 12th Street NW

Literature/Poetry

Black Poets Open Mic 1-2:30 pm Ancora Cafe and Bakery 148 Quincy St NE

Chicharra Poetry Slam Festival Finals \$15-\$20 7-9 pm Hiland Theater 4800 Central Ave SE





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Wendy Cohan Reading & Book Signing 1:30-3:30 pm Treasure House Books & Gifts 2012 S Plaza St NW A

Miscellaneous

Low Class New Mexico Car Show \$5-\$25 12-5 pm Tingley Coliseum 300 San Pedro Dr. NE

Music

64 LoveMachine 7-9 pm Thirsty Eye Brewing Company 206 Broadway Blvd SE

Brown Boy \$15-\$50 9:30 pm-1 am 401 Nightclub 401 Central Ave. NW

Ethan J. Perry & The Remedy Band 7-9 pm Tractor Brewing Nob Hill 118 Tulane SE

Gilead Rises \$10 7-10 pm Echoes 313 Gold Ave SW

Restorative Gong Bath \$25 11 am-12 pm The Remedy Day Spa & Wellness Center 113 Vassar Dr

Toto: Dogz of Oz Tour 8 pm Revel Entertainment Center 4720 Alexander Blvd NE

Tower of Power \$40-\$65 8-9:30 pm Isleta Resort & Casino 11000 Broadway Blvd SE

ZOSO - The Ultimate Led Zeppelin Experience \$22 8-11 pm Sunshine Theater 120 . Central Ave SW

Outdoors

Pedals & Petals: Bike & Garden Party 11 am-2 pm Green Jeans Food Hall 3600 Cutler Ave. NE

Performance

Garden Bros Nuclear Circus \$20-\$65 4:30-6:30 pm EXPO New Mexico 300 San Pedro Dr NE

Garden Bros Nuclear Circus \$14-\$65 7:30-9:30 pm EXPO New Mexico 300 San Pedro Dr NE

Garden Bros Nuclear Circus \$14-\$65 1:30-3:30 pm EXPO New Mexico 300 San Pedro Dr NE

Jitney \$19-\$24 7:30-9:30 pm Vortex Theatre 2900 Carlisle Blvd NE

Jitney \$19-\$24 2-4 pm Vortex Theatre 2900 Carlisle Blvd NE

My Fair Lady \$60-\$133 7:30-9:30 pm Popejoy Hall 203 Cornell Dr

My Fair Lady \$60-\$133 2-4 pm Popejoy Hall 203 Cornell Dr

THE ODD COUPLE (FEMALE VERSION) \$10-\$24 7:30-9:45 pm Adobe Theater 9813 4th St NW

The 25th Annual Putnam County Spelling Bee \$19-\$27 7:30-7:30 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

The 25th Annual Putnam County Spelling Bee \$19-\$27 2-4 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

SUNDAY, MARCH 24

Art

Live Figure Drawing Session: Reptilians \$15 5:30-8 pm The ABQ Collective 1321 Eubank **Boulevard Northeast**

Dance

Water Strider Dance Group (Zuni Pueblo) 12-1 pm Indian Pueblo Cultural Center 2401 12th St. NW

Brain Gang Trivia 2-4 pm Lizard Tail Brewing 9800 Montgomery Blvd NE STE 7

Brain Gang Trivia 5-7 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Music

8th Annual Brandon Bday Bash Tour w/ Teenage Bottlerocket \$18 8-11 pm Launchpad 618 Central Avenue Southwest

Jason Daniels Band 5-8 pm JUNO brewery + cafe + art 1501 1st Street Northwest

Music on the Patio: Jimmy Deveney and the Hold Fast Union 4-7 pm Canteen Brewhouse 2381 Aztec Road Northeast

Performance

Garden Bros Nuclear Circus \$14-\$65 1-3 pm EXPO New Mexico 300 San Pedro Dr NE

Garden Bros Nuclear Circus \$14-\$65 4-6 pm EXPO New Mexico 300 San Pedro Dr NE

Garden Bros Nuclear Circus \$14-\$65 7-9 pm EXPO New Mexico 300 San Pedro Dr NE

Jitney \$19-\$24 2-4 pm Vortex Theatre 2900 Carlisle Blvd NE

My Fair Lady \$60-\$133 1-3 pm Popejoy Hall 203 Cornell Dr

My Fair Lady \$60-\$133 6:30-8:30 pm Popejoy Hall 203 Cornell Dr

THE ODD COUPLE (FEMALE VERSION) \$10-\$24 2-4:15 pm Adobe Theater 9813 4th St NW

The 25th Annual Putnam County Spelling Bee \$19-\$27 2-4 pm Albuquerque Little Theatre 224 San Pasquale Ave SW

The Little Mermaid \$22-\$30 2-4 pm KiMo Theatre 423 Central Avenue NW

MONDAY, MARCH 25

Class / Workshop

Sip & Wax Candle Making Night \$40 6-7 pm Brew Lab 101 Beer & Cider Co. - NE Heights 3107 Eubank Blvd NE Suite 12

Games

Brain Gang Trivia 6-8 pm Canteen Taproom 417 Tramway Blvd NE

Geeks Who Drink 7-9 pm M'tucci's Bar Roma Restaurant 3222 Central Ave. SE

Geeks Who Drink 7-9 pm Santa

Fe Brewing (Tin Can Alley) 6110 Alameda Blvd NE Suite #1

Geeks Who Drink 7-9 pm Bow & Arrow Brewing Co. 608 McKnight Ave NW

Music

Hippie Sabotage \$32 8 pm-12 am Historic El Rey Theatre 622 Central Ave SW

The Obsessed \$17 8-11 pm Launchpad 618 Central Avenue Southwest

Performance

Sugar Cabaret #3: A Mash-Up of Burlesque + Karaoke \$10-\$20 8 am-10 pm JUNO brewery + cafe + art 1501 1st Street Northwest

TUESDAY, MARCH 26

Games

Brain Gang Trivia 7-9 pm Lizard Tail Industrial 3351 Columbia Dr. NE

Geeks Who Drink 7-9 pm 505 Central Food Hall 505 Central Ave NW

Trivia For a Cause: NBA \$25 6-9 pm Bosque Brewing Cottonwood Public House 10250 Cottonwood Park NW

Music

Medusa's Madhouse with Skinwalkers + Falling Fire + One of Less \$10 7-11 pm JUNO brewery + cafe + art 1501 lst Street Northwest



By Andy Lyman, The Paper.

🕽 alling Charlie Minn a prolific documentary filmmaker is an understatement. He says he thinks he's made about 43 movies so far, but he's quick to admit he's lost count. His films have covered numerous tragedies such as a mass shooting at a Las Cruces bowling alley (A Nightmare in Las Cruces) and the lives lost to opioids (FU: Fentanyl Unlimited). Although he's currently based in Manhattan, Minn says he still feels drawn to New Mexico. One of his latest films is a testament to how the Land of Entrapment has truly captured Minn's attention. Nightmare: UFC Legend Diego Sanchez dives into the story of one of Albuquerque's more notable mixed martial arts fighters. Sanchez, who graduated in 2000 from Del Norte High School, rose to fame after his appearance on the first season of "The Ultimate Fighter" reality series. The film's trailer includes mixed martial arts staples such as the UFC's Dana White, who arguably helped put Sanchez on the map.

"Diego's a maniac," White says in the trailer.

Minn says he spent less than a year in Albuquerque duringthe early 1990s, but he's felt an emotional connection with the city ever since. He also knows all too well how Albuquerque treats its hometown heroes, which he says is a big contrast to celebrity status in places such as Los Angeles or New York City.

"If you're well-known, boy, the city gets really, really small," Minn says of cities the size of Albuquerque.

Minn spoke with *The Paper*. ahead of the April 19 showings of *Nightmare* at both Icon Cinemas locations in Albuquerque.

This interview has been edited for length and clarity.

The Paper.: Why did you decide to make this film?

What happened was, Teresa Tapia is a longtime friend—that's [boxer] Johnny Tapia's widow. We were talking 10 years ago about possibly doing something about Johnny. That never occurred and we stayed in touch and when I released my fentanyl documentary at the Flix, Brewhouse, back in October, I happened to run into her, and we kind of reconnected. Out of nowhere she sends me a text around Christmas time and



 ${\it Charlie\ Minn,\ director\ of\ Nightmare: UFC\ Legend\ Diego\ Sanchez,\ speaks\ to\ Sanchez\ during\ filming\ (Rod\ Honstein)}$

goes, "I'd like to do something about Diego Sanchez." She works quickly. I work quickly. So things came together very quickly. I've done so many true crime documentaries, I kind of wanted to take a break from that. Being a former Albuquerque sportscaster [with KRQE], the city haunts me in many ways. When I got to Albuquerque, right out of college, I felt like I was on a path to stardom, and I made a lot of mistakes. I was very immature. I was very confrontational. I was my own worst enemy, I would say. I have a lot of memories about Albuquerque, even though it was only nine or 10 months. So that city, in many ways, haunts me and I feel like there's a lot of unfinished business

So, you got to know Diego pretty well?

Yeah, we sat down for multiple interviews. He's a very eccentric character. When I was researching him, I found many similarities between him and I, just always fighting in life. Him, literally in the octagon and in the ring, and me just fighting with guts, my life, hard work, never giving up. I just saw a lot of

similar qualities. I played hockey as a kid, I got into a lot of scraps. So my nature is also fighting. Not literally, I'm talking just the fight of life. So, that's part of the reason why I was attracted to the story. I got to know him quite well. He's an Albuquerque legend. He helped put MMA on the map in Albuquerque. And we certainly had some long discussions, and a lot of that will obviously be in the movie.

He was in the very first season of "The Ultimate Fighter," right?

Yeah, that's what launched him. He graduated [high school] in 2000, and then five years later, he was thrown into the spotlight on Spike TV. I guess he was maybe 23 years old at the time, and he won his middleweight class. He was one of the three people who lived in that house for, whatever that was, eight to 10 weeks in Vegas for the reality show. He was one of the three guys to get a UFC contract.

Anything else you would like to add?

I have quite a history with New Mexico. A film career, sportscasting career. Like I said, that city really haunts me, in so many ways, good and bad. It's very emotional for me, even talking to you. There's just so much history in my mind. With Albuquerque, it's become a state of mind, and I'm so saddened that the city has gone through so much hell and crime since I left. I mean, it just bothers the living daylights out of me that so many innocent people have been gunned down in that city. I just don't get it. I don't get it. I don't know if I'll ever get it. Right before my fentanyl film came out, I went in front of a church, and I literally poured my heart out. I said, "I used to live here. This is not the Albuquerque I knew," and I said, "So many innocent families are being destroyed," and the whole church gave me a standing ovation. I just think that there's so much unfinished business for me to really let out my emotions, and filmmaking is one way to do that. You're basically in some ways, baring your soul by unleashing all your creative thoughts and juices.

Minn says his film will open on April 19 at Icon Cinemas, but hopes to add more theaters soon. March 20, 2024

The [MUSIC] Paper.

The Kids are Alright Right On, Kid! lead singer Zach Rose talks about the genesis of their latest recording

Standing left to right: Matt Jaramillo, RJ Butler, Zach Rose. Seated left to right: Eli Shinn, Nick Encinias (Courtesy photo)

By Michael Hodock, The Paper.

lbuquerque emo-alt-rockers Right On, Kid! have been attacking the stage with loud music and an optimistic message for ten years. Lead singer Zach Rose tells *The Paper*. that the band was writing in producer Seth Henderson's basement when one of their guitarists started "humming a melody," which led to the band's

latest single "Bad Feeling."

"He said the words, 'I've got a bad feeling," Rose says. "It just took off."

The band would go on to record *Carry What You Need*, a five-track album filled with the band's signature pop-punk sound, which can be found on numerous streaming platforms.

This interview has been edited for length and clarity.

The Paper.: How would you describe your sound?

Zach Rose: I've always been a big fan of really in-your-face highenergy [music] but we're also really introspective. [The music] deals with a lot of personal emotions and delivers that in a really accessible, fun way.

How would you feel if someone were to describe your music as emo?

I think Emo is good. We say [the music is] kind of like pop-rock, maybe not entirely alt-rock, but "emo-alt-rock" is a good way to describe it for sure.

The word "emo" has become a celebrated term these days. People are undeniably embracing it.

I think there are a lot of waves of different emo that people grow up with. My sister, for example, turned me on to Taking Back Sunday and Fall Out Boy, all those bands from the Midwest and East Coast. As I grew up, I was more about the next wave of emo bands. "Pop punk" might be a good way to put that, like

The Story So Far. That band is super influential. I was a hip-hop guy and I liked heavier music. I know that doesn't reflect in the product, but in high school, I was really big into hardcore. That's where I learned to love live music.

"Bad Feeling" has been described as "raw and unapologetic."

When we were younger, we were definitely writing music to please ourselves and we were trying to find our sound, but when you're 18 or 19, it's really hard to do things without thinking about what other people are gonna say or think. I use that adjective [unapologetic] because this is one of the first songs we wrote that we knew was gonna be really good. We knew that we were gonna be really proud of it and we knew that the message was very clear: That things are always gonna work out. You're always gonna be looking over your shoulder but we still have to put our head down and keep going. The apology doesn't need to be said until afterward.

By Alan Sculley, Last Word Features

is to be more open and vulnerable in his music and his life. He certainly was practicing what he was preaching in this recent phone interview, as he opened up about the emotions and circumstances behind the songs on his new album, "I've Tried Everything But Therapy (Part 1)."

The album arrives after the Atlanta area native (real name Jaten Dimsdale) has become an artist to watch thanks to his considerable notoriety and success online, where since 2019 he has posted numerous videos of his versions of cover songs. His selections ran the gamut from R & B/soul (Mario's "Let Me Love You") to pop (Michael Jackson's "Rock With You") to rock (Journey's "Don't Stop Believin") and country (Shania Twain's "You're Still The One"), showcasing his supple, slightly sandy voice while racking up hundreds of millions of views along the way. By the end of 2020he had a major label deal with Warner Records.

As he maintained his online presence, Swims began to write original material, and in rapid succession, released three EPs, "Unlearning" (2021), "Tough Love" (2022) and "Sleep Is Exhausting" (also 2022).

In a larger sense, Swims

Swimmingly Soulful Teddy Swims brings his "I've Tried Everything But Therapy (Part 1)" to ABQ

www.abq.news

Teddy Swims (Credit Joseph Cultice)

said the new album reflects his efforts to reach a healthier place mentally with his life.

"I want to be more open and honest with the people who listen to me and with myself," he said. "I just wanted to be more vulnerable than I have been in the past because I feel like as much as I have the opportunity to do music for a living and people hear my feelings, there's always been a difference between Teddy Swims and Jaten Dimsdale. I want to marry those two and I want to

be myself and fully myself and vulnerable and kind of a glass house for people that are looking in and want to know."

Musically, the consistently enjoyable "I've Tried Everything But Therapy (Part 1)" finds Swims growing more focused stylistically. While it still touches on several genres, the album overall leans toward classic soul with a modern sound. The songs "Goodbye's Been Good to You," "The Door," "Lose Control" and "What More Can I Say" have

strong grooves, a good bit of energy and highly melodic vocal lines. The other songs are ballads, and they are a strong suit for Swims and the palpable emotion he brings to his songs.

"I think you can safely say this is a soul record, and even if it bleeds into other worlds and other genres, I think the thing you can always say about anything I do is it will be soul music, for sure." Swims said.

sure," Swims said.

With the album having been out now for a few months, Swims is incorporating the new songs into his live show as he tours this spring. But he's making sure he doesn't get ahead of his fans with the song selection.

"I don't want to overload everybody with everything from the record," Swims said. "But we'll be easing in some of the stuff and we'll be trying some new stuff and seeing how it goes and of course playing all of your favorite songs that you know already, the favorite songs that I've covered on You Tube. So it will be a mixture of some covers and some originals that you know and some that you'll have a chance to listen to when the album comes out."

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Teddy Swims

"What More Can I Say" have

ISO Lost Santeros

An ABQ artist challenges the basis of a Taos museum exhibit

By Sara Atencio-Gonzales, The Paper.

Art in Taos has been met with criticism and backlash from a local Albuquerque artist.

The exhibit titled, "The Unknown Santeros," highlights santeros, or artists who created depictions of saints also known as santos, whose works date back to the time of early Spanish settlers. Santos were made by using wood and natural pigments that allowed communities to practice Catholicism in a challenging and isolating new land.

The exhibit "pays tribute to those anonymous artists who were once named and known by their local communities," as stated on a sign at the exhibit's entrance.

But Brandon Maldonado, an Albuquerque-based artist, says Harwood missed the mark and that the museum failed to do the work to identify the santeros in question. Museum officials say they heard Maldonado's concerns and have a plan to address them, but that they still don't think the artists are identifiable.

Maldonado tells *The Paper*. that he doesn't think the museum did enough work to credit the santeros and that he was able to track down the names of many of them.

"It wasn't about me at all," he says. "It was about standing up for the ancestors."

Maldonado says he brought

his concerns to the museum's attention in November 2022 and offered to help them identify the pieces. He says he went back to the museum a year later to pick up one of his pieces he had displayed in another exhibit and noticed nothing had changed.

Maldonado soon took his concerns to social media and the museum responded with a public statement saying officials acknowledged Maldonado's concerns but that they didn't see things the same way.

"With consultation from key Hispano historians and contemporary santeros, we felt that showcasing the unattributed works was valid and overdue. After review by several experts, we determined that all works on view have unconfirmed attributions," the statement read.

Museum Director Juniper

Museum Director Juniper Leherissy tells *The Paper.* that the museum plans to convene a panel to consider the feedback of the exhibit, but that there's no specific timeline.

"It takes time to actually convene a panel of experts," she says. "We are moving it up as a priority."

For now, it seems the exhibit will remain as is and Maldonado will continue to push back.

"Brushing me off as some unimportant artist puts me not too far off from the company of these 'Unidentified Artists' so I guess at least I'm in good company." Maldonado wrote on Facebook in February.



March 20, 2024 The [OPINION] Paper.

Dark Corners

U.S. attorney cracks a window on corruption probe

Dark Corners

Jeff Proctor

**** unshine Week, the annual paean to those who carry the torch for government transparency, concluded Saturday, and it's fair to say I've been feeling some fatigue on that front of late. That's because too many conversations with friends and colleagues in New Mexico's diminished journalism community have led to a darkening conclusion. It feels like we spend nearly as much time nowadays explaining to audiences the many barriers to our work as we do on the work itself—that is, you know, informing people.

To that end, I'd been thinking for a few weeks about a local transparency story no one has covered as such: the ongoing federal investigation into possible corruption at the Albuquerque Police Department whereby, over a decade or more, several cops are alleged to have worked illegally with at least one local attorney and his paralegal to make DWI cases go away. To be fair, the allegations alone have been enough to keep newsrooms busy. Several journalists have stayed ahead on developments in the case, providing names, details and first-person accounts from potential victims of the alleged cash-grab scheme.

But they've done so in the face of a near-information blackout from official sources in city, county and especially federal government agencies since FBI agents started kicking in doors on Jan. 18.

From this void have slithered finger-pointing, dueling narratives, blame-shifting—even recriminations—and all of this before a single charge has been filed. Albuquerque Police Chief Harold Medina and Bernalillo County District Attorney Sam Bregman have spent stretches of the past two months barking at each other in public over who should have been minding the systemic guardrails that could have caught the alleged corruption years ago.

Absent from the fray has been the U.S. Attorney's Office for the District of New Mexico, which is overseeing the criminal investigation. Like, really absent, to the point of disappearance from coverage of the spreading scandal. Check out some of the early reports, most of which include some version of the

following: "The U.S. Attorney's Office declined to comment for this story." More recently, it seems reporters have stopped asking. I've seen this play out often, having covered many

federal investigations in our state over 20-plus years. It's the feds, the thinking goes, so why bother even sending questions?

The old Bob Dylan lyric comes to mind: "I'd ask him what the matter was/ but I know he don't talk."

There's a consequence to this—a further slicing of public trust in law enforcement institutions, already half-cleaved by the razor upon which it sits around here. This benefits no one.

So, this was gonna be my post-Sunshine Week lament. But before I started writing, I emailed U.S. Attorney Alexander Uballez, asking if he'd be open to an interview explaining why his office so frequently resembles the zipper-mouthed emoji, what goes into high-profile investigations like this one, who makes the charging decisions and more. I reckoned a little demystifying would be good for folks to see.

Uballez wrote back six minutes later. "Jeff, this is a very thoughtful and timely idea..."

We spoke for nearly 27 minutes in the studio at New Mexico PBS, where I work as executive producer for news and public affairs. I asked Uballez 18 questions; he declined to answer just one.

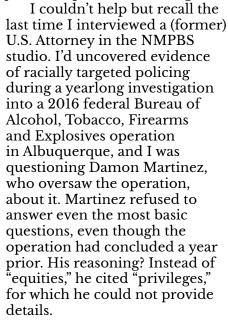
No, he did not name names, lay out timelines or promise that cops and attorneys would be in handcuffs at the end of this thing. Uballez is, after all, a federal prosecutor who is now supervising the most consequential investigation of the two years he's been in office. Despite that, I did not come away from the conversation frustrated.

It began with me telling him how much I disliked the phrase I've gotten countless times after inquiring with the U.S. Attorney's Office: "We can neither confirm nor deny the existence of an investigation." Why is that the policy? I asked.

Uballez began his answer by acknowledging the U.S. Justice Department's enormous power, particularly when its agents suspect someone has committed a crime. He then described

four "equities" he must balance when deciding how much to say publicly: a person's right to privacy before charges have been filed, that person's right to a fair trial, public safety and the public's right to know "broadly what their

Justice Department is doing..."



Quite the juxtaposition.
None of this is to say I think federal opacity, regardless of what underpins it, always serves the public good, especially when it comes to law enforcement. Agents from the FBI, the ATF, the DEA and the rest of the alphabet soup of ever-expanding federal cop shops don't even wear body cameras. It's 2024, and 2013 has placed a collect call

to those agencies asking for its "trust us" bumper stickers back.

However, as I write this, Sunshine Week is ending, and I'm willing to embrace even a few rays worming through the early Spring clouds as progress. I appreciated that Uballez took my questions seriously and sought ways to expand, not retreat, as he answered. In the course of our chat, we managed to create a record for how these kinds of high-profile, high-stakes investigations are supposed to work.

That ain't nothin'.

And we made a little news, too. There's been endless speculation since this corruption investigation spilled into public view about whether its result could derail the decade-long, Justice Department-forced reform effort of APD. It could. Watch the interview.

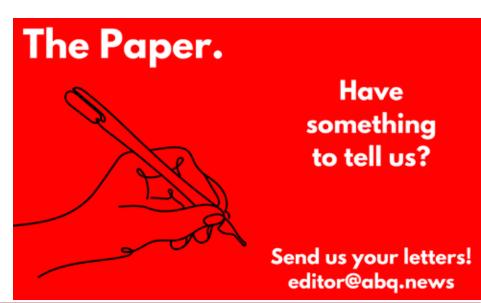
Another of my long-held complaints about federal investigations into local police is that many of them end with no charges and no explanation for why. So, I ended my interview with Uballez this way: "Should folks here expect some public closure in this case, regardless of its outcome?"

"Folks should expect public closure," Uballez replied.

That ain't nothin', either.

Jeff Proctor is a longtime
journalist, 2012 winner of the
New Mexico Foundation for Open
Government's William S. Dixon
First Amendment Freedom Award
for advancing transparency in the
state and executive producer for
news and public affairs at New
Mexico PBS.

This story was produced in collaboration with NMPBS.



The [CANNABIS] Paper.

March 20, 2024



(Credit Jennifer Martin at WIkimedia Commons)

By Josh Lee, The Paper

he U.S. hemp industry is still in its early stages. The crop was only legalized in 2018, and it's still going through some growing pains. Federal authorities are now giving researchers guidance on where their efforts will do the most good for the industry.

Last week, the U.S.
Department of Agriculture
(USDA) published its Hemp
Research Needs Roadmap, which
highlights areas where industry
stakeholders want more data.
The agency also announced that
it has invested \$10 million in
hemp studies at Oregon State
University that are meant to spur
economic development in the
western U.S.

According to the report, the hemp industry has great potential but is still in its formative stage. Thanks to cannabis prohibition, industry knowledge stalled in the 1970s and has yet to catch up with the rest of the world.

The report also notes the needs of hemp investors and stakeholders are still unclear at this time. It calls for research into new applications and innovations for hemp production while facilitating new hemp industry sectors.

The report focused on four key areas: Breeding and genetics, best practices for production, biomanufacturing for end uses and transparency and consistency.

"These priority research areas cut across the entire hemp supply chain and are vital to bolstering hemp industry research," said the agency in a news release.

In the area of breeding and genetics, the USDA said that stakeholders want more research in producing high-quality, consistent and stable varieties of hemp. This includes research into evaluating current cultivars, mapping populations, attaining genetic stability, understanding the storage and flow of pollen and identifying key differences in varieties. It would also include research in the development of different varieties and traits that would be suited for various regions and beneficial for specific end uses.

In the area of best practices, the USDA reports that research is needed to optimize production practices and systems. This would include research in best practices for specific regions, understanding pest and disease management and identifying sustainable production practices to determine hemp's place in the nation's greater agricultural landscape. Labor requirements will also need to be evaluated to optimize efficiency.

In the area of manufacturing for end uses, the agency said that while hemp can be used to develop a wide range of products, research is needed to identify the most efficient end uses with the highest demand. It calls for more research in the integration of end-use goals throughout every stage of production, optimization of processing methods for specific end uses, evaluating consumer needs and comparing the properties of hemp to other feedstock commodities.

In the area of transparency

and consistency, the USDA reports that stakeholders want to see the development of producer and consumer education programs. The agency said researchers should be focused on advancing education on how hemp impacts consumers' daily lives, analyzing the needs of farmers in specific regions and developing industry standards for food, feed, fiber, chemical and other industrial uses of hemp. It also calls for the involvement of diverse communities, including underserved communities and small-scale producers, to better understand needs in smaller regions.

The USDA also called for collaborations between private and public sectors to accelerate learning and utilize interdisciplinary approaches that could benefit the industry.

The agency said the public sector can track hemp research and make sure that none of it is redundant while offering initiatives to expand market sectors. It can also facilitate the sharing of knowledge through variety and production guides and identify sustainable practices.

Meanwhile, the private sector can develop and test marketing and promotion of hemp materials while identifying which hemp products meet demands in specific regions. It can also facilitate partnerships and the development of innovative products.

The USDA also called for the creation of a public-private hemp consortium that will encourage positive interactions between industry stakeholders, advance opportunities, streamline research endeavors, improve risk management and pool resources to address challenges. The agency says the USDA Biopreferred Program and the National Industrial Hemp Council should be involved.

Finally, the report calls for researchers to include "significant attention to international engagement" in their studies. While the U.S. has only recently legalized hemp, other countries have been producing and innovating the crop for decades. "Much can also be learned through bilateral and multilateral development collaborations," said the USDA.

The report was announced

The report was announced in honor of the second annual National Biobased Products Day. The agency said the effort to bolster the hemp industry will "advance U.S. global competitiveness" in response to the Biden administration's executive order to advance biotechnology in the U.S.

"Growing demand for biobased products, like those from hemp, creates potential for added-value use in food, feed, fiber and other industrial products that can improve the livelihoods of U.S. producers and offer consumers alternative biobased products," said the USDA.

The report was built upon stakeholder input gathered during the 2022 National Hemp Industry Research Needs Workshop hosted by the USDA and Oregon State University's Global Hemp Innovation Center. The workshop featured leaders from academia, industry and government who met to discuss the challenges and opportunities for hemp researchers. The goal of the organizers was to identify how science can help cement the nation's place in the global hemp market.

The agency also used the report's release to announce that a \$10 million investment from the National Institute of Food and Agriculture was recently given to Oregon State University's Global Hemp Innovation Center. The center will work with 13 native tribes to encourage hemp industry development in the Western U.S. with the goal of increasing economic development in the region.

The USDA says the hemp industry's survival will rely on the public sector's ability to leverage more land-grant university and USDA agency partnerships like this one.



Every week, we round up our favorite cannabis-related news stories in bite sized edible pieces. Here's some of our favorites!

Biden Talks Weed in State of the Union

By Josh Lee, The Paper.

Tor the first time in history, the president of the United States spoke about cannabis reform during the State of the Union address. Unfortunately, the scene was marred when he took credit for something that never happened.

President Joe Biden highlighted the executive actions he's taken since he's been in office, including, "directing my cabinet to review the federal classification of marijuana and expunging thousands of convictions for the mere possession, because no one should be jailed for simply using or having it on their record."

The president was referring to his 2022 pardon of individuals who had been prosecuted federally for simple marijuana possession and last year's expansion of the pardon.

But his claim that these records were expunged has been debunked by the Department of Justice (DOJ) on the agency website FAQ about the pardon.

"A pardon is an expression of forgiveness to a person convicted of a crime. It does not signify innocence or expunge the conviction," the FAQ explains.

In recent months, Biden has repeatedly falsely stated that he expunged cannabis records.

Teen Use of Delta-8 Higher in Illegal States

A new study from the American Medical Association (AMA) found that Delta-8 THC teen usage rates are lower in states that have legalized marijuana.

The study found that seven percent of high-school seniors in states where cannabis is legal report having tried Delta-8 THC. In states where weed is still illegal, double that amount of seniors—14 percent—have tried the compound.

Many states have banned the sale of the unregulated cannabinoid. However, it's still legal to purchase it in New Mexico.

HHS Accused of Blocking Research

Two sponsors of the Medical Marijuana and Cannabidiol Research Expansion Act—which was signed into law by Biden in 2022—have sent a letter accusing the Department of Health and Human Services (HHS) of failing to implement the law.

Last week, Reps. Earl Blumenauer (D-OR) and Andy Harris (R-MD) sent the letter to the HHS and the Drug Enforcement Administration (DEA). They said the DEA's licensing requirements for marijuana researchers haven't been adequately updated and that more than 150 research applications are still pending decisions by the HHS' Food and Drug Administration (FDA).

The lawmakers also pointed out that Congress has not received a report—due last December— from the HHS on the therapeutic potential of weed and federal barriers to research.

"We are deeply troubled

by recent reporting that [the research law] is not being implemented in line with congressional intent," wrote the lawmakers. "It is unacceptable that researchers continue to face harmful barriers to cannabis research after Congress expressly removed obstacles to research into this substance."

The letter asked a number of pointed questions, including how long researchers are waiting for responses to their applications, how many research licenses are pending and what caused the HHS to miss its report deadline.



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The Paper. March 20, 2024

FREE WILL ASTROLOGY

Week of March 20

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ARIES (Morch 21-April 19): Aries filmmaker Akira Kurosawa was one of the greats. In his 30 films, he crafted a reputation as a masterful storyteller. A key moment in his masterful storyteller. A key moment in his development as an emotionally intelligent artist came when he was 13 years old. His older brother Heigo took him to view the aftermath of the Great Kantō earthquake. Akira wanted to avert his gaze from the devastation, but Heigo compelled him to look. Why? He wished for Akira to learn to deal with fear by facing it directly. I think you Aries people are more skilled at this challenging exercise than all the other signs. I hope you will call on it with aplomb in the coming weeks. You may be amazed at the courage it arouses in you.

TAURUS (April 20-May 20): "When a mountain doesn't listen, say a prayer to the sea," said Taurus painter Cy Twombly. "If God doesn't respond, direct your entreaties to Goddess," I tell my Taurus friend Audrey. "If your mind doesn't provide you with useful solutions, make an appeal to your heart instead," my Taurus mentor advises me. This counsel should be useful for you in the coming weeks, Taurus. It's time to be diligent, relentless, ingenious, and indefatigable in going after what you want. Keep asking until you find a source that will provide it.

GEMINI (May 21-June 20): Gemini philosopher Ralph Waldo Emerson offered advice that's perfect for you right now. He said, "Though we travel the world over to find the beautiful, we must carry it with us, or we find it not." Here's what I will add. First, you very much need to commune with extra doses of beauty in the coming weeks. Doing so will expedite your healing. with extra doses of beauty in the coming weeks. Doing so will expedite your healing and further your education—two activities that are especially important. Second, one way to accomplish your assignment is to put yourself in the presence of all the beautiful people, places, and things you can find. Third, be imaginative as you cultivate beauty within yourself. How? cultivate beauty within yourself. How? That's your homework.

CANCER (June 21-July 22): I bet that sometime soon, you will dream of flying through the sky on a magic carpet. In fact, this may be a recurring dream for you in the coming months. By June, you may have soared along on a floating rug over 10 times. Why? What's this all about? I suspect it's one aspect of a project that life is encouraging you to undertake. It's an invitation to indulge in more flights of the imagination; to open your soul to mysterious potencies; to give your fantasy life permission to be wilder and freer. You know that old platitude "shit happens"? You're ready to experiment with a variation on that: "Magic happens."

LEO (July 23-Aug. 22): On February 22, ancient Romans celebrated the holiday of Caristia. It was a time for reconciliation. People strove to heal estrangements People strove to heal estrangements and settle longstanding disagreements. Apologies were offered, and truces were negotiated. In alignment with current astrological omens, Leo, I recommend you revive this tradition. Now is an excellent time to embark on a crusade to unify, harmonize, restore, mend, and assuage. I dare you to put a higher priority on love than on ego!

VIRGO (Aug. 23-Sept. 22): My poet friend Jafna likes to say that only two types of love are available to us: too little and too much. We are either deprived of the precise amount and quality of the love we want, or else we have to deal with an excess of love that doesn't match the kind we want. But I predict that this will at most excess of love that doesn't match the kind we want. But I predict that this will at most be a mild problem for you in the coming weeks—and perhaps not a problem at all. You will have a knack for giving and receiving just the right amount of love, neither too little nor too much. And the love flowing toward you and from you will be gracefully appropriate.

LIBRA (Sept. 23-Oct. 22): If the devil card comes up for me in a divinatory Tarot reading, I don't get worried or scared that something bad might happen. On the contrary, I interpret it favorably. It means that an interesting problem or riddle has

arrived or will soon arrive in my life-and that this twist can potentially make me wiser, kinder, and wilder. The appearance of the devil card suggests that I need to be challenged so as to grow a new capacity or understanding. It's a good omen, telling me that life is conspiring to give me what I need to outgrow my limitations and ignorance. Now apply these principles, Libra, as you respond to the devil card I just drew for you.

SCORPIO (Oct. 23-Nov. 21): A taproot is a thick, central, and primary root from which a plant's many roots branch out laterally. Typically, a taproot grows downward and is pretty straight. It may extend to a depth greater than the height of the plant sprouting above ground. Now let's imagine that we humans have metaphorical taproots. They connect us with our sources of inner nourishment. They are lifelines to secret or hidden treasures we may be only partly conscious of. Let's further imagine that in the coming months, Scorpio, your taproot will flourish, burgeon, and spread deeper to draw in new nutrients. Got all that? Now I invite you to infuse this beautiful vision with an outpouring of love for yourself with an outpouring of love for yourself and for the wondrous vitality you will be absorbing.

SAGITTARIUS (Nov. 22-Dec. 21): Behavioral ecologist Professor Dan Charbonneau has observed the habits of ants, bees, and other social insects. He says that a lot of the time, many of them just lounge around doing nothing. In fact, most animals do the same. The creatures of the natural world are just not very busy. Psychologist Dr. Sandi Mann urges us to learn from their lassitude. "We've created a society where we fear horedom, and a society where we fear boredom, and we're afraid of doing nothing," she says. But that addiction to frenzy may limit our inclination to daydream, which in turn inhibits our creativity. I bring these facts to your attention, Sagittarius, because I suspect you're in a phase when lolling around doing nothing much will be extra healthy for you. Liberate and nurture your daydreams, please!

CAPRICORN (Dec. 22-Jan. 19): "Education is an admirable thing," wrote Oscar Wilde, "but it is well to remember that nothing worth knowing can be taught." As I ponder your future in the coming weeks, I vociferously disagree with him. I am sure you can learn many things worth knowing from teachers of all kinds. It's true that some of the lessons may be accidental or unofficial—and not delivered by traditional teachers. and not delivered by traditional teachers. But that won't diminish their value. I invite you to act as if you will in effect be enrolled in school 24/7 until the equinox.

AQUARIUS (Jan. 20-Feb. 18): The planets Mars and Venus are both cruising through Aquarius. Do they signify that synchronicities will weave magic into your destiny? Yes! Here are a few possibilities I foresee: 1. smoldering flirtations that finally ignite; 2. arguments assuaged by love-making; 3. mix-ups about the interplay between love and lust or else wonderful synergies between love and lust; 4. lots of labyrinthine love talk, romantic sparring, and intricate exchange romantic sparring, and intricate exchange about the nature of desire; 5. adventures in the sexual frontiers; 6. opportunities to cultivate interesting new varieties of intimacy.

PISCES (Feb. 19-March 20): Unlike the Pope's decrees, my proclamations are not infallible. As opposed to Nostradamus and many modern soothsayers, I never imagine I have the power to definitely decipher what's ahead. One of my main mottoes is "The future is undecided. Our destinies are always mutable." Please keep these caveats in mind whenever you commune with my horoscopes. you commune with my horoscopes. Furthermore, consider adopting my approach as you navigate through the world—especially in the coming weeks, when your course will be extra responsive to your creative acts of willpower. Decide right now what you want the next chapter of your life story to be about. You can make it what you want make it what you want.

The Weekly Crossword by Margie E. Burke **ACROSS** 1 Much-used pencil 17 5 Drive off 9 Contemplate 13 Polk's predecessor 15 Lowly laborer 16 Himalayas' home 17 Pontificate 18 What moms-tobe are 20 Famed Ottawa chief 22 To some, it's golden 23 Beautiful, in Barcelona -than-life 57 26 Blacken a bit 60 28 Weepily

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Solution to Crossword:

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"I'M SO GRATEFUL I NEVER STOPPED SEARCHING!"

Bernalillo resident Maria R had been experiencing the debilitating side effects of Peripheral Neuropathy.

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare."

Then she met Albuquerque's very own Dr. Andrea Brogdon

"I was so desperate to the point of giving up"
exclaimed Maria R. from Bernalillo. "I was in so
much discomfort due to the numbness,
tingling, and burning on the back of both legs
and in my feet."

Maria R had been diagnosed with peripheral neuropathy and had seen a neurologist with no relief. To complicate things further, Maria had been diagnosed with two fractured discs in her back that were causing her severe pain. "I was no longer able to do surgery and all other treatments didn't work. I was starting to feel hopeless."

Maria is one of 3 million people in the United States suffering from peripheral neuropathy, a degenerative disease of the peripheral nervous system. "Those with peripheral neuropathy experience numbness, tingling, burning and even severe cramping due to the dying off of the peripheral nerves," explains Dr. Andrea Brogdon of Albuquerque Acupuncture & Integrative Medicine. "These nerves continue to die off until they have completely expired leaving sufferers with numbness and debilitating balance issues. Patients come to see me after having seen many other doctors with no relief. They have been told that there is nothing they can do or that they just have to live with it."

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare," says Maria.

"I learned about Dr. Andrea Brogdon from an article I read and learned that she helped others like me, experiencing the same symptoms.

I made an appointment hoping she was going to be able to help me. It was my last resort."

Dr. Andrea Brogdon has helped thousands of patients get their life back after being diagnosed with peripheral neuropathy and living with the debilitating effects of the disease. How does she get such amazing results? "Acupuncture has been used for centuries to improve circulation but the real magic happens when I integrate ATP Resonance BioTherapy™." By using modern technological advancements alongside the time tested science of acupuncture, Dr. Brogdon is able to reverse the effects of this degenerative disease, regardless of its origin.

"Early detection is key when it comes to improving your chances of a full recovery," explains Dr. Brogdon. Which is why she starts every patient with an initial consultation during which a sensory exam is performed. "This helps to determine just how much nerve damage has occurred," tells the doctor. "This is important because if the patient has suffered more than 95% sensory loss there is very little I can do at that point."

"After several treatments, I experienced tremendous relief. Life is good! I have seen a huge improvement in my walking, I sleep better, even my mood is better! I am so grateful I never stopped searching!"

exclaims Maria.

If you or a loved one are living a life of suffering due to peripheral neuropathy and your pain has prevented you from doing the things you love with the people you love, it's time to call Dr. Brogdon and the staff at AAIM.

Call (505) 355-1984 today to schedule an initial consultation or visit AAIM-ABQ.com to read more incredible success stories.



PERIPHERAL NEUROPATHY?

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